

December 2018

1.50 incl.  
GST

# Delegate Doings



ISSN 1446-6716

Volume 18, issue 1.

## OVER 1000 SIGNATURES FROM LOCALS RE LACK OF HEALTH SERVICES.

On Friday 16<sup>th</sup> November Nurse representatives of the Delegate and Bombala Branches of NSWNMA met with Deputy Premier Monaro MP John Barilaro and had a very positive discussion regarding the difficulties the community of Delegate, Bombala and surrounding area are experiencing in accessing Medical and Healthcare.

Mr Barilaro acknowledged that all the issues raised by the nurses were valid and concerning. While some of these issues can be resolved easily and quickly others are more difficult. Mr Barilaro agreed that these issues although difficult do need to be addressed for the good of the Community and any further development of this area. They will be discussed with Minister of Health Brad Hazzard this week ( Wednesday 21/11) and Nurses will receive a response in a fortnight.(30/11)



A Community petition with over 1000 signatures was presented to Mr. Barilaro and will be tabled this week. This petition demonstrates the concern the Community feel about the difficulties they are experiencing in accessing Medical and healthcare and asks that action be taken to improve the situation.

The Nurses now hope the meet again with Bryce Wilson of the Country Labour Party and with Mick Holton of the Shooters and Fishers party to discuss these important issues.



**We wish all our readers a  
Merry Christmas and a  
Happy New Year.**

**Merry  
Christmas**

Next Issue: Feb 1st

then: March 1st

and: April 5th

### Inside this issue:

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### Dates for your Calendar

- 8/12/18 - Santa comes to the Country Club
- 11/12/18—DPA meeting AGM
- 15/12/18— Country Club Volunteers Day
- 17/12/18 Morning tea at MPS to mark 20 years.
- 24/12/18—Country Club Xmas Party.
- 31/12/18 - New Year's Eve Celebrations at Pub. BBQ, music, lolly drop, jumping castle.



We stock a range of home wares, gifts and toys all especially chosen by us or made by local crafters. With new stock arriving regularly, beautiful hampers and gift cards you are sure to find that special gift.

Opening hours for December are Monday – Saturday 10am-4pm.

We would love you to drop in and say hello

*Karen and Rob.*

### CELEBRATING 20 YEARS

The Delegate MPS has been open for 20 years and the community are invited to join the staff for morning tea on Monday 17th December, between 10am and 11am.

For catering purposes RSVP by 12th Dec

Heather 64598000

St. Philips Anglican Church invites the Delegate and border community to join us for a sausage sizzle, followed by a traditional carol service celebrating the true spirit of Christmas



Saturday December 15, 2018

Rev'd Sandie Kaine presiding

Sausage sizzle – 5pm

Carol service – 6pm

**All Welcome.**

## GOLDEN AGE LUNCHEON

In a change from the usual format, this year the annual Golden Age lunch was held at the newly re-opened Delegate River Tavern. A smaller group and our entertainer for many years, Beverly unable to come, it was decided that a different venue was needed. Our table looked very festive and a lovely baked luncheon, followed by Christmas pudding was most appropriate for the occasion. Finally guests were treated to a cup of tea and a slice of Xmas cake made by Marian. All agreed that it was a very pleasant outing at the Tavern, which has changed little, with the exception of the size of the surrounding trees which in the intervening 20 or so years have grown quite large. To conclude Natalie thanked Marilyn and Sue for organising the day, as they have done for many years and Megan with helper Hannah were congratulated on a very nice meal.

Below: Part of the group at the festive table. R: Megan and Hannah in the kitchen, serving lunch.



## PUBLICANS GET PIE FACED.

It was not the patrons at the Delegate Pub who were pie faced at the Sunday Sips afternoon, but the present and former owner. A very successful fund raising auction for Sunday Sips, came to a messy and hilarious end, when Paul and Graeme submitted to the ignominy of being hit with a cream pie. The hotel staff banded together to bid for the right to whack their boss with a pie, while Nola Brady from Bombala was the winning bidder for the privilege of planting a cream pie on Graeme's head. Good fun and all for a good cause, as the funds raised from this auction will be distributed to various local groups next year. However we feel Paul and Graeme would recover quicker than the Pub carpet which was covered with a number of large dollops of whipped cream.

Dressed lambs, wood, accommodation at Merimbula, a Webber, dinners at the Pub and Tavern, a piece of art by Julie Herringe, and even a share in a racehorse, went under the hammer to raise a substantial amount for charity. The Auction was ably conducted by Justin Lewis and all who took part are to be congratulated, including the new committee for Sunday Sips Tammy Johnson (President) and Rebecca Kading (Secretary) Below: Katrina, Paul, Graeme and the cream pies. R: The new Committee Tammy and Bec.



## REMEMBRANCE DAY IN DELEGATE

A good crowd of around 70 people turned out for the service at the Delegate Cenotaph commemorating 100 years since the WW1 Armistice on the 11/11/1918. As well as locals there were members of the Patriots Motorcycle Club from Canberra who are regular visitors to the town. President of the local RSL Sub-Branch Phil Pope conducted the ceremony, before some of the crowd adjourned to the Hotel for lunch.

Below: - Sections of the crowd. R: Maree and Phil Pope relaxing at the hotel after the ceremony.



