Bundian Way Book Launch Success

A large enthusiastic audience attended the launch of John Blay's book *On Track: Searching out the Bundian Way* on Saturday 22nd August in the Delegate School of Arts.

Speakers shared stories about the genesis of this book, but also expressed concern about a lack of certainty about funding for this unique project.

The official launch began with BJ Cruse from Eden Local Aboriginal Land Council giving the Welcome to Country and giving an explanation of what a Welcome to Country means. He then shared some of the stories of this ancient pathway. He thanked John Blay for his commitment to the establishing of the Bundian Way as a heritage trail.

Bombala Mayor Bob Stewart re-iterated his support for this significant project citing the benefits to be accrued to this region.

A representative from Peter Hendy's office gave Dr Hendy's apologies and assurances about his support for the project and congratulations on the launch of the book.

Professor Mark McKenna then officially launched the book. He spoke of John's dedication to this project after "a lifetime's reading, talking and walking...." He described the book as an illumination of our entire region through the Bundian Way.

John Blay addressed the crowd, thanking them for their interest and describing how the project is progressing. He explained how various parts of the track will be open soon but that a major obstacle to progress is a lack of resources particularly from the State Government.

In closing Ian Sellers on behalf of the DPA thanked John and invited people to visit the current exhibition at the Bundian Gallery.

Copies of the book are on sale at the RTC Delegate.
September Art Escape to Start the Spring.

Creative types will be pleased to know that the next Art Escape weekend promises challenge along with some fun.

Lesley Smith has found some beautiful resources for a paper craft workshop on Saturday the 19th but participants could choose to take the scrapbooking option. The workshops will be run together at the Delegate Arts Centre and we hope to attract some of the experienced paper crafters from around the local area to share what's new. Call the Visitor Information Centre on 6458 4622 to book a place and find out what you might bring.

On Sunday Sally-Ann Thompson will help you find out how to get the most from your camera. Learn how to capture images that are appropriate for a range of digital presentations. Bring your camera and its instruction manual and start making better photographs.

$10 for paper craft or $5 for the photography workshop includes morning tea. Bring your own lunch or join in at the Delegate Café. Why not stay overnight and do both workshops? Call for accommodation options.

Contact: Peter Mitchell
Platypus Country Visitor Information Centre
Phone 02 6458 4622
Fax 02 6458 4735
tourism@bombala.nsw.gov.au
The death occurred at the Bombala hospital on Sunday the 30th of August of a well known lifelong resident of Delegate, Mr Jack Stewart aged 82 (Stewarts Garage). Jack had fought a long illness with cancer. His funeral service took place at Joseph’s Church on the 4th of September followed by internment at the Delegate cemetery. Jack who came from a family of 5 (Edna, Kitty, Jack, Madge and Roma) is survived by his wife Enid and children John, Julie, Susan, Janelle, Karen, Peter and Ann-Mare, son and daughter in laws, 15 grand children and 2 great grand children.

Sincere Thanks
Enid Stewart and family would like to thank the wonderful relatives and friends of the Delegate community for their beautiful flowers, cakes and food. Your kindness and generosity is touching to the family.

THANK YOU
ALEX REED WOULD LIKE TO THANK THE DELEGATE COMMUNITY FOR THEIR SUPPORT WITH HER SWEET STALL AT THE DELEGATE MARKET DAY ON AUGUST 29TH, 2015.
ALEX HAD A TERRIFIC DAY IN FUNDRAISING $526.15 OF WHICH WILL BE DONATED TO THE RSPCA.
ALEX WOULD LIKE TO THANK THOSE THAT DONATED CAKES AND SWEETS FOR HER STALL MAKING THE DAY POSSIBLE.
THE CAKES AND SWEETS THAT WERE LEFT OVER FROM HER STALL, ALEX DONATED TO THE DELEGATE HOSPITAL.
WEATHER DIDN’T DETER FROM THE MARKET DAY SUCCESS
Su King

What a fabulous day out at the Delegate End of Winter Market Day, Mother Nature definitely helped out with a morning of sunshine, the first bit of sunshine we had had all week. There were moments of rain that swirled around but seemed to hold off until the event was over. For those that braved the slippery, wet roads to travel to Delegate it was worth the day out.

