

June 2012

Delegate Doings



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incl. GST

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BUNDIAN WAY 'BRANDING' WORKSHOP

Four members of the Delegate Progress Association attended a very interesting workshop at Jigamy Farm Meeting Place near Eden on Tuesday 24th April.

The workshop was organised by John Blay and the National Parks and Wildlife with the aim of developing a 'brand' for the Bundian Way project.

A 'brand' is not necessarily a commercial idea but is useful to identify the essence of a project, service or product, which any group wants to promote. A 'brand' should be something instantly recognisable eg "Do the right thing" for the anti-littering campaign or Coke's "the real thing". The Bundian Way as a tourist destination was the product for which the group was tasked to suggest a 'brand'.

Public Relations consultants from National Parks and Wildlife, Wendy and Charlotte were the facilitators for the workshop. They led a very diverse group of people, all with an interest in the Bundian Way, through the process of conceptualising what the Bundian Way means and how to identify the groups that this unique pathway is wishing to attract eg. Will it just be for the very fit, experienced walkers, or should the experience also be available to the not so mobile through a variety of touring options?

This large group included representatives from Sapphire Coast Tourism, Eden, Bombala and Jindabyne National Parks and Wildlife and the Far South Coast Indigenous branch of the Education Department. It also included local community members from Towamba, Burragate and Delegate and Elders from the Eden Lands Council.

From this group, capably guided by Charlotte, some inspiring ideas were developed and interesting strategies proposed.

The attendees finished the day with a far clearer idea of the task ahead and feeling very positive about this wonderful opportunity to bring together two very divergent cultures in promoting a common pathway from a shared past to a fascinating future.

Next Issue: 6th July

then: 3rd August

and: 7th September

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Dates for your Calendar

- 7th June Delegate Country Club AGM
- 9th June Once Bitten Delegate Pub
- 14th June Essentially Monaro Bombala Community Centre
- 19th June DPA meeting Delegate RTCT Centre
- 20th June Contact Group Delegate Country Club
- 6th July Chinese Dinner Delegate Country Club
-

BIRTHDAY QUOTES FOE JUNE

Inside every older person is a younger person wondering what the hell happened.

About the only thing that comes to us without effort is old age.

Last week the candle factory burned down, and everyone just stood around and sang "Happy Birthday".

LAUGHTER THE BEST MEDICINE

One afternoon a carpet layer had just finished installing carpet for a lady. He stepped out for a smoke, only to realize that he had lost his cigarettes in the middle of the room under the carpet was a bump. "No sense pulling up the entire floor for one pack of smokes" the carpet layer said to himself, so he got out his hammer and flattener the hump. As he was cleaning up the lady came in "Here" she said handing his pack of cigarettes. "I found them in the hallway. "Now" she said, "If only I could find my parakeet"

IN MEMORIUM

Richardson Y'vonne

15/6/2007

Always Remembered

Never forgotten

Always in our hearts.

David, Darren, Megan and families

DPA MEETING

19th June 2012

7pm

Delegate RTCT Centre

All Welcome

VOLUNTEERS LUNCHEON AT COUNTRY CLUB.

On Tuesday 15th May, Bombala Council volunteers enjoyed a pleasant morning at the Country Club with morning tea, followed by two very interesting guest speakers. Guests then sat down to a delicious roast meal, which was most welcome on a cold day, followed by sweets all cooked and served by Louise and Lana.

Carole Broadhead of the Loomgrowers South East NSW and her fellow committee member were most interesting speakers telling the history of their small but active organisation which since its inception has raised over \$90,000 helping women across the world in poor circumstances, often in ethnic minorities. Their first project was to provide looms for a group of women in rural China who were facing hardship. These looms enabled them to weave articles which they were able to sell and thus support their families. The art of weaving was passed on to the younger generation by the older women, and so a small industry was born. The South Coast group decided that to become official they would operate under the umbrella of the South Coast Growers Association. All other groups in that organisation were growing a variety of produce so to fit into the scheme of things they decided on the quirky name of "Loomgrowers"

After several years they were unable to continue in China because the reliable woman who had been their contact had moved away, but have continued on giving their support to women in different parts of the world..