*Christmas Gifts  
The Borderline Gallery and  
Bundian Way Gallery  
has a large range of Christmas  
Gifts Available.*



*Come in and browse. Large range of all occasion cards.*

# Delegate Café

64 Bombala St Delegate

DINE IN - TAKE AWAY

OPEN 7 DAYS

Fruit & Veg - Groceries

DVD Hire - Eftpos

Tel (02) 6458 8171

Pizza available most Friday & Saturday Nights

*ELGAS Distributor*

*Pickup Only (Sorry no Delivery)*

## DELEGATE HOTEL

*Your host: Paul Herringe*

Accommodation  
Counter Lunches

New Years Celebrations

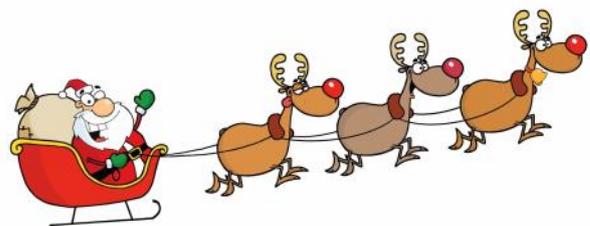
Barbecue, band, lolly drop,  
jumping castle.



Sky Channel & Pub Tab,  
ATM and Eftpos

**Ph: 6458 8091**

## **TALBOT TRANSPORT**



### **LIVESTOCK & GENERAL**

1 Hensleigh Street, DELEGATE 2633

Mobile: **0418 516 076**

Phone: (02) 6458 8085

Fax: (02) 6458 8055

# DELEGATE PONY CLUB PHOTOS



Pictured some of the prize winners at the Delegate Pony Club Gymkhana. From all reports it was a very successful event. See details page 8.



# LANDMARK

an AWB company

## Delegate

**Tel: 6458 8004**

**Livestock – Tony Brady,**

**Sam Platts**

**Agronomy— Kathryn Bullas**

**0409032019**

**Merchandise**

**Insurance - Wool**

**Finance - Fertilizer**

## Delegate Hair Boutique



Open  
All Day Fridays  
Delegate School  
of Arts  
Call in on the day  
or telephone  
**0427587240**  
For an appointment

**PLUS For all  
Your Floral  
Arrangements**  
weddings,  
Birthdays,  
Anniversaries,  
Wreaths and  
Private  
Functions  
**Phone Pam  
on 6458 4346  
Mob: 040427587240**



## DELEGATE RIVER AQUATIC WEEDS FIELD DAY

24 people attended the day learning about weed management in riparian areas with Justin Hurley Lee - Ecologist Global Land Repair). They learnt what a riparian zone is, its structure, vegetation zones, function and interdependencies.

There were a few weeds of concern along the Delegate river with the most obvious the Yellow Flag Iris. Snowy Monaro Regional Council (SMRC) and Local Land Services staff attending, spoke about past and planned control measures for the weeds of concern.

We learnt that aquatic insects are good indicators of a healthy aquatic system in rivers, streams and farm dams, how to propagate the aquatic plants and their role in river health. We also got to try the latest technology for weed spotting, drone flying. Rob Matthews - Helisurveys Airborne Earthcare demonstrated using drones for weed spotting as used in Kosciusko National Park to find Hawk weed. This was of great interest to SMRC staff.



# Pony Club News

Delegate Pony Club had a massive 2 days doing what they do best, with Riders from Cobargo, Cooma, Jindabyne, Nimmitabel and Delegate having fun on their ponies and horses.

Saturday 24th kicked off with a fresh start after some very needed rain with 30 riders taking part in their annual training day. This year saw cross country with Mr Peter Gillis, Dressage with Belinda Mackintosh, Show jumping with Elizabeth Grenda Young and Sporting with Neil Duncan. A mammoth Thankyou to Boco Rock for the sponsorship of instructors towards this day.

Riders were placed into groups based on ability plus age and obtained some great new techniques to take away from the day.

At lunch time Delegate Pony Club took the opportunity to do a presentation to thank Boco Rock for their sponsorship and thank some very important people who have helped out immensely with preparations for their weekend and future.

Special thanks goes out to Boco Rock Wind Farms committee, Shania Caldwell (DPC rider) for presenting Boco Rock Wind Farm representative with a certificate of appreciation, all DPC's amazing riding members, all the parent helpers, family of members helpers and a big thank you to Ken Nevin for making Delegate Showgrounds look exceptional with mowing and care taking.

All the riders had a fantastic day and the rain held back to the end of the day.

Sunday 25th was Gymkhana day and the riders all showed up with the horses and ponies looking sharp as well as themselves too.

A big thank you goes out to Sharon Donnelly from Glen Mia Bega and Angela Kane from AOK saddletry for the sponsorship of best presented club on the day. Glen Mia Bega presented a lovely perpetual trophy and gorgeous ribbons to the winners of the best presented club, Jindabyne Pony Club.

Riders were very competitive on the day but also very encouraging to others they were competing against.

Congratulations goes out to;

1. Assisted: reserve champion- Anna Cameron, Champion - Darby Walder
2. Under 7s: reserve champion- Asha Walder, Champion - Myah Voveris
3. 7 & Under 9s: reserve champion-Alexa Duncan, Champion - Sage Dixon
4. 9 & Under 11s: reserve champion-Frankie Dennis, Champion - Lydia Jamieson
5. 11 & Under 13s: reserve champion-Ella McCoullough, Champion - Zali Duncan
6. 13 & Under 15s: reserve champion-Rochelle Voveris , Champion - Lauren Blacka
7. 15 & Under 17s: , Champion - Chelsea Blacka
8. Associate: reserve champion- Jasmine Butterworth, Champion - Caitlyn Pratt.

Delegate pony club were also proud to present two perpetual trophies. The Stan Collins Shield was presented by the family of the late Stan Collins, Joan Jones and Denise Nichols and is awarded to the highest point scorer on the gymkhana day to any zone 18 rider, this year a local rider Lydia Jamieson won it. The Ken Summerill memorial trophy is for any Delegate Pony Club member and is awarded to the highest point scorer over 3 gymkhanas in zone 18 and it also went to Lydia Jamieson. Neville Summerill presented this on behalf of his family.