With 30 stalls inside and out of the hall, there was plenty to see, many a bargain to be had. Those that held fundraising stalls also had fantastic success. With two Relay for Life stalls they had a busy weekend.

Even the younger generation showed their potential with Alex Reed having her first ever stall for the fundraising effort of the RSPCA with her sweet stall, she has made her supporters very proud. Alex would also like to thank those that helped with making sweets and cakes for her stall that helped make it such a success. Callan Jamieson also got busy with a trailer load of sheep manure ready for the garden, along with some strawberry and rhubarb plants. It was great to see them having a go at business. Well done kids!

Due to the weekly bad weather we did have 6 stalls pull out, but the day still had variety happening both inside and out. There were many stalls with hand-made goods this year, from jewellery to tie dye, children’s and baby wear, soaps, hand-made cards, garden sculptures and picture frames and woollen garments.

The food stalls offered delicious snacks with BBQ, sweets, sandwiches, tea and coffee and the Coffee Van. Bombala Butchery had hot food to go.

Thank you to some of the local Bombala business houses for their support in visiting Delegate, such as Anne from Monaro Native Tree Nursery and Alisha from R’N’R Massage, this brought some opportunities to the locals who may not normally have visited these businesses.

So with over 30 stalls and over 250 people, the event will go ahead again next year. We have proven that weather is no deterrent; the All Weather Market certainly works. See you then.
Delegate Café
64 Bombala St Delegate
DINE IN - TAKE AWAY
OPEN 7 DAYS
Fruit & Veg - Groceries
DVD Hire - Eftpos
Tel (02) 6458 8171
Pizza available most Friday & Saturday Nights
ELGAS Distributor
Pickup Only (Sorry no Delivery)

DELEGATE HOTEL
Your host: Graeme Payten
Accommodation
Counter Lunches
Sky Channel & Pub Tab,
ATM and Eftpos
Ph: 6458 8091

TALBOT TRANSPORT
LIVESTOCK & GENERAL
1 Hensleigh Street, DELEGATE 2633
Mobile: 0418 516 076
Phone: (02) 6458 8085
Fax: (02) 6458 8055
Magikal, Mystery-ous Meetings
Su King

So the start of these meetings has been successful and makes us believe that we need these meetings where we can learn more and gain more knowledge. Each month will be a different topic and anyone can come along. The meetings are held at the Delegate Public School, unless otherwise specified. Each of meeting will be held on the second Sunday of the month, again unless otherwise specified.

Having said that, next month will be a little different. To be held at the Delegate Public School on Saturday 5th September. From 1 – 3, cost is $5. Our special guest will be Monique Ingram to give us some tips on healthy eating, diets, fads and nutrition in general. A fabulous opportunity to learn more and ask questions.

Monique is Delegate girl who has studied as a fully qualified nutritionist. Monique works in the local health system, and also along with her partner Paul at Bombala Raw Fitness Centre, is in the process of starting up her own business. She has a wealth of knowledge and would love to help you start you on your way to a healthier new you for spring.

If you are interested in the September meeting please contact Su King on 6458 8315 for further inquiries or to book in.

October will be a little different also with workshop being held in the Delegate School of Arts Hall so that we can hold a Mini Market. On Sunday October 11th from 1 – 4 you will be able to discover the Mini Market, this will be a free entry event. At this Mini Market we will hopefully have stalls for food, flowers, herbs, bulbs, local creative people and some local party planners. It is a great opportunity to make some contacts and buy local produce for your garden or your kitchen ready for the summer growing season. Also on the day Anthony Gilbert will be doing a presentation on preserving, so if you are looking for ideas on how to keep your fruits and vegetables this will be a great opportunity for you. This market is about home grown or home made products only.