At present they are supporting widows and orphans in Afghanistan through an inspirational Afghani woman called Mahboba, by raising funds to help these women sustain their families. In Afghanistan unless a widow is taken in by her family when her husband dies she is left without money or help in any way. With funds raised in Australia, Mahboba was able to realise her dream and build Hope House, a permanent community training home and centre on the outskirts of Kabul. A garden was started and fruit and shade trees planted in the grounds. The food grown helps feed children in a nearby orphanage. Small gifts such as the purchase of a cow or goat, a sewing machine, which seem small to us in the Western world, mean much to these women. Other projects such as the building of a hen house and supplying chickens have enabled an Afghani woman to start a small business and support her family. Mahboba lives in Australia but returns to Afghanistan often to continue her projects to help these women find financial independence.



Volunteer Award certificates were given to Rob Cash, Chris Stols, Gail Smallman, Sandra Walker, Natalie Armstrong and Sharon Buckman shown below with Councillor Diane Hampshire.



BLAST FROM THE PAST

We have received an article courtesy of Janice Lewis about the retirement of a former Delegate Doctor, Keith Beck. An old style dedicated GP, Dr. Beck has lead a busy and varied life in his chosen career.

Dr. Beck and his wife Shirlee came to Delegate in 1952 after seeing a newspaper ad for a GP in Delegate, on the NSW side of the Victorian border. "I accepted the job because there was nowhere else to go in those days" he says "It was a culture shock for sure. The tiny town of about 400 residents had no electricity, town water supply or sewerage system, and was often snow bound in winter. Shirley Beck was a registered nurse and the pair helped each other out when anaesthetics were needed, but often Dr. Beck was on his own, dealing with head trauma, obstetric difficulties and heart attacks. It was difficult to find a locum for the town and on one occasion Dr. Beck spent about a week consulting from his sick bed after he had contracted viral hepatitis.

Even with the hardships of his early days in rural practice, Dr. Beck soon found himself at home in the country. "It's a way of life I got used to," he says. "That's why when we moved, we said, why go back to Sydney? Let's stay in the bush, it's a good lifestyle."

After six years in Delegate, the Beck family moved to the larger town of Crookwell, where Dr. Beck could share the load with another doctor in town. In the mid 1960s, Dr. Beck recognised the need to attract young doctors to rural practice and, in an precursor to the modern GP training scheme encouraged young doctors to work in Crookwell for a time. "We supplied a furnished house, a surgery with a receptionist and offered them support and advice. Over a three year period we helped five young medicos"

Dr. Beck spent 13 years in Crookwell before moving to nearby Goulburn, where he joined a large practice of 12 GP's. The increasing availability of specialist services helped ease Dr. Beck's anaesthetic and obstetrics load, allowing him to spend more time on interests such as general practice management, and was an inaugural member of the Australian Association of Practice Management. He wrote a monthly column for the *Australian Doctor*. His interest in practice management led to invitations to present papers at international conferences.

Today Dr. Beck still seems chuffed to have had such opportunities. "There's no end to what a rural doctor can do," he says. When he retired to Wauchope in 1991, word soon got around that an experienced GP had moved into the doctor-starved region of NSW mid-north coast and the phone started ringing. More than 20 years on, Dr. Beck has worked in almost every practice in the area and has spent the past few years attending aged-care residents, providing seven-day, on-call cover. He was also a senior lecturer in aged care at the Port Macquarie campus of the University of NSW's medical school.

Even during his retirement years in Wauchope, Dr. Beck's passion for primary care, particularly aged care, hasn't abated. "The poor old nursing homes, they're begging for medical help. "There's such a weakness in the system," he says. His latest project is to lobby the University NSW Port Macquarie Campus to include a strand on aged care when it introduces full medical degrees from 2014.

Asked what advice he would give to a young doctor starting out, Dr. Beck says there's much to enjoy about general practice, but don't go it alone. "In solo practice, you're not allowed to be sick, you're not allowed to have a family life"

The Beck's granddaughter Dr. Trudi Beck who graduated from medical school last year is spending her intern year at Wagga Wagga Base Hospital, and plans to follow her grandfather into rural practice.