Delegate Pony Club would like to Thank all who came along and supported our club with this wonderful event. Photos on Page 6

## **Delegate Multi Purpose Service**

**Wellness Clinic** is held at the MPS, in Craigie Street Delegate. People come to the clinic for procedures and assessment by nursing staff.

The clinic is open

Mon, Tue, Thur, Fri 1pm to 2pm

Every week except public holidays.

No Appointments necessary.

A variety of procedures are available.

- Wound care
- Blood pressure readings
- Blood sugar readings
- Non-urgent ECG's
- Suture or clip removal
- Injections – with Dr's written order
- Other procedures that do not require a Dr.

### **Pathology clinic**

Wednesday 9.30am – 10.30 am. No appointment necessary. Closed public holidays.

### **Other Services**

Women's Health Nurse

3<sup>rd</sup> Wed of the month

Dietician and Diabetes Educator

2<sup>nd</sup> Thur of the month

Immunisations – 4<sup>th</sup> Fri of the month

Podiatry – for HACC clients – monthly

Ring the MPS for appointments for the dietician, diabetes, immunisation, podiatry and women's health 6459 8000

**Child and Family Health** – visits Delegate MPS on a regular basis ring Kirsty on 6458 5777 for an appointment.

## **HAPPY BIRTHDAY ALMA**

The exercise group got together at a morning tea at Natalie's place to celebrate Alma's birthday.

Alma pictured below, about to cut her birthday cake.



### **GOLF CLUB NEWS**

Santa will arrive at the Country Club on Saturday the 8th December for the kids Xmas Party which will start at 2pm.

On 15th December—a thankyou day for all the volunteers who help out during the year.

The Monster Xmas stocking will be drawn on the 24th December.

There will be a golf shoot out at a date to be announced.



# DELEGATE SCHOOL NEWS

## Melbourne Excursion

The RAAF base

At Sale we stopped at the RAAF [Royal Australian Air Force] base. Firstly, a man got on the bus and talked to us. Then we got out and had lunch. After lunch we went to an aeroplane and took turns to look inside. We got to look at an ejector seat. Some planes flew overhead. Next we went to a helicopter and took turns to look inside. There was a pulley system on the side of the helicopter to pick up people out of the sea and other life saving equipment. We stayed for awhile as we waited for everyone to have a turn then we took a photo. Afterwards we got on the bus and headed to Melbourne.

Eureka Sky tower:

When we left Urban Camp we took a tram all the way to Eureka Sky deck then we walked the rest. At the Eureka Sky Deck we went up a lift to the top floor (the lift worked automatically). There was a machine where you can get a 2D eclipse with a picture in the middle. There was a balcony where you can get fresh air and have a look of a big part of Melbourne and it was VERY VERY WINDY!

When you pay to go on the EDGE you get a wrist band that says I SURVIVED THE EDGE and you go in a group of 12. When you go on the EDGE, you go on the square block that goes out 3-4 metres and while it goes out the walls and the floor were all white. Then a teacher in my group said to look down, then there was a little flash of light and you can see a whole lot of Melbourne, whilst 3 girls were screaming their heads off. Then I went back out before we went back to Urban Camp and got ready for Day 2.



Old Melbourne Gaol

See how it is spelt Gaol instead of jail that's because it's spelt the way England spells it. First, we had something to eat then met our tour guide. She took us to where Ned Kelly was buried then we went to the front of the gaol. Then the cell block where Ned was hung by the neck. Then we walked around then we went to the Gift Shop.



River ferry

We were waiting for the ferry on the ramp and Grace lost her hat in the river. Inside the ferry the captain was teaching us a little about Melbourne's famous buildings and bridges. We went for a bit of a cruise then turned around and the captain took us back to the art gallery. When we got to the Art Gallery we split into two groups. Each group had a guide. When our group went into a room we heard an exhibit in one of the other rooms make a noise. "Help me," it said. It repeated it a lot and a few times some of the boys laughed. In the next room, we saw a giant skeleton. It had a large balloon in a certain place which made us all laugh. In another room there was "The Pioneer". It was a gigantic three part painting about a pioneer. The last panel had Melbourne in the background. In another room there was a painting of the people in Melbourne. They all looked the same and wore the same clothing except a few people.

## Aquatic Centre

The pool was awesome. We had to get changed then got in the wave pool. We went up and down then when the slide was open to use, we went up a lot of stairs. We had to wait. Heidi hit her head twice in a row. When you go down the slide you see light for 5 seconds then it becomes dark, when you see light again, take a breath and brace for Impact. Close your eyes so you don't get water in your eyes because there are no goggles allowed. Then we went back to the wave pool for half an hour.



## Sovereign Hill

We arrived at Sovereign Hill at about 9:30am. We got given our lunch for the day, put ourselves into some groups and off we went. I was in a group with Bridie, Emilie and Shania. We had to be at gold pour demonstration at 11:00am. So first, we went to the Ballarat Times and got some posters made. Between 11:30 and 2:00 we could free roam. In the free time we could do whatever we wanted me and my group went candle making, gold panning, ten pin bowling, lolly shopping, had lunch, picked up our posters, watched lolly making and a little bit more but I can't think of it. Lastly, the BAKERY!!!!

At 2:00 we had a mine tour. We had to go down 53 stairs and then back up 53 stairs. We did go far after that because at 2:30 we had to go and learn about what they used for candles, gun powder, soap and more stuff like

that. Do you know that the main ingredient in gun powder is human urine. We went to the toilet and then we got back on the bus and went home.