If you would like a stall at this market please contact Su King on the above mentioned number. If you have fresh eggs, plants to sell, left over produce from gardens or fruit trees then this is the market for you. We are hoping this will become a regular thing over the summer months to create an opportunity to get locally grown fresh produce in the district. It may start off a little slowly but as the summer months move along we are sure it will get busier. Hope to see you there.

For November we will also hold another Mini Market with a difference on Sunday November 8th we will have a pre-Christmas market where you will be able to do some early shopping and/or ordering to be organised. Lesley Gilbert will be on hand to demonstrate some fabulous wrapping techniques also. See you at one of our Magikal, Mystery-ous Meetings. You never know what you might find.
LifeCycle for the Leukaemia Foundation

Bombala Delegate ride 22nd October

Launched in 2012 this annual event has grown from its inaugural Canberra cycling festival to a 10 day cycling tour of southern NSW including Delegate, Bombala, Yass, Crookwell, Gunning, Goulburn, Braidwood, Moruya, Batemans bay, Bega, Pambula, Cooma and Queanbeyan.

Life cycle is a non-profit cycling-based charity initiative, which aims to increase awareness and raise money for the Leukaemia Foundation’s services, for leukaemia, lymphoma, myeloma and related blood disorders.

In 2015 the Lifecycle regional ride is a joint initiative of the Leukaemia foundation and Snowy Hydro Southcare, combining resources to benefit each others networks.

The Lifecycle Regional Ride 2015 covers 1000 kilometres over 10 days between the 15th and 24th of October. A core group of riders hope to be joined by local riders in each town. With receptions to be held in each town to promote maximum community engagement.
Borderliners A SHOW! is… in the pipeline

A group of people met in Delegate last Saturday to discuss the idea of producing a show in the border towns. The general consensus was YES! But not till after Easter next year.

Deb Foskey, who convened the meeting, said,

“Delegate is up to its eyeballs in plans for the Men from Snowy River March re-enactment in November and a follow-up event in January. Many of the people who would be in a show are tied up in planning for these events. And then there is the show season. We decided to save ourselves some stress and not begin rehearsing and preparing in earnest until after Easter. Meanwhile, we are gathering stories to dramatise for the show. We would also like to hear from people who want to be involved as actors, costume designers, producers and all the other jobs involved in a production.”

“Great news is that Tim Judge, who runs theatre workshops, has offered to come to Delegate in February and run an improvisation workshop for everyone who wants to put a toe in the water of acting. We also look forward to some advice from Footprint Theatre’s Lis Shelley.”

“We will be applying for some funds for a portable lighting and sound system that can travel with the shows, and some funds for publicity etc. But our production will go ahead whether or not our grant applications are successful. We’ve called ourselves the Borderliners and we are open to everyone who wants to join us and have fun.

Tubbut Neighbourhood House Working with wool

A two day workshop at Bonang Hall
Tuesday September 22nd and 23rd 10—4

Heather & Margie Stuart will take you through the steps of:
Carding wool
Spinning, spindle and wheel
Embroidery
Knitting & crochet
Simple felting

Jenny Romano will be teaching needle felting with a focus on owls

Tutors will provide activities for children and Little Green Frog will provide childcare on Tuesday. Bring your lunch, tea and coffee provided.
Cost $40/day. Come for one day or come for two. Bookings essential, ring TNH on 0264580295 or email tubbutnh@iinet.net.au

Page 8
Delegate Multi Purpose Service

Wellness Clinic is held at the MPS, in Craigie Street Delegate. People come to the clinic for procedures and assessment by nursing staff.

The clinic is open

- Mon 9am -10.30am
- Tues 9am – 10am
- Thur 9am – 10.30am
- Fri 9am – 10am

Every week except public holidays. No Appointments necessary.

A variety of procedures are available.

- Wound care
- Blood pressure readings
- Blood sugar readings
- Non-urgent ECG’s
- Suture or clip removal
- Injections – with Dr’s written order
- Other procedures that do not require a Dr.

Pathology clinic

Wednesday 9.30am – 10.30 am. No appointment necessary. Closed public holidays.

