

CABANANDRA CAMPDRAFT COMMITTEE DONATE GENEROUSLY TO LOCAL ORGANISATIONS

On Friday night the 26th July the hard working Cabanandra Campdraft Committee relaxed at the Delegate Hotel for dinner and a social get together. Also present were representatives of various organisations, many of whom benefit annually from the generosity of this Committee. The Campdraft is a very popular annual event which brings enthusiasts from near and far to take part, and the profits are annually distributed throughout the local communities. This year the recipients were:

•	The Delegate Hospital Auxiliary	\$2000.000
•	The Delegate Progress Association (for publication of Men From	
	Snowy River book)	\$1000.00
•	The Delegate Progress Association for Helicopter landing lights	\$1000.00
•	The DPA History Room at the School of Arts	\$500.00
•	The Bendoc Fire Brigade	\$200.00
•	The Bonang Fire Brigade	\$200.00
•	The Bonang Hall	\$300.00
•	The Tubbut Hall	\$300.00
•	Delegate Public School	\$250.00
•	St Joseph's School, Bombala	\$250.00
•	Gelantipy	\$500.00



Left: Some of the recipients of donations L to R back row:

Gail Smallman, Helen Neven, Natalie Armstrong, Campdraft President Tom Ventry, Doreen Standen, Sandra Walker, Ed Baines, Alma Reed, Doug Cameron.

Front Row: Heather Scroope, Shelley Dunn.

Next Issue: 6th Sept then: 4th Oct and: 1st Nov

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Dates for your Calendar

- 13th August—DPA Meeting
- 27th August—Snowy River March meeting.
- 21st August—Workshop with Andrew Gray RTC.
- 5th October– Artist Wayne Dowsents' Anzac Portrait series—Delegate School of Arts.

LAUGHTER THE BEST MEDICINE

A Kiwi was hoping to immigrate to Australia. Upon arriving in Australia, he was questioned by a customs officer,

"What is your business in Australia?"

"I wish to immigrate," was the Kiwi's reply.

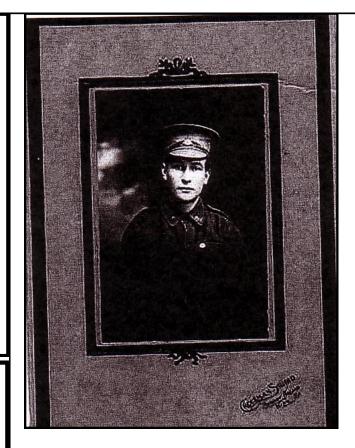
The customs officer then asked, "Do you have a conviction record?"

Confused, the Kiwi then replied, "I didn't think you still needed one."

FUNNY QUOTES

A successful man is one who makes more money than his wife can spend, and a successful woman is one who can find such a man.

The scientific theory I like best is that the rings around Saturn are composed entirely of lost airline luggage.



The above photo is in the Cooma Library with the caption: "Does anyone know this Soldier" He was one of the Snowy River Marchers. Perhaps he is an ancestor or relative of someone local.

QUEANBEYAN NETBALL TEAM SUCCESSFUL IN STATE AGE CHAMPIONSHIPS.

Gloria Cotterill's grand daughter Tiana, was recently part of a successful State Age Championship team being undefeated in the 12 year, division 3, played at Bankstown. Tiana plays goal attack and goal shooter for the representative team, with a high percentage of successful shooting, in one instance winning by 20 goals. This year their division played at Bankstown, and the first two days were played in heavy rain. Tiana is the daughter of Brendon and Merie Cotterill, and has been a keen netballer for several years, playing for the Queanbeyan Waratahs. Teams which finish in the first three have to go up a division next year.



THE LOCAL NEWS

Tiana is in the back row, far left.

The morning sun shines on her day, And blue water sparkles out on the bay But no joy awaits this summer morning, Another empty day is dawning. Husband died, her house was sold Too much to do, now you're growing old. Family gone, their visits were few But they'll visit the coast, there's more to do. Moving to the seaside and starting anew, Leaving the bush and changing the view, It sounded good, but life wasn't the same Little to do and few friends came. Her day ahead looms quiet and dull, The only sound she hears is the cry of a gull Sees mail in the box, a paper from home News of her town, she's no longer alone There are photos taken at some local do, Many of them are people she knew A pretty girl poses with her baby in a pram And Mamie, still mutton, done up as lamb. Sadness because an old neighbour has died, In good times and bad she had been by her side. The birth of a baby, a big local wedding.