An enormous THANK YOU to the teachers who came with us and a very special thank you to the P&C for fundraising so we all could enjoy and learn in Melbourne.



**THE LONG PADDOCK.**—By Lydia Jamieson. (Lydia won first prize in a Cooma Library story writing competition.)

Hi I am Chelsea. I live on a farm near a little town that is currently in drought. My parents, my brother Jack and I are getting our truck packed and ready to head out on a road that we can have stock on, better known as the long paddock. It will be this way until it rains and who knows how long that could be, it could be days, weeks, months or even years. Who knows what will come our way. I have heard Mum and Dad talking about the options. Sell the calves, sell some dry cows, sell cows that are not doing so well, until there is only breeding stock left. But we have done all of this. It didn't rain, the wind dries up any moisture in the ground, and my parents have spent all our money on feed. Now what are we going to do? Our last resort was to get a permit for the long paddock and here we go. School will be on the road with Mum as our teacher. I had to say goodbye to all my friends. Sadly my friends and teachers who live in town do not get what it is like on the farm. They say about the people out West and they do not look at our property or around here. If our area was on the news maybe the people in town might take notice of what we are going through.

The first night on the road was sort of like when dad takes us to the bush. We had a fire and sat around it and talked about what we would be doing if we were at home. Jack wondered if Nan had remembered to lock the chooks up because Nan was just next door and has to be in charge while we are gone. Jack always worries about a fox getting the chickens. Jack wanted to ring Nan but Dad said "Remember we are only 15kms from home." I think Dad wanted the chickens to get eaten by a fox so then he would not have to feed them when they were not laying eggs. But, they are Jack's pets, and he loves them. We had dinner, a barbeque, and then it was off to bed. As I lay in my swag in the truck I wrote in my diary

*.. I am surprised how many people stopped to wish Mum and Dad good luck on the road and hope to see them soon with cows as fat as mud. Mum and Dad smiled and thanked each one. I could tell my parents knew it would be a while. As soon as that person drove off you could see that my parents were frightened of the future, and what that held for them, their stock and their young family.*

12 months later ....As I listened to Dad talking to Pop on the phone, up on top of a hill, trying to keep his phone in service, I kept hearing Dad ask Pop, "Are you sure? It's a big decision." As I walked back down the hill I hoped that we would go home. I missed my friends and I secretly missed the chickens, which by the way somehow a fox had not eaten yet! Dad walked down the hill as Mum moved some cows off the road for a truck carting hay. When Mum got back near our truck Dad met her and said "Pop thinks we can go home but I am not sure. What do you think?" Dad left Mum to let her think.

Later on that afternoon we put all the cows back into the travelling stock reserve and we had dinner. Once again it was a barbeque. I am absolutely sick of barbeques. All we have is onions, capsicum, zucchini, bacon, eggs and chips. All on the barbeque. At least at home we can have different food like stir fry, chips, boiled or steamed vegetables and tuna casserole, my favourite. As I lay in my swag that night I heard Mum and Dad talking at the fire about staying on the road or going home. Mum interrupted Dad halfway through a sentence, and said "maybe we should wait another month and then turn the cattle for home." I thought for a while and then a burst of excitement rushed into my body. A small tear rolled down my face, I was only ten years old, and did not cry often. Was that a happy tear? I wanted to dance but I was in bed. I hoped the next month would go fast. I drifted off to sleep and dreamt about rain, going to birthday parties and smiles everywhere, especially on my parents faces.

Next morning when I woke up, Jack and my parents were already up. As I walked to Mum she smiled at me and asked "Guess what happened last night Chelsea?" I looked around to see puddles everywhere, I smiled and hugged my Mum. Then she whispered in my ear "We are going home Chelsea." I jumped up and down and danced around, then I ran to the truck to start packing up my clothes. But ..... I had to think what it would be like back at home because I have not been there for more than a year. I can't wait to see my friends again, we tried being pen-pals but that didn't work because we were always moving and it was hard to get mail. I think it will be hard to get back into our normal On

The Long Paddock by Lydia Jamieson (contd. From page 11)

Routine. On the road it was set up signs, help put cows out, school work in the truck during the day and then the jobs in reverse. And dinner was always a barbeque. Days on the road were long and hard.

Once I had finished packing my clothes I started to feel excited to be going home. I haven't seen Lilly, Jane, Sage, Amber and Lisa for 13 months, but that felt like 13 years. I nearly can't remember what my bedroom looks like. My heart is thumping because I am thrilled to be going home. But was Pop right? Should we be going back so soon? There always seem to be questions in my head.

First day back at school .....I was a little worried when Mum was driving us to school. Millions of questions popped into my head. What if it isn't a school day? What if I am behind in learning? Will my friends still be friends with me? Have they got new friends? Will I have to get up in front of the class and tell everyone what I have been doing for the last 13 months?

Jack and I walk along the footpath as more questions ran through my mind. I hear Jack yelling to me "Hurry up Chelsea!" The questions disappear as I run towards my brother. I quickly look back at Mum who is sitting in the car closely watching us walk into the school yard for the first time in over a year.

Jack and I enter the class room to see smiling faces, people who are happy to see us and children calling out our names. As Jack and I walk towards the teacher I felt that Pop was right, it was the right time to come home and everything was going to work out just fine.

Lydia Jamieson Year 4 Delegate Public School.

R: Lydia receiving her award.