(A photo of Shirlee and Keith Beck appears on page 14 on the "Looking Back" page.)

Delegate Café

64 Bombala St Delegate

DINE IN - TAKE AWAY

OPEN 7 DAYS

**From 9:00am Weekdays -
10.30am Weekends and Public Holidays**

Fruit & Veg - Groceries

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Tel (02) 6458 8171

Pizza available most Friday & Saturday Nights

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DELEGATE HOTEL

Your host: Graeme Payten

**Accommodation
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**9th June—Music
“Once Bitten”**



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TALBOT TRANSPORT



LIVESTOCK & GENERAL

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DELEGATE FRUIT BARN

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43 Bombala St., Delegate.

Open 7 days

From 7.30am till 6pm week days

Saturday— 9am till 1pm

Sunday—9am till 3pm.

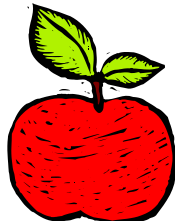
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LAUGHS ALONG THE WAY

A 60 year career in rural general practice doesn't come without a few comical moments and the following are some of Dr. Keith Beck's recollections.

A house call on a frosty morning in Delegate when he was called to help an overweight woman who had been stuck in a bucket. She had slipped on the icy ground while milking a cow and her backside had become vacuum-sealed in the metal milk bucket. Even with the help of "three or four big fellas", attempts to release the woman were unsuccessful. It took several hours and a handyman with a hammer and chisel to eventually free the woman.

While in Goulburn Dr Beck was called out to see a sick child at 2am. Heavy snowfalls meant Dr. Beck has to make his way through thick snow to reach the house and didn't make it back home after seeing the child. He curled up in his surgery to catch some sleep before the morning session, and his patients were surprised to see their GP consulting in his overalls and pyjamas.

Badewitz Jamieson Wedding



Tracey Smith, Sharon Hampshire, Amy Jamieson, Rhonda White, Guy Elton, Todd Jamieson, Murray Ferguson. The Bride and Groom Shirley and Tony Badewitz

LANDMARK

an AWB company

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MEMORIES OF DELEGATE'S OP SHOP

The local Opportunity shop is now firmly established in the grounds of St. Philips Church, however this popular business was once conducted in the Main street and the photo and article below appeared in the Delegate Doings when it first opened in 1996. They moved to the Church Hall on

1st of April 2003,
and the venture
was officially
opened on 15th.
June of that year.

Delegate's new Op Shop



THE old Delegate cafe, which has been empty for some time has taken on a new lease of life with racks and shelves full of clothes, and benches of assorted bric-a-brac.

The Anglican Womens' group who are running the shop on a voluntary basis three days per week have been well pleased with the response.



Joan Ingram, Audrey Armstrong and Jenny Wright were kept busy at the opening of the Opshop at Delegate as they served customer Vicki Murchison and children Samantha and Elijah

Contact Group at Delegate

The Contact Group travelled to Delegate on Wednesday 23 May for the first of the proposed monthly sessions to be held in Delegate at the Country Club. The guest speaker was John Judge.

John's presentation was outstanding. An excellent and expansive speaker, John outlined developments regarding the Bundian Way, including its history and the project's benefits for the community. He also spoke about the upcoming 100th anniversary of the Snowy River March. John's great knowledge and interest regarding this event and war time history created some fascinating discussion and reminiscing for those in attendance. The presentation finished with John delighting the group with a few lively tunes on his banjo. All agreed that the session had been informative and entertaining and look forward to another visit from John when Contact Group comes to Delegate.

Contact Group (formerly known as Day Care) meets every Wednesday at the Bombala Community Centre (9.30AM-2.00PM). Bombala Council Community Services has initiated a Contact Group meeting at Delegate once a month on a trial basis. The June Delegate session will be held on Wednesday 20 June with guest speaker Bronwyn Wright. Bronwyn's presentation will feature her grandmother, the famous artist Hilda Rix Nicholas. Sure to be of interest to many in the community, all are welcome to attend. The session will be held at the Delegate Country Club and will start at 10.00AM with morning tea, followed by the presentation. Lunch will be served at 12.00PM. Costs involved: \$2 Activity fee (includes presentation & morning tea). Lunch (optional) \$10.