Slowly but surely her depression she's shedding.

She reads all the news as she sips her tea,

And she glances out at the sparkling sea.

The day seems brighter, she'll go for walk,

Say hello to her neighbour and stop for a talk.

The above poem written by Natalie Armstrong, received a "highly commended" in the Bush Poetry competition at the local show.

TWO OLD FRIENDS MEET UP.

Pictured below at the Wagga Servicemen's Club deep in conversation are two mates from way back, John Crotty and Allan (Jamby) Collins.

Jamby spent his earlier life in Delegate, before moving to Kooringal near Wagga Wagga. There were four boys and one girl in the Collins family, but three of the boys are now deceased Graeme, Ian and Ross. Their sister Marian now lives in Adelaide. Allan and his wife Sue have two children Michael and Judy, one daughter being deceased.



THE TUESDAY CLUB

Only a small number of members attended the Tuesday Club July meeting at the Delegate Cafe, with a few of our regular members unable to attend. It was great to catch up with Mrs Grace Eppelstun, who turns 105 in December and she enjoyed catching up with some old friends, as well as winning a game of Bingo.

Members continue to enjoy gathering for a cuppa and a chat and are looking forward to the next 6 months activities, which include another fashion parade, line dancing, picnic in the park and more.

Our next get together is August 13th for cards and scrabble or just a cuppa and chat. Anyone who would like to come along and join the fun, please contact Sandra Walker on 04588089.

Below left: Grace concentrating on the Bingo Call. Right: Bessie Cameron enjoyed meeting up with some old friends.



CATCHING UP WITH STARS OF "THE BLOCK "

Some of the stars of the popular TV Show "The Block", recently visited Canberra, and Marilyn Callaughan's two grandsons, Izaak and Oliver took the opportunity to have their photo taken with them. Below left: Izaak and Oliver with the presenter Scott Cam. R: The boys with the twin sisters Lysandra and Alisa who were the winners of the latest competition.





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DELEGATE FRUIT BARN

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Open 7 days

From 7.30am till 6pm week days

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Public Holidays 9am till 1pm

Specialising in:

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RECIPE FOR HOP BEER FROM OLD "TUBBUT TATLER"

10gr Saccharine

2oz. Yeast

2 1/2lb sugar

11b Extract Malt

1lb Hops

1oz. Liquid preservative

4 Gallons boiling water

1 gallon cold water

Infuse the hops in the boiling water in a covered vessel for three hours, then strain off the liquor and add to it the cold water, sugar, extract of malt, and yeast. Allow to ferment 12 hours, add the preservative and bottle.

Ed note, I remember my grandmother making hop beer, which was excellent, but suspect it was a different recipe to the above. Back there would not have been any saccharine or preservative. It was bottled and kept in a dark cupboard until the corks started to pop.

WAYNE DOWSENT'S ANZAC PORTRAIT SERIES EXHIBITION

Wayne Dowsent, artist from the Central Coast of NSW will be returning again in October to show more of his Anzac series portraits. The exhibition created a great deal of interest in January earlier this year, and it is planned to hold a larger exhibition of his paintings as well as the unveiling of his portrait of Keith Bent. The exhibition will be on show on Saturday 5th October from 10am until 7pm, with the unveiling of Keith's portrait to take place at 5pm. Supper will also be served for those who visit in the evening.

Wayne is a top class portrait painter and his aim is to put together a collection of war veteran's portraits as well as a recorded history of each person

Right: Wayne and Jackie Dowsent with some of his portraits at the Delegate School of Arts.