Other Services

Women’s Health Nurse

3rd Wed of the month

Dietician and Diabetes Educator

2nd Thur of the month

Immunisations – 4th Fri of the month

Podiatry – for HACC clients – monthly

Ring the MPS for appointments for the dietician, diabetes, immunisation, podiatry and women’s health 6459 8000

Child and Family Health – visits Delegate MPS on a regular basis ring Kirsty on 6458 5777 for an appointment.

MASSAGE THERAPIST

SALLY MILES

IN BOMBALA on

THURSDAYS from

8.30am - 8.30 pm. AAMT reg.10752.

Enjoy a deep release of your discomfort or pain & regain your full range of motion.

The treatments assist or remedy;

- Over-use of muscle soreness
- Postural discomfort
- Sporting injuries
- General stress or Depression
- Skeletal conditions affecting muscles
- Tension or sinus headaches/migraines
- Constipation
- Arthritic pain & Inflammation
- Low energy levels and more...

Phone Sally for an appointment

0448 837 650.
School Production

Pirates versus Mermaids

Delegate School of Arts
Matinee 1pm Wednesday 16th September
Evening 6:45pm Thursday 17th September

Full steam ahead for ‘Pirates versus Mermaids’ with posters being displayed around town, props being built and rehearsals at the School of Arts commencing.

Students and teacher have been hard at work in preparation and parents are volunteering some time to paint (by numbers) some of the scene change backgrounds.
THE MEN FROM SNOWY RIVER
MARCH RE-ENACTMENT THE
COUNTDOWN BEGINS

Penelope Judge

If you have not already registered to march in this
once in a lifetime event you have until the 30th
September to do so.

There are only 64 days to the send-off and things
are getting very, very busy.

If you don't wish to march but do want to participate
there are many things you can do in Delegate to
make this event a real success.

1. Offer to assist with the celebrations on the
day.
2. Help with providing food for the launch in
the Delegate School of Arts
3. Make decorations for the School of Arts and
the Main Street
4. Decorate the School of Arts
5. Donate to the march to help cater for the
marchers and support crew along the way.
You can give directly to the DPA at the of-
office or you can go to our crowd funder on
Facebook. Use this link; https://chuffed.org/
project/men-from-snowy-river
6. Dress up on the day and really get into the
spirit of the occasion

You can march on the day in several ways; from
the Snowy River Monument to the School of Arts,
from the School of Arts to the Craigie turn-off, from
the School of Arts to Craigie (11km)

If you want to be involved further in the march
please contact us and let us know your intentions.
We must have firm numbers for catering purposes.

At present we are not permitted to march on roads
with white lines so we will have an accompanying
bus all the way to Goulburn. Our itinerary is as fol-

sows:-

**Sunday 1st November** leave Delegate 2pm.
March to Craigie Hall. Camp overnight.

**Monday 2nd November** leave Craigie. March to
Mila. Bus to Bombala. Camp overnight at show-
ground.

**Tuesday 3rd November** various events in Bom-
ba. camp overnight at showground.

**Wednesday 4th November** leave Bombala by bus,
breakfast at Bibbenluke, bus to Old Bombala Road.
March to Nimmitabel arrive 4pm, ceremonies, camp
overnight at showground.

**Thursday 5th November** bus to Cooma. Cele-
brations in Cooma, formal dinner at Cooma RSL,
camp at Cooma Showground.

**Friday 6th November** bus to Dromore turnoff.
March to Dromore homestead, morning tea,
march to Billilingra, lunch, march to Bredbo,
ceremony Bredbo. Camp overnight

**Saturday 7th November** bus to Colinton, break-
fast Colinton Fire shed, bus to Ryrie hill turn-off.
March to Michelago. lunch and ceremony Miche-
lago. March to Burra. Bus to Queanbeyan. For-
mal dinner Queanbeyan, camp Queanbeyan
public school.

**Sunday 8th November** Ceremony at Quean-
beyan show. Camp Queanbeyan Public school

**Monday 9th November** bus to Bungendore,
ceremony, bus to Tarago ceremony March to
Lake Bathurst. Bus to Goulburn. camp overnight

**Tuesday 10th November** Ceremonies Goul-
burn. Camp overnight.

**Wednesday 11th November** Train to Sydney,
ceremonies for Remembrance Day, train back to
Goulburn, camp overnight, disperse or bus back to
Delegate.