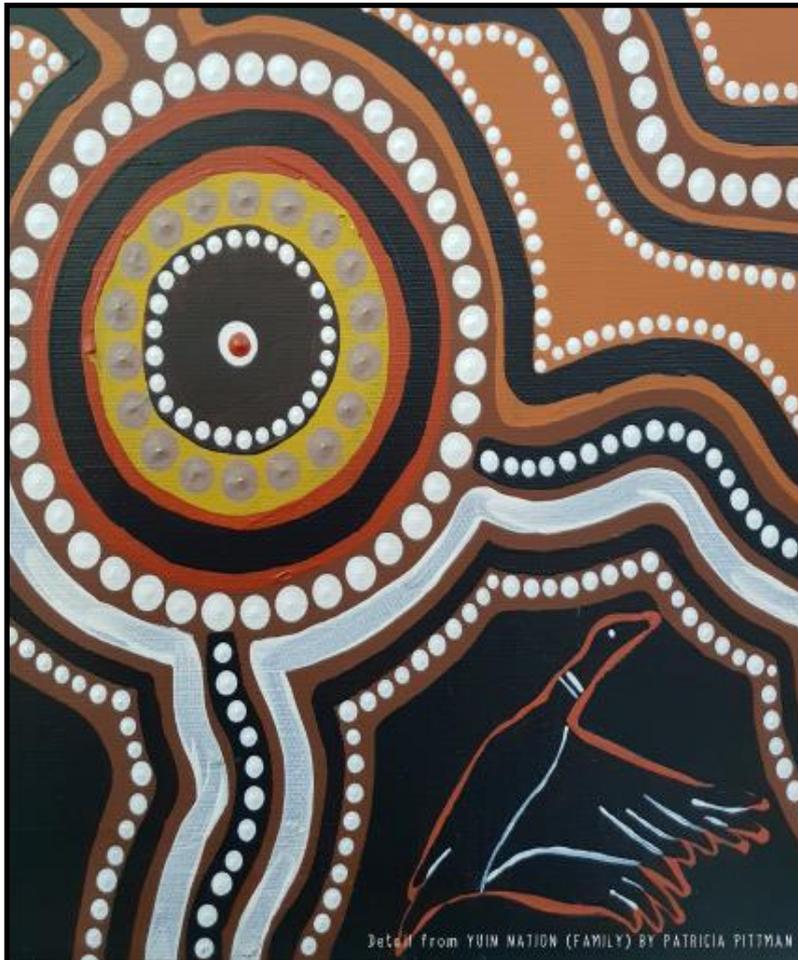
## DAY OUT AT DELLICKNORA FOR TUESDAY CLUB

A very pleasant day was spent recently at the home of Alan and Sandy Cameron at their property at Dellicknora. Sandy who is into local history, has a wonderful collection of photos and much time was spent looking through these and recognising faces from the past.

After lunch the group drove to an historic home on the property, built in the late 1800's by the same builder who built Bendoc Park at Lower Bendoc. The old timber home is in good order, furnished and ready for occupancy and with its attic and gable windows is a wonderful example of a sturdy well built home from that era. It has mainly been occupied over the years, it being the first home for Sandy and Alan when they married. Further on we saw the homes which the original Cameron brothers had built, one of these homes now occupied by Glen Ingram, Sandy and Alan's grandson. Dellicknora was looking it's picturesque best with the recent rains turning the pastures green. It was a very pleasurable outing for the group who were most appreciative of the warm hospitality extended to them by Sandy, Alan, daughter Julie and grand daughter Kate.

Below: The group in front of historic homestead. Sandy, Julie and Alan .





**BUNDIAN WAY  
GALLERY**

Delegate, NSW  
8 NOV to late JAN 2019

**WUDUGU**

(Give - Thaua)

A collection of art and craft work from Aboriginal artists across the south east region. An ideal exhibition for festive season gifts.

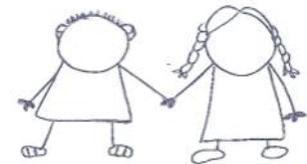
**ALL WELCOME - EXHIBITION OPENS  
8 NOV & RUNS TO LATE JAN 2019**

SouthEastArts



Delegate Progress Association @  
Eden Local Aboriginal Land Council

## Delegate and District Preschool 2019 Preschool Enrolments



The Preschool is in the process of planning for next year and would appreciate any expressions of interest for enrolments. This will enable the preschool to engage staff necessary to ensure we continue to provide a quality program for your child/en.

Our Hours of operation:

Children 6 months to 6 years

Tuesday 8:30am – 4:00 pm

Wednesday 8:30am – 4:00 pm

We are also very excited to offer the opportunity for children aged between 2yrs and 6yrs to attend the preschool on Mondays 8:30 am – 4:00pm. Vacancies are limited.

Daily Fees:

Children under 4 years \$15 per day

Children 4 years and over \$10 per day

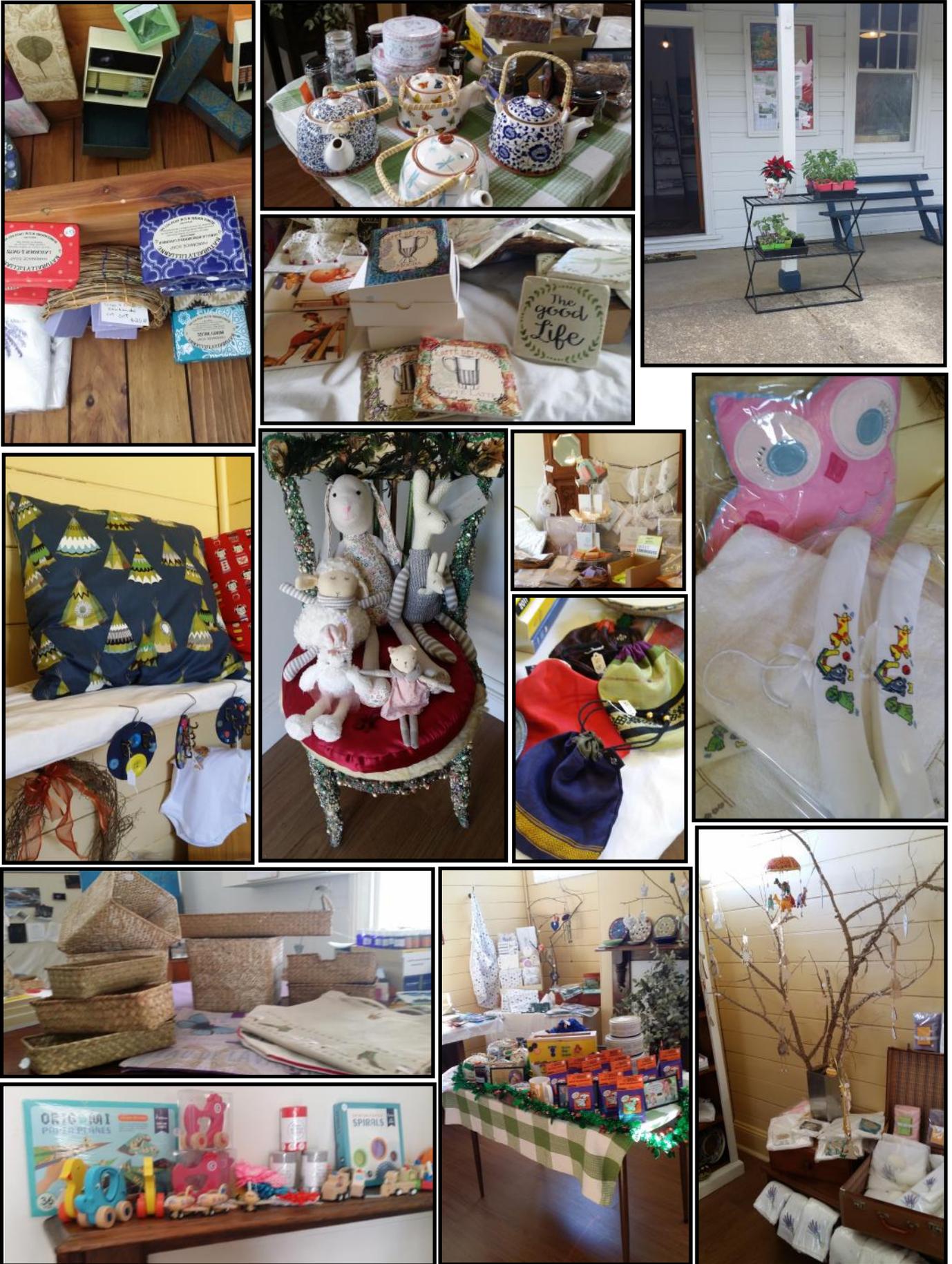
Open Day:

We are having an Open Day on Wednesday 12<sup>th</sup> December between 10am and 12 noon so if you are interested in meeting the preschool staff and finding out more about program, please come along and have some morning tea with us.

For enrolment forms and any further information, please contact the Preschool on 64588196.

# Old Delegate Post Office

Karen and Rob Cash have renovated and reopened the old Post Office as a gift shop. Some of their new merchandise can be seen below.



# Preparing the Garden for Summer

As daytime temperatures lurch from the twenties into the thirties it becomes clear how quickly plants become thirsty. Keeping the soil cool avoids a lot of heat stress. When sunlight falls on bare soil it heats very quickly and this heat is reflected upwards to the undersides of leaves. This has important consequences because leaves have two very different surfaces designed for different functions.

The upper surface is designed to deal with the external environment i.e. the sun's heat and accommodate rainfall patterns. Plants from dry climates typically have a layer of fur (Lamb's ears) or waxy leaves (cactus) that insulate from light and low moisture whereas it is more useful for plants from rainy places to have a smooth shiny upper surface that not only reflects excess light but also provides the mechanism to shed water.

The under surface of the leaf is 'business side' that deals with the internal environment. Its role is to maintain entry of air into the plant and to limit the water loss that accompanies this process. It is here that the stomates, that is the breathing pores, are found. When this side of the leaf is hot the stomates close in an attempt to reduce water loss. This limits air exchange and therefore growth. Wilting of the plant can still occur even though the soil is moist partly because it is the normal flow of water through the stomates during air exchange that causes the plant to draw more water from the roots to keep its body hydrated. Animals lose water in the same way as the consequence of breathing and this loss is replenished by drinking (but remember that animals cannot choose to stop breathing temporarily as plants do).

To help the plants cope with summer the soil surface needs to be covered to reduce heating and reflection of this heat. The best option is a living ground cover that not only cools the soil surface but humidifies the layer of air around taller plants prolonging the period that the stomates can stay open. The other option is a layer of non-living material commonly called 'mulch'.

In this case we have to think carefully about what we are trying to achieve.

A stone mulch will allow easy entry of water and air into the soil as well as suppress weeds but reflects even more heat than bare ground. Only desert type plants will survive happily in this regime. A 'mulch' of sugar cane or other chopped material like grass clippings keeps the soil cool and suppresses weeds but can form a mat that restricts water and air entry into the soil thereby reducing the biological activity. This ultimately limits growth and increases the prevalence of soil pathogens. Light coloured mulch also reflects heat. In general, the best ground cover is a litter cover. This is a loose mix of leaves and twigs. It shades the soil to ameliorate soil temperature without compromising air and water entry and most importantly, due to its complex surfaces, does not reflect as much heat upward.

**In nature there is no one size fits all.** There are circumstances where a stone mulch is the best solution, or a thick sugar cane mulch gets the garden through a few months of special needs.