Delegate Tel: 6458 8004

a.h. - Justin Lewis Ph: 6458 8106 Mobile 0429 991 240

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SNOWY RIVER MARCH COMMEMORATIONS

The next meeting of the above committee will be held on 27th August at the Rural Transaction Centre at 7pm. Due to illness and other commitments the last meeting was cancelled, but it is hoped for a good roll up at the next one. The book is taking shape with the help of pages from the old Delegate Argus which is a mine of information and soldiers records which have been obtained by Sandra O'Hagan. It is hoped to publish the book towards the end of next year and have it for sale before the commemorations begin. It was very pleasing to receive a very welcome donation towards the publishing from the Cabandra Camp Draft Committee. There is of course still a lot to be done before the book is ready for publication and Peter Stuart is hoping to download more information from some of the newspapers of that time from other centres. We are fortunate also to have photos for most of the 13 marchers at the local history museum, but would be grateful if anyone else has photos pertaining to that time. We would scan them into our computer and return them. Mr Kim Templeton, who is the co-ordinator of the commemoration marches to be held in 1915, hopes to visit Delegate for possibly our next meeting,

which will be very helpful. The Duntroon band has already been

reserved for the occasion of our local celebrations in January, 1916.

Right: John Reed, Ian Sellers and Father Mick were part of the re-enactment.

Lovely commemoration cake





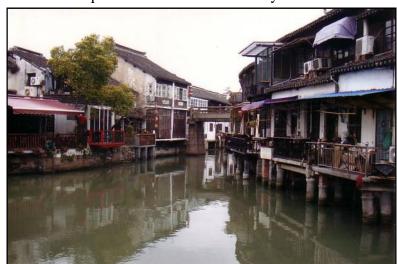
GLORIA'S VISIT TO SHANGHAI, CHINA

Our ship docked at Shanghai in the very early hours of the morning, we had sailed up the river and were right in the middle of the city when we woke up. Shanghai, to most people, embodies all the mysteries of the east, memories of stories from the past come flooding into your mind but to see this city blows you away. There is such a combination of ancient, colonial and futuristic architecture surrounding you, it is hard to take it all in.

The excursion we planned for our Shanghai port day, was to see an ancient water village called Zhujiajiao, this village was about an hour or two from the city, we travelled along the highways through the suburbs, finally coming out into the country, where it was quite flat and there were many small farms and

paddy fields.

Then we came to the water village which has over fifty bridges and meandering, interlocking canals earning the village, its name of "Venice of the East", the Fangsheng Bridge, one of the oldest of the stone bridges dates from the Qing Dynasty (1571) and has carved dragons on it. The oldest Post Office in China is also in this historic village, dating from 1896 and still in use. Following a walk around this



old village, some shopping, a ride in a gondola on the river gliding under numerous bridges, we rejoined our coach for the next part of our trip.



A silk factory was our next stop, showing us the entire process from silk worm to finished product, it was very interesting. The silk thread drawn off the cocoon is so fine the threads from nine or ten cocoons are drawn off together to make the one thread to weave into cloth. The range of products from doonas to fine silk material for high fashion garment making is produced and samples we saw in the factory shop were spectacular and desirable.

After a lovely banquet lunch we returned to the Sea Princess to make ready to leave for our next adventure, but one last unforgettable memory was ours as our ship sailed down the river, the beautiful Shanghai skyline buildings were lit with coloured light displays, even the little river ferries were covered in lights and were creating wonderful reflecting light patterns as they cris-crossed the dark water of the river close by our ship. What a wonderful day and what a wonderful farewell, Shanghai remains one of my favourite places.

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Delegate Multi Purpose Service

<u>Wellness Clinic</u> is held at the MPS, in Craigie Street Delegate. People come to the clinic for procedures and assessment by nursing staff.

The clinic is open

Mon 9am - 10.30am Tues 9am - 10amThur 9am - 10.30am Fri 9am - 10am

Every week except public holidays.

No Appointments necessary.

A variety of procedures are available.

- Wound care
- Blood pressure readings
- Blood sugar readings
- Non-urgent ECG's
- Suture or clip removal
- Injections with Dr's written order
- Other procedures that do not require a Dr.

Pathology clinic

Wednesday 9.30am - 10.30 am.

No appointment necessary.

Closed public holidays.

Other Services

Women's Health Nurse

3rd Wed of the month

Dietician and Diabetes Educator

2nd Thur of the month

Immunisations – 4th Fri of the month

Podiatry – for HACC clients – monthly

Ring the MPS for appointments for the dietician, diabetes, immunisation, podiatry and women's health 6459 8000

Child and Family Health

visits Delegate MPS on a regular basis

Ring Kirsty on 6458 5777 for an appointment.

DELEGATE MPS

Visiting Staff Profile.

Name: Wendy Chapman

Job Description: Clinical Nurse Specialist, Diabetes Educator and Wound Management.