As you can see this is an amazing experience.
The commitment of the marchers and support
crew will be very high, a fitting tribute to the men
who left our little village in 1916 and marched to
Goulburn - they did not have the option of a bus!

Any help is welcome at this point. There will be
considerable media coverage so we need to put
on a typical excellent Delegate show.

We need an enthusiastic media savvy person to
help with recording the march in interviews and
on film We would like to make a DVD which
could be distributed to networks afterwards and
could be sold as a memento of this unique event.
Contact us if you would like to volunteer as our
"media wrangler"

Watch this space for final updates in the October
edition of Delegate Doings

To offer assistance in any way please contact
us at the Delegate RTC in person or phone
64588388 or email dpaoffice@bigpond.com or
message us on Facebook. Our Facebook ad-
dress is Delegate Progress Association and
our web address is
www.themenfromsnowyriver.com.au
# A CALL TO DESCENDANTS OF THE MFSR MEN
## OUR MARCH NEEDS YOU!

We would like to have a contingent of descendants at the send-off celebrations in Delegate on the 1st November. We have heard from members of the Campbell family and some of them will be marching the whole way. We would love to hear from the other families. Here is a list of the men who marched from Delegate and Craigie to refresh your memory....

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<tr>
<td><strong>Clarke, Richard</strong></td>
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<td><strong>William</strong></td>
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<td><strong>Enlisted 24.01.1916</strong></td>
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<td><strong>55th Battalion</strong></td>
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<td><strong>4th Reinforcements</strong></td>
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<tr>
<td><strong>RTA 16.01.1919</strong></td>
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<tr>
<td><strong>Son of James and Elizabeth Hayden</strong></td>
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<td><strong>Kavanagh, T. P.</strong></td>
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<td>Possibly rejected medically, no other details known</td>
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<table>
<thead>
<tr>
<th><strong>Starting out in Delegate Jan 6-1916</strong></th>
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<tr>
<td><strong>Clarke, Richard William</strong></td>
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<td><strong>Enlisted 24.01.1916</strong></td>
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<td><strong>55th Battalion</strong></td>
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<tr>
<td><strong>4th Reinforcements</strong></td>
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<td><strong>RTA 16.01.1919</strong></td>
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<tr>
<td><strong>Hayden, John Arthur (Jack)</strong></td>
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<td><strong>Enlisted 06.01.1916</strong></td>
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<td><strong>55th Battalion</strong></td>
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<td><strong>4th Reinforcements</strong></td>
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<td><strong>RTA 09.10.1917</strong></td>
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<td><strong>Kavanagh, T. P.</strong></td>
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<tr>
<th><strong>Craigie</strong></th>
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<tr>
<td><strong>Smith, Thomas</strong></td>
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<td><strong>Enlisted 16.01.1916</strong></td>
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<tr>
<td><strong>55th Battalion</strong></td>
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<td><strong>4th Reinforcements</strong></td>
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<tr>
<td><strong>RTA</strong></td>
</tr>
<tr>
<td><strong>Son of John Smith and Ellen nee Scott</strong></td>
</tr>
<tr>
<td><strong>Married 05.03.1920 Violet May Morris (English War Bride?)</strong></td>
</tr>
<tr>
<td><strong>Died 07.01.1973, Delegate</strong></td>
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</table>

| **Rankin, Hugh Alexander (Hughie)** |
| **Enlisted 06.01.1916** |
| **55th Battalion** |
| **4th Reinforcements** |
| **RTA 31.12.1915** |
| **Miner, Bendoc, Victoria** |
| **Son of William Arthur Mustard and Sarah Ann nee Ashman** |

| **Pope, Josiah Thomas** |
| **Enlisted 31.12.1915** |
| **55th Battalion** |
| **4th Reinforcements** |
| **RTA** |
| **The sweats faced cook for the Snowy River Boys.** |
LOOKING BACK
Birthdays for September are Bronwyn Wright, Kassie Cotterill, Todd Cuschieri, Archie Schofield, Aden Cotterill.