Bookings are essential for catering purposes. RSVP required by Friday June 15. Call Bombala Council Community Services office – Phone 6458 4620. Please designate whether you will stay for lunch.



BIGGEST MORNING TEA AT DELEGATE MPS

The Biggest Morning Tea presented by staff and residents at Delegate MPS was a wonderful success. Although visitor numbers were down from last year, donations were accepted over the following days with a final tally of \$467 being raised for the Cancer Council. What a fantastic effort for our small community!

This year the Biggest Morning Tea featured a lovely display of aprons as well as a pamper basket raffle. The raffle accounted for \$100 of the donation total and featured a beautiful knitted doll created by one of Shirley Baker's relatives. Joan Jones was the lucky winner.



Enjoying their morning tea are L to R. Janice Rumph, Joan Jones, Gail Smallman, Claire Strickland, Max Smallman. Right photo: Coopy Baker, Shirley Baker, Barbara Bartley and Peter Reed.

As we approach the end of the financial year I would like to remind everyone that June is our last chance to help those doing it tough at the moment, and also get a tax deduction for this financial year. Every local community has someone who is doing it tough every day.

We invite you to support our Doing It Tough Appeal, which will raise much-needed funds so we can continue our everyday work providing vital services and programs for vulnerable people.

Donations to Red Cross are currently 20% lower than expected this financial year and we're facing a shortfall of almost \$8 million in public funding for our day to day work.

We are asking the Australian public to dig deep at this critical time.

Red Cross needs your support, not just in times of disaster but throughout the year for our ongoing, everyday work with people and local communities right around Australia.

When you make a tax-deductible gift to the Red Cross Doing It Tough Appeal before June 30 you can be confident your donation will make a real difference to someone near you.

Whether it's serving breakfast to children who would otherwise go to school hungry, making sure elderly and frail Australians have regular visits or daily phone calls so they can continue to live independently, or helping young people or families who are at risk of homelessness, Red Cross is there.

For more information about how to make a fully tax deductible donation by June 30 call 1800 811 700 or visit redcross.org.au

Joan Hughes
Executive Director ACT
Australian Red Cross



Australian Red Cross
THE POWER OF HUMANITY

DELEGATE SCHOOL NEWS



On the 21st May the Students took part in a week of Gymnastic, a whole lot of fun was had by all the children learning how to balance on beams , summersaults, hand stands, spring jumps and tucks and worked on their core strength. All the staff and students of the School would like to thank Gemma Wood for all her hard work.

Jump Rope for Heart

The Delegate Public School students participated in the fundraiser Jump Rope for heart. The students raised \$1138.60 a great job done by all. The students would like to thank everyone who sponsored them to raise this money.

To celebrate the day the students played games in rotating cycle of 8 different games such as Hoops, Handball, Singing while skipping etc. This was all done to up beat music to keep the children full of energy. At lunch time the kids sat down and enjoyed a hot dog for lunch then back into some more skipping. The Leaders of the school picked out one student from each year that did really well on the day. Kinder, Lara Manning Year 1, Fletcher Manning Year 2, Zayne Phillips-Jones Year 4, Russell Jamieson Year 5, Brahine Mitchell and year 6, was picked by Ms Mobbs and Lakeisha Clear was chosen. A great day was had by all and thank you to those parents who came and supported the students while they skipped for this great foundation.



Irene Allen's poem which won first prize in this year's Bush Poetry Competition.

A Visit from Outer Space

10

One day as I lay on the grass by the barn
And sleepily gazed at the sky,
I closed my eyes for a second (I thought),
When I saw this 'thing' floating by.

It was Silver and Green, with a tail out the back
Had wings a window and door,
And two little faces peeped out from inside,
Two faces I'd not seen before.

I wasn't too sure where they came from you see,
Was it, someone just having a joke?
But I'd made up my mind in a second or so,
When these two funning little 'things' spoke.

Their machine had landed right near my feet ,
Without even fanning the grass,
A little round head, with big saucer eyes,
Wad staring at me through the glass.

At first I lay still, not daring to move
In case they were frightened away,
Then they opened the door of their flying machine
And together they both said 'Gid-day'.