Wendy is based in Cooma at the Cooma Community Health Centre with outreach clinics to Delegate and Bombala. These are provided on a regular free and confidential basis with no referral needed.

Service provided: Diabetes education, mostly with Type 2 diabetes, wound management that includes running a dressing clinic and respiratory education for people with asthma and chronic airways disease. Wendy sometimes visit schools to update their asthma emergency management or to provide education to staff if needed if there is a newly diagnosed child with diabetes.

How long have you been working in this position: More than 10yrs! Started at Cooma Hospital as a Registered Nurse in 1988 and moved to Community Health in about 1994. Love it.

Highlight of Career: Seeing a long term wound that has not been going anywhere become healed. Helping people diagnosed with diabetes to manage their condition and lead a normal or even a healthier life than before.

Appointments for Delegate MPS:

2nd Thursday (mornings) of the month. Ring Delegate MPS to make an appointment 6459 8000.



DELEGATE SCHOOL NEWS

Education Week

Delegate children participated in a joint Education Week concert with Bombala and Bibbenluke Primary Schools and Bombala High School. The concert was held at the Bombala Multi Purpose Hall at the High School.

Delegate did two performances "Imagine" and "You Cant Stop the Beat".











DELEGATE HOSPITAL AUXILIARY NEWS

The Auxiliary held their AGM on June 17th and the new committee is as follows

President - Claire Strickland

Vice-President – Heather Jones

Secretary - Gail Smallman

Treasurer – Gail Smallman

Assistant Secretary -Jan Ingram

Welfare Officer -Janice Lewis

We would like to thank Christine Smith our Regional Representative for her trip to attend our meeting. Thank- you to Heather Jones who has been our President for the last six years.

To all members thank you once again for another wonderful year of fundraising. It is hard work, but we do have fun as well.

Thank-you to all the local people who have helped us with our fundraising. This year we have catered for a Family reunion, a Wedding, various parties, funerals and two camp drafts.

Thank-you to Delegate & Cabanandra Campdrafts for their generous donations to us. The money will go towards making life more comfortable for the residents in our MPS.

Last year two of our members Helen Jamieson & Gail Smallman attended State Conference in Sydney & once again it was very informative. Claire Strickland & Gail Smallman also attended the Zone conference in Tathra.

Once again thank-you Delegate for your support. Remember it is your hospital. GAIL SMALLMAN.

MARIA'S 70th BIRTHDAY

Maria was joined by her family, including daughters, Kim, Trina, Toni and son Justin, sons-in-law and most of her grandchildren on Saturday 6th July at the Delegate Hotel to celebrate her 70th birthday. Maria says the highlight of her night was David Mitchell carrying out his promise to play the bagpipes at her party. Maria and husband Kevin also took the floor to jive to the music. Maria's son Justin is quite an artist, and the picture below is a sketch he did of his mother recently.





HERE & THERE

The death occurred recently in Pambula Hospital of a former local man, Robin Willis. Originally a resident of Tubbut, he and day at the his wife, Avis, moved to "Pineleigh" at Bendoc where he worked for the Cameron family for several years. They then moved to Pambula Beach, where they resided for many years. Robin is survived by one daughter Penny, son-in-law Les and two Grandchildren Sean and Jasmine. His wife Avis having predeceased him. Sympathy is extended to all.

Many happy returns to all August birthday people Clare Strickland, Jean Manning, Su King, Hunter Reed. Kay Reed, Philomena Collins, Christine Walker, Laura Chapman, Sharon Buckman and Chris Guthrie.

Also congratulations to Maria Callaway, who celebrated her 70th with family and friends at the Delegate Hotel on Saturday 13th July.

Also a double celebration when twin girls Amelia and Georgina Jeffreys turn one on the 20th August.



Congratulations to Raymond Kading who also celebrated his

30th Birthhotel on Saturday night with family and friends.



Big news for the multi purpose wharf at Eden, which will be used to import wind turbine components for the 1220 turbine Bobo Rock wind farm. The infrastructure project recently announced by Federal Member Mike Kelly will expand the port's capacity to handle large cruise ships. This opens possibili-

ties for tourism throughout this whole southern area.



Congratulations to Natalie (nee Payten) and Ben Stevenson on the birth on their third child, a little boy to be named Charlie. He is a brother for Chloe and Cooper.