Another summer consideration is providing water for our garden animals. Birds, butterflies, bees, spiders and lizards all need to drink. A tall bird bath helps flying creatures but a bowl at ground level helps many others. The bowls should be wide and shallow with some stones breaking the water surface to provide exit and alighting points and prevent drownings. Deeper animal drinking containers benefit from having a protruding stick – this has saved the life of many insects, frogs and chickens at my place.

I once visited a garden where the plants were of great variety of form and colour and lovingly maintained but it was a still and silent place and consequently quite eerie. I realised then that the movement and sounds of animals is integral to a joyful garden. This particular garden was entirely planted to conifers and this did not provide much encouragement to animals which is not at all surprising knowing that conifers are an ancient lineage that evolved long before land animals. A bit of colour and movement feeds the senses.

# HERE & THERE

Many Happy Returns to all December birthday people including Raymond Jamieson, Megan Downey, Nerida Reed, Dennis Reed, Alma Reed. Heather Jones, David Jones.



We keep hearing praise for our Heritage Sports day, with people saying it was a fun day out for young and old. We have purchased all the equipment needed for a repeat performance next year and plan to have a review shortly and discuss plans for next year.

The Delegate River Tavern has opened with good numbers turning up for dinner on week-ends. Owners Megan and Michael Downey intend to only open on week-ends at present and only in the summer months. A couple of cabins are ready for occupancy.

Four representatives of the Delegate Progress Association attended the Bombala Chamber of Commerce inaugural dinner at Club Bombala on Wednesday November. A big crowd was in attendance including local member and Deputy Premier of NSW John Barilaro and Labour Candidate for the seat of Monaro, Bryce Wilson. President of the

Chamber, Zoe Joseph spoke of the \$250,000 grant from the NSW Government for both Bombala and Delegate. \$100,000 of this money is for local businesses to spend on improving their facades.

We congratulate the dedicated nurses from Delegate and Bombala Hospitals who through their untiring efforts got over 1000 signatures on the petition which they presented to our local State Member and Deputy State Premier John Barilaro. They were pleased with the reception they received and we thoroughly endorse their push to get better health services for our area.

Some past and present locals met up recently at the Gundagai Snake Gully Cup. Neil Armstrong now a Gundagai local, met up with some old school friends. Garry and Michele Ingram were there with daughter Brooke and her husband Steve, who had an interest in one of horses racing on the day. Ken Callaghan, now retired, horse trainer was also present as was Scrub Crotty who was visiting daughter Vicki and husband Gerald O'Hehir. A regular old home day.

Whilst the rain was very welcome, organisers of Bombala's market day were forced to move the event from riverside to the Show pavilion. Although the number of stalls were down, it still turned out to be an enjoyable event. Following some good falls of rain the district is looking

great after a dry start to spring.

Delegate's streetscape is on track with the completion of the School of Arts Plaza. Projects on the agenda include local store access, trees in main street, parking area near memorial park and fixing of associated drainage. The drainage in front of Delcott's building will present the biggest problem.

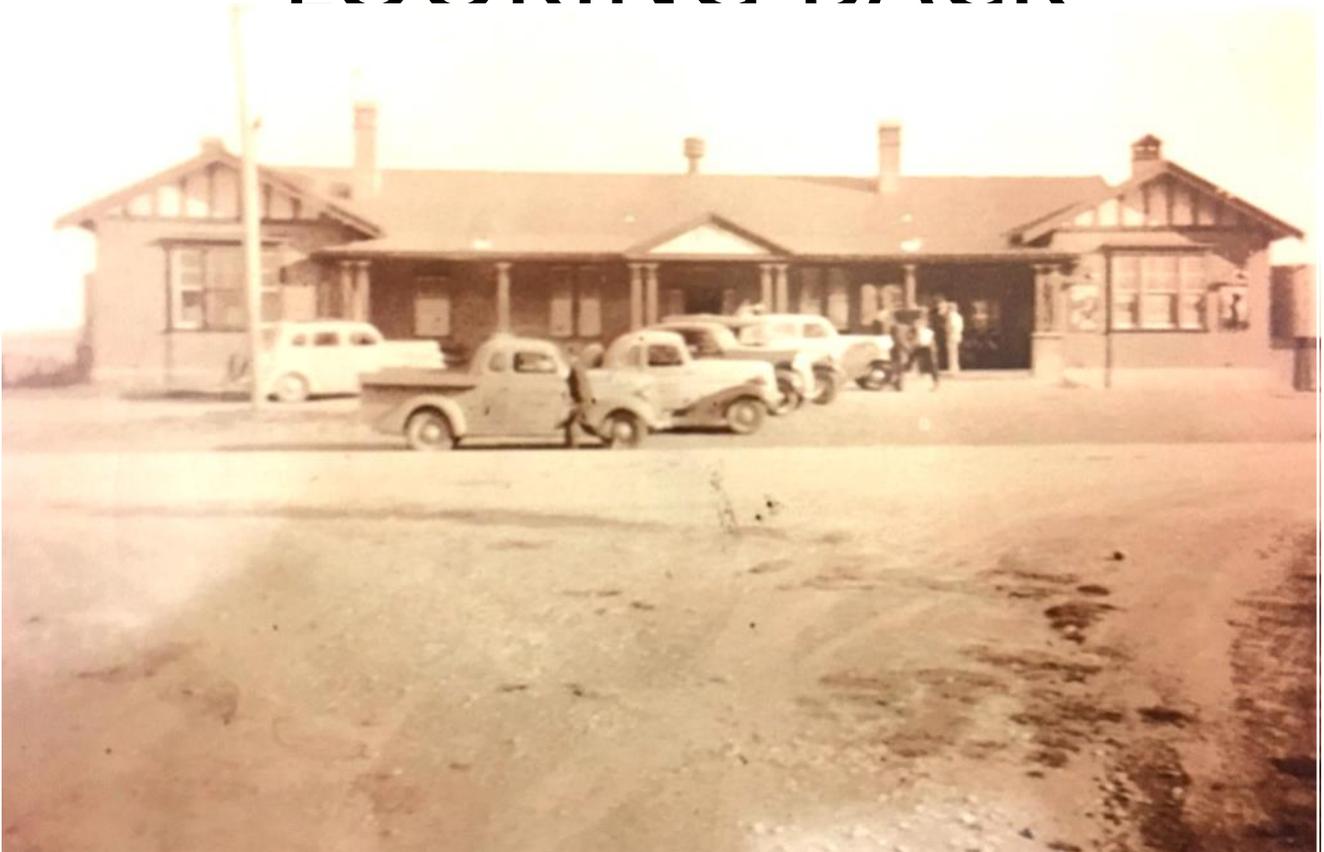
We couldn't help but notice the number of signs between the Delegate River bridge and the Tavern, a distance of 100 or so yards. We counted 14 or a 15. They seem to have to have multiplied. It is a shame that the Cairn marking the Border is partly covered with long grass. It is also annoying that someone saw fit to remove the brass plaque from it.