I sat bolt upright, I'd had quite a shock
As they spoke it gave me a fright
I gazed all around, and rubbed at my eyes
The machine, it was nowhere in sight.

I jumped to my feet and looked in the barn,
At the side, the front and the back,
I looked to my right, to my left, up the hill,
Then I saw the ~~dust~~ down the track.

By now a breeze it was blowing quite strong
And was stirring the dirt that was dry
A big silver jet, with its vapours behind
I could see in the clear blue sky.

Well I wondered if I had been really asleep
And dreamed of these things that I saw
As they couldn't be found when I opened my eyes
I must have been dreaming for sure.

Unless they had gone, with one pull of the wheel,
Just as fast as our own modern cars
Had zoomed out of sight as quick as a flash
Heading to Venus or Mars.

It's awhile since this happened one day on the farm
This vision of sorts that I had
I have told no one of this thing that I saw
In case people thing that I'm mad.

I wonder if I hadn't got such a fright
And jumped up and scared them away
If we might have had neighbours from a Planet far off
at Timbilica to this very day.

Irene Allan
Timbilica,
Via. Geonoa.

©

IT'S YOUR CLUB!!

DELEGATE COUNTRY CLUB

**NOW OPEN FROM 5.30PM EACH
WEDNESDAY**

Every Friday Night

***ENJOY a Delicious Gourmet Meal,
Take a chance with a Raffle, or just have a
chat and take the Courtesy Bus Home.***

COMING SOON....

Chinese Night July 6

Evelyn Walker will be cooking up a storm once again on Friday the 6th of July. Those who attended the last Chinese Meal Night are still talking about the wonderful flavors, so don't miss out..

THE DELEGATE COUNTRY CLUB ANNUAL GENERAL MEETING

WILL BE HELD 7TH JUNE 2012.

***COMPLEMENTARY DRINKS AND NIBBLES
WILL BE PROVIDED FROM 6.30PM ..
MEETING COMMENCES AT 7PM.***



ABN 21 570 922 668

Delegate Waste Depot

As most residents are aware, the Delegate Waste Depot has a number of designated areas for the placement

of different sorts of rubbish. Also, Council recycles some materials.

The brochure shows what can and cannot be recycled. The photo indicates the areas of the tip where various types of rubbish should be placed. (Photo and Brochure are in last months Delegate Doings)

Council is committed to trying to recycle as much as possible and to keeping as much material as possible out of landfill. If you have any queries please do not hesitate to contact Council on 6458 3555.

Council would like to take the opportunity to thank residents for their help in the past and would appreciate your continued support and co-operation in the operation of the Delegate Waste Depot.

Essentially Monaro

Good Business for Everyone

June 14th, 2pm. Bombala Community Centre, Maybe St. Bombala Cooma Challenge Limited is pleased to invite all interested parties to an information session about Bombala's own Australian Disability, Essentially Monaro. Essentially Monaro will not only offer a supported work environment with an emphasis on training and safety but also provide high quality business and maintenance services at competitive prices. Cooma Challenge Limited is looking for employees to join the team in Bombala. Any one on a disability pension with an interest in working and developing their skills is welcome to join us for afternoon tea and find out more about the opportunities offered by Essentially Monaro. We also welcome any other community members or business owners to come along and learn about the new services we are planning to offer in Bombala and the surrounding area.

RSVP 12/6/12 Cooma Challenge Limited
64522156 admin@coomachallenge.org.au

HERE & THERE

The death occurred recently in Prince Alfred Hospital, Sydney, of former local lady, Margaret Oliver, who with husband Barry spent their retirement years at Tura on the South Coast.. Active in the sports of golf and bowls, Margaret's sudden illness followed by her death was a shock to all. Her funeral service took place at St. Andrews Church, Delegate on Friday 11th. May, followed by interment in the Delegate Cemetery.

Margaret is survived by husband Barry, two sons, Tom and Doug, daughters-in-law Rowena and Gloria three grandchildren, and two sisters Annette and Claire. Sympathy is extended to all.