The Weather Bureau has just recorded the mildest July on record. From a local point of view we haven't had as many heavy frosts as usual and some days have been unusually mild. Who knows what August will bring, as of late years it has been when we experience the coldest weather, even snow.

Clay Smith, drafted this year into the Bulldogs AFL team, has been doing well, with some first grade appearances. Unfortunately for Clay, his season is finished due to a serious injury to his cruciate ligament.

Doreen Standen and Sandra Walker recently attended a workshop at Cooma titled "Caring for Collections" They found the workshop most informative with very practical information on collection care and preservation of items for museums. The presenter *Kay Soderlund is the director of* Preservation Australia which is staffed by conservators with expertise in working with collections and museums,

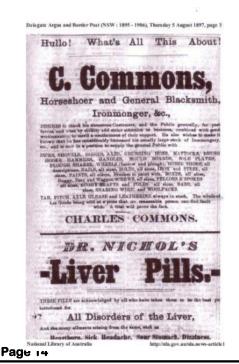
Andrew Gray of South East Arts will be returning to Delegate for a second workshop on advertising panels, history panels for museums and galleries, etc. All welcome to attend..

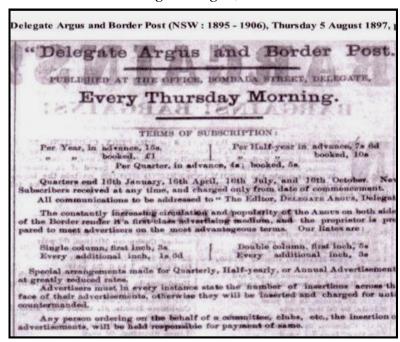
LOOKING BACK



This old photo, courtesy of Beryl Phillips was taken at a tennis day, possibly at Bendoc. From left to right Ada Warne, Isabel Ingram, Gwen Legge, Hazel Davies, Dulcie Bent, Beryl Phillips, Heather Clarke. Does anyone know who the children are?

Below: Some articles which appeared in the old Delegate Argus, 1897.





Community Information

EMERGENCY / AMBULANCE: 000

FIRE: 000

POLICE

Delegate: 6458 8044 Bombala: 64583444 Cooma: 6452 0099 Bendoc: 6458 1523

HOSPITAL: 6459 8000

DOCTOR: 64951369

CHURCHES

Catholic: Father Paul Hothnance PP 64522062

Sister Teresa Keane: 6458 3045

Services: Delegate Saturday 6:00pm

Liturgy of the word and Holy Communion

Bombala Sunday 9:00am

Liturgy of the word and Holy Communion

Anglican: Rev. Denise Channon 64583018

64957040

Rev Judy Holdsworth—64583513

Services: 11am every Sunday...

St. Andrews Community Church—

To be Advised

COMMUNITY HEALTH (3 days per week)

Generalist Community Nurse –Monday, Thursday, Friday
Wellness Clinic—Monday and Thursday 0900-10.30
Tuesday and Friday 9.00—10.00
Pathology—Wednesdays 0930-1-3– hours
Immunisation Clinic—Fourth Thursday from 1100hours.

Podiatry Clinic
Victorian Visits Tuesdays
Call MPS 64598000

Healthdirect and GP helpline 1800022222

MONARO FAMILY SUPPORT SERVICE

Bombala Office: 6458 4888 open Tues to Thurs - 9:00am to 5:00pm

COUNCIL CHAMBERS: 6458 3555

DELEGATE PRE-SCHOOL: 6458 8196

DELEGATE PUBLIC SCHOOL: 6458 8183

DELEGATE PROGRESS ASSOCIATION

RTCT Centre - 6458 8388— dpaoffice@bigpond.com Newspaper: delegateprogress@exemail.com.au

NRMA/RACV: Jack Stewart: 64588047 TUBBUT ACCESS CENTRE: 6458 0295 DELEGATE CARAVAN PARK: 64584047

Delegate Progress Association Inc. 66A Bombala Street DELEGATE NSW 2633 PH 6458 8388 Fax 64588 374 E-mail dpaoffice@bigpond.com delegateprogress@exemail.com.au (for paper)

'Delegate Doings' Subscription:

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Cash or Cheque payable to The Delegate Progress Association Inc

Amount \$_____

<u>Name</u>

Address or email:

The Delegate Doings is published by the Delegate Progress Association. We welcome information about meetings and reports on functions and other activities of local people and organisations, factual historical articles and poetry etc. We do not publish letters to the editor. The publisher accepts no responsibility for any advertisement, or articles. Any advertisement or article is published at the risk of the contributor, who accepts liability for any intended publication. All such contributors agree to indemnify the publisher and warrant that the material is accurate and is neither deceptive or misleading, in breach of copyright, defamatory, or in breach of any other laws and regulations.