Aden Cotterill, son of Allan and Teena Cotterill, grandson of Gloria, will be celebrating his 21st, in Canberra, this weekend. Happy Birthday, Aden and Best Wishes for the future, Aden is studying at the ANU, Canberra.

Welcome home Natalie!

The Uniting Church Wood
Raffle
was won by Wendy Bruce.

Pen Friends for 65 years

I came across a newspaper article that had been sent to me by my penfriend, Elizabeth, back in 2011. The subject of the article was how long she and I had been “Penpals”. We had been writing since our early High School days, (Barry Island Wales), in the 1950’s— then a period of 61 years.

Well we are still writing to each other and the length of time we have been corresponding will have been 65 years in September, this year—is that some sort of record? I don’t know, but Elizabeth is like a far off sister to me. When my family was growing there was always a birthday card from “Auntie Elizabeth” for each birthday as it came along, always arriving the day before or on the day. I’m sure my return cards to her children were never so precise.

I visited Elizabeth twice at her home in England and it was lovely to catch up with her, her late husband David and their family as old friends. In our letters we share news of our families, our gardens, the weather—each having weathered the joys, trials and sadness life throws at you over the years but it always raises my spirits to see that distinctive stamp and familiar handwriting on yet another letter in my mailbox, from my dear penfriend, Elizabeth, even after all these years.

Gloria Cotterill

The Uniting Church Wood
Raffle
was won by Wendy Bruce.

Tuesday Club

The August meeting for the Tuesday Club, was held at the Delegate Cafe, where ten members gathered to discuss the next 6 months calendar of activities. We have been fortunate to be able conduct our meetings at the Cafe during the cold, blustery Delegate winter and we thank Ulland and staff for their hospitality. We also wish to thank the Contact Group and Carers Group from Bombala, for their hospitality for inviting us to share their Christmas in July celebrations. The traditional Christmas lunch was catered for by the chef from the RSL and three local ladies were selling make up, jewellery and gift cards.

There was also a guest speaker from The Monaro Committee for Cancer Research (MCCR) explaining how the funds raised have been spent in the local area and available to any one in need. We all enjoyed our day and wish to thank all those who organized the funding for our lunch and transport. A special thank you to Philomena.

Our next meeting will be Sept 8th, again at the Cafe and we will be playing board games such as Celebrity Heads and others or just come along for a cuppa and chat. In October, Chris Page will once again demonstrate the tricky steps of line dancing and some more sedate moves for the older members.

More of our forthcoming activities in the next few months.

A special Get Well to Nat Armstrong, who has had a tough few months and we hope she is soon home.

One of our members has recently returned from a trip to Canada and another is presently in the UK on a once in a lifetime trip, we are looking forward to a couple of afternoons of armchair travel and plenty of photos from these shutterbugs. We have recently lost one of older members Mrs Jean Manning and she will be sadly missed, sincere sympathy is extended to all her family.

Gloria Cotterill
Community Information

**Community Health (3 days per week)**

Generalist Community Nurse – Monday, Thursday, Friday
Wellness Clinic—Monday and Thursday 0900-10.30
Tuesday and Friday 9.00—10.00
Pathology—Wednesdays 0930-1-3—hours
Immunisation Clinic—Fourth Thursday from 1100hours.
Podiatry Clinic
Victorian Visits Tuesdays
Call MPS 64590000

**Healthdirect** and GP helpline 1800022222

**MONARO FAMILY SUPPORT SERVICE**
Bomaba Office: 6458 4888
open Tues to Thurs - 9:00am to 5:00pm

**COUNCIL CHAMBERS:** 6458 3555

**DELEGATE PRE-SCHOOL:** 6458 8196

**DELEGATE PUBLIC SCHOOL:** 6458 8183

**DELEGATE PROGRESS ASSOCIATION**
RTCT Centre – 64588388— dpaooffice@bigpond.com
Newspaper: delegateprogress@exemail.com.au