It is 20 years since the old hospital closed and moved to the present site. On Monday the 17th Staff have invited the community to a morning tea between 10 and 11am.

Pip Giovanelli, the Council Heritage adviser recently spent a day in Delegate, meeting with residents of the main street which has been declared Heritage. He was able to explain the concept of Heritage listing and address any concerns.

The number of timber trucks through town has increased substantially of late, particularly coming from the Lower Bendoc area. Probably stockpiling before the Xmas break.

# LOOKING BACK



Above: An old photo of the Delegate Hotel—circa 1950's by the look of the cars. As you can see, there was no garden out the front and cars are parked right up to the verandah.

## THE BOMBALA SCHOOL BAND

The Bombala School Band pictured below created great interest when it was formed and attracted many aspiring musicians from schools throughout the district, and experienced many successful years until eventually it lapsed though lack of numbers. Formed in 1983 and directed by John Judge the band travelled to perform at many different venues, including the 1988 Expo in Brisbane, the National Festival in Canberra, the Melbourne Festival. It was 30 years ago that the band performed the world premiere of the musical composition “High Country” at the Bombala Gardens by the river. This event was commemorated by Penny and John Judge at the Bombala Market Day.



# Community Information

**EMERGENCY / AMBULANCE: 000**

**FIRE: 000**

**POLICE**

**Delegate: 6458 8044**

**Bombala : 64583444**

**Cooma: 6452 0099**

**Bendoc: 6458 1523**

**HOSPITAL: 6459 8000**

**DOCTOR: 64951369**

**CHURCHES**

**Catholic:** Father Mick McAndrew 64522062  
Sister Teresa Keane: 6458 3045  
**Services:** Delegate Saturday 6:00pm  
Liturgy of the word and Holy Communion  
Bombala Sunday 9:00am  
Liturgy of the word and Holy Communion

**Anglican:** Rev. Robert Lindeck 6241557 Mob.  
0408531544  
Rev Judy Holdsworth—64583513  
**Services:** 11am every Sunday..

**COMMUNITY HEALTH (3 days per week)**

Generalist Community Nurse –Monday, Thursday, Friday

Wellness Clinic—Monday , Tuesday, Thursday and Friday 1pm to 2pm

Pathology—Wednesdays 0930-1-3– hours

Immunisation Clinic—Fourth Thursday from 1100hours.

Podiatry Clinic

**Victorian Visits Tuesdays**

**Call MPS 64598000**

**Healthdirect and GP helpline 1800022222**

**MONARO FAMILY SUPPORT SERVICE**

Bombala Office: 6458 4888

open Tues to Thurs - 9:00am to 5:00pm

**COUNCIL CHAMBERS: 6458 3555**

**DELEGATE PRE-SCHOOL: 6458 8196**

**DELEGATE PUBLIC SCHOOL: 6458 8183**

**DELEGATE PROGRESS ASSOCIATION**

RTCT Centre - 6458 8388— dpaoffice@bigpond.com

**Newspaper: delegateprogress@exemail.com.au**

**NRMA/RACV: Jack Stewart: 64588047**

**TUBBUT ACCESS CENTRE: 6458 0295**

**DELEGATE CARAVAN PARK: 64584047**

**Delegate Progress Association Inc.**  
**66A Bombala Street**  
**DELEGATE NSW 2633**  
**PH 6458 8388 Fax 64588 374**  
**E-mail dpaoffice@bigpond.com**  
**delegateprogress@exemail.com.au**  
**(for paper)**

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<b>\$5 cash—\$7.50 a/c</b>	<b>Issue</b>	<b>Issues</b>	<b>Issues</b>
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<b>1/2 Page</b>	<b>\$35.00</b>	<b>\$175.00</b>	<b>\$315.00</b>
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**DELEGATE CEMETERY  
PLACE OF HISTORICAL SIGNIFICANCE  
BOTH CULTURALLY AND NATURALLY**

Wild flowers as seen by our forebearer's currently blooming!



*Bulbine bulbosa*  
Bulbine Lily



*Pimelea Linifolia*  
Slender Rice Flower



*Podolepis heiracioides*  
Tall Copper Wire daisy



*Craspedia variabilis*  
Billy Buttons



*Ranunculus lapaceus*  
Australian Buttercup



*Veronica suptilis*  
Speedwell



*Brachyscome sp*  
Daisy



*Stackhousia monogyna*  
Creamy Candles



*Pultenaea subspicata*  
Low Bush Pea