ADVERTISING IN THE "DELEGATE DOINGS"				
Spot Ad:	1	6	11	
\$5 cash—\$7.50 a/c	Issue	Issues	Issues	
1/4 Page	\$17.50	\$87.50	\$157.50	
1/2 Page	\$35.00	\$175.00	\$315.00	
Full Page Back Page	\$70.00 \$80.00	\$350.00	\$630.00	
Full Page Insert	\$90.00			

Colour advertising: prices on application

Gardening News—Cause and Effect

This is a common phrase in our language that implies that if we see an effect we are able to link it to a single cause. However, this is rarely the case especially in nature where complexity is the norm. The phenomenon that we see may be linked to a cause that changes with circumstances, or to a chain of interlocking factors that can be seen to follow one after the other stepwise or even to a simple missing step that leads to a runaway cascade of causes.

Take the common 'effect' that we see in the garden of drooping foliage on a plant.

Our first thought is that the 'cause' must be short of water in its leaves (which in scientific terms is the proximate cause). This is the correct assumption but now it becomes tricky because to determine the 'cause' of water shortage in the leaves for it means gathering more information and then sifting through an expanding number of possibilities in order to determine the actual (ultimate) 'cause'. Whenever a problem is approached in this way one is engaging in scientific method and this why science is such an important subject in schools because it opens up a way of logical thinking that helps us solve everyday problems successfully.

Now the next logical piece of evidence to seek is to assess the soil condition.

If the soil is dry then one can reasonably assume that a good watering will resolve the problem and reverse the observed effect of droopy leaves. Yet deciding how and when to water is dependent on a new set of quite complex series of 'cause and effect' observations e.g. if it is very hot and/or windy and the plant has large leaves it would be best to only water the soil because water on the leaves could cause 'burn'. It might even be better to postpone watering to dusk when water use is more efficient. Yet again the soil may have been dry long enough that the functional roots have dried out and died so no revival of the plant can occur until new roots have grown to take advantage of the supplied water. Some plant species can do this within hours but whether this occurs in time to save the plant depends on its condition (stored food) and the characteristics of its species (tropical, desert, deciduous?) and stage of its life cycle (an annual that has finished most of its flowering?). So a cycle of seeking evidence is set up that leads to even more questions and to modifications to the conclusions drawn and to the appropriateness of ensuing actions.

If the soil is moist one can reasonably assume that the roots are not supplying water fast enough to meet the plants needs. But why? The evidence may be that it is so very windy, hot or alternatively, so cold, that the plant cannot physically cope. Perhaps the roots are dying from rot or disturbance. Can root death be suspected because some time previously the soil was really dry? or was there a gale when rocking broke roots in the ground? Maybe there is no air in the soil due to compaction or water logging or even that the soil has become acid which ties up essential nutrients such as calcium that makes cell walls rigid. In any of these circumstances applying water will make things worse.

Sorting through all these possibilities is where gardening experience helps but there are always surprises. Take a recent example of the potted plant in the foyer of the MPS. Every time anyone watered it the water ran straight out and the soil was always dry. My first thought was that the soil had become worn out and compacted i.e. not enough pore spaces to hold enough water to meet the plant's needs for even a few days at a time. One person's suggestion was 'to add clay because that holds water doesn't it?' Now if compaction was the underlying cause adding clay would have made the problem worse as its fine particles would have filled in whatever pores were remaining in the soil. So a decision was made to re-pot using a good quality potting mix.

Imagine our surprise when we found the roots enmeshed between three rocks that together took up at least half the pot's volume. So the ultimate cause was indeed lack of porespace to hold water, not because the soil was compacted, but because there simply was never enough soil volume. Different causes for the one effect, the presence of the rocks creating a cascade of effects.

Fantastically another lesson learnt – another possibility that can be applied to the list of causes for water deficiency – a rocky patch in the garden (or pot)!