**NRMA/RACV:** Jack Stewart: 64588047
**TUBBUT ACCESS CENTRE:** 6458 0295
**DELEGATE CARAVAN PARK:** 64584047

Delegate Progress Association Inc.
66A Bombala Street
DELEGATE NSW 2633
PH 6458 8388 Fax 64588 374
E-mail dpaoffice@bigpond.com
delegateprogress@exemail.com.au
(for paper)

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‘Delegate Doings’ Subscription:
$32.00 by post ($50.00 overseas)
Email $14.20.

Cash or Cheque payable to
The Delegate Progress Association Inc

Amount $_____________________

Name

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Address or email:

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BEARDED IRIS, MULCH
Susan Tocchini

There are many types of iris but the most popular is the Bearded iris that as a Spring staple follow daffodils in the colour display. Bearded iris have been extensively hybridised and this has greatly increased flower size and colour range. However the older (vintage) varieties have more subtle colours, often show interesting ‘stitching’ on the falls and are perfumed. Breeders have sacrificed perfume for vibrant colours and this also happened in the early days of rose breeding. There are now three distinct size groups (dwarf, median and tall) as well as many varieties that repeat bloom 3-4 times over the Summer and Autumn. I was given a tall pink one that carried new flower spikes when the frost hit.

Bearded iris really suit our climate because they all need winter frost to initiate flowers. In fact the dwarf cultivars will only bloom if they have experienced two months of cold and do not bloom in Sydney or Melbourne. Dwarf bearded iris are a good choice for the front of the bed growing a flower spike height of only 20-30cms and they flower a couple of weeks earlier than the others. Median iris are a cross between the tall and dwarf. They have robust stocky foliage with a dense flower spike and a good choice for windy spots as they are less likely to be blown over.

Keeping the plants hot and dry avoids the two fungal diseases that can occur. Iris do particularly well if they receive reflected heat from paving or a stone mulch as exposure to heat thickens the waxy coating on the leaves (the grey bloom) and the sun baking keeps their rhizomes tough. It is essential that the rhizomes lie on top of the soil and do not get covered by mulch or creeping plants. Fungal spot on the leaves is the most common disease problem – it doesn’t kill the plant but it makes them look untidy. Sun thickens the waxy coating on the leaves (the grey bloom) increasing resistance. Just like lavender bearded iris prefer alkaline conditions. When the soil is well limed the cell walls are strengthened further increasing their resistance to fungal problems. Iris succumb to leaf spot especially when grown in the shade or when clumps become too crowded which also encourages slug and snail attack.

To keep clumps vigorous it is a good idea to thin them at least every 3 years by removing any congested rhizomes. The next year’s flowers are always carried on new growth formed as small side shoots on the older rhizomes. These side shoots develop their own roots at an early stage and can be easily detached for replanting.

A quick word about mulch in the overall garden. Mulch provides a physical layer over the soil that affects both the soil temperature and water loss and penetration. Generally the use of mulch has greatest application in warm climates because reducing water loss and keeping soil cool in summer is the clear priority. In cold climates such as ours, strategies to encourage maximum growth are more complex and revolve around keeping soil as warm as possible for as long as possible.

It is tempting to mulch in early spring to suppress weed germination but this comes at the cost of a significant delay in soil warming. Sun falling on bare dark earth is the most effective way to warm the soil and this warming is the trigger for strong root growth. The timing of the successful planting of favourite summer crops is dictated by the increased warmth in the soil. In our climate, the earlier planting can occur, the better chance we have of successfully completing the season. Remember that early planting into cold wet soil will cause plants to sit at a standstill, losing vigour and often to succumb to disease. As I write the soil temperature is still just 2°C, a long way from 20°C required for our favourite summer plants like tomatoes. Mulch not only retains moisture in the soil below it but also in its own substance. A heavy mulch can increase fungal problems. When and how to mulch requires judicious assessment about exactly what you are trying to achieve and the precise plants and circumstances in...