Congratulations to all who celebrate birthdays in June, including Patricia Guthrie, Beryl Stuart, Olga Benham and Craig Lewi, Sandra Taylor, Evelyn Walker, Carol Graczol, Wendy Bates. The Haggar family also have reason to celebrate this month with Tom turning 21, Wing turning 50 with Jono having a recent birthday also.



The Annual Red Shield Appeal for the Salvation Army saw the door knockers out in force in Bombala and Delegate. Jeanette and Suzie Russell joined Vern and Ken Camm in Delegate and the combined total raised was \$4500. The Salvation Army provide a vast number of services across the Nation and hold their annual appeal to raise funds for the ever increasing need.

Congratulations to Broc Tonissen for earning the Lions Scholarship which is given each year to a local person who has undertaken a field of tertiary education. Broc is now completing a diesel mechanic apprenticeship accompanied by Tafe Studies

It is good to see football on the go again with Bombala fielding a Rugby Union side and combining with Pambula/Merimbula to field a Rugby League side known as the "Bluedogs"

The Cooma Colts under sixteens with three local lads taking part have been promoted to first division, and



are

holding their own in the stronger competition.



The Bombala Contact Centre had their first visit to Delegate on Wednesday, enjoying a day at the Delegate Country Club.



Despite a very cold day quite a few people turned out for the Mothers Day Luncheon at the Delegate Hotel. The weather put paid to enjoying the outdoor settings in the sun as has happened in past years, but nevertheless a good time was had by all.



The Country Club is now the venue for fitness classes which continue to enjoy a good following under instruction from trainer Gordon Budd. There is an earlier class on Tuesday followed by Heart Moves.

LOOKING BACK



Above: photo of a Delegate Junior Rugby League team.

Pictured back L. To R. Gerald O’Hehir, Peter Duffell, Ian Sellers, Athol Duffell (Coach), Wayne Newton, Craig Lewis, Peter Jamieson, Dan O’Hare.

Front Row L. To R. Allan Hite, Brian Duffell, Brian Ingram, Arthur Commons, Barry Smith, Mark Ingram, Mark Jones.



Left: Dr. Keith Beck and wife Shirlee, Dr. Beck came to Delegate in 1952 and has recently retired. An interesting article from a medical journal about his life as a General Practitioner appears on page 4.



Community Information

EMERGENCY / AMBULANCE: 000

FIRE: 000

POLICE

Delegate: 6458 8044

Bombala : 64583444

Cooma: 6452 0099

Bendoc: 6458 1523

HOSPITAL: 6459 8000

DOCTOR: 64951369

CHURCHES

Catholic: Father Paul Hothnance PP 64522062

Father John Vallayil 64522062

Sister Teresa Keane: 6458 3045

Mass: Summer: Saturday 6:00pm

Winter: Saturday 5:00pm

(except in special circumstances)

Anglican: Rev. Denise Channon 64583018

64957040

Rev Judy Holdsworth—64583513

Services: 5pm every Saturday.

St. Andrews Community Church—

To be Advised

COMMUNITY HEALTH (3 days per week)

Generalist Community Nurse –Monday, Thursday, Friday

Wellness Clinic—Monday and Thursday 0900-10.30

Pathology—Wednesdays 0930-1-3- hours

Immunisation Clinic—Fourth Thursday from 1100hours.

Victorian Visits Tuesdays

Call MPS 64598000

Healthdirect and GP helpline 1800022222

MONARO FAMILY SUPPORT SERVICES

Bombala Office: 6458 4888

open Tues to Thurs - 9:00am to 5:00pm

COUNCIL CHAMBERS: 6458 3555

DELEGATE PRE-SCHOOL: 6458 8196

DELEGATE PUBLIC SCHOOL: 6458 8183

DELEGATE PROGRESS ASSOCIATION

RTCT Centre - 6458 8388— DPAoffice@exemail.com.au

Newspaper: delegateprogress@exemail.com.au

NRMA/RACV: Jack Stewart: 64588047

TUBBUT ACCESS CENTRE: 6458 0295

DELEGATE CARAVAN PARK: 64584047

Delegate Progress Association Inc.

66A Bombala Street

DELEGATE NSW 2633

PH 6458 8388 Fax 64588 374

E-mail dpaoffice@bigpond.com

delegateprogress@exemail.com.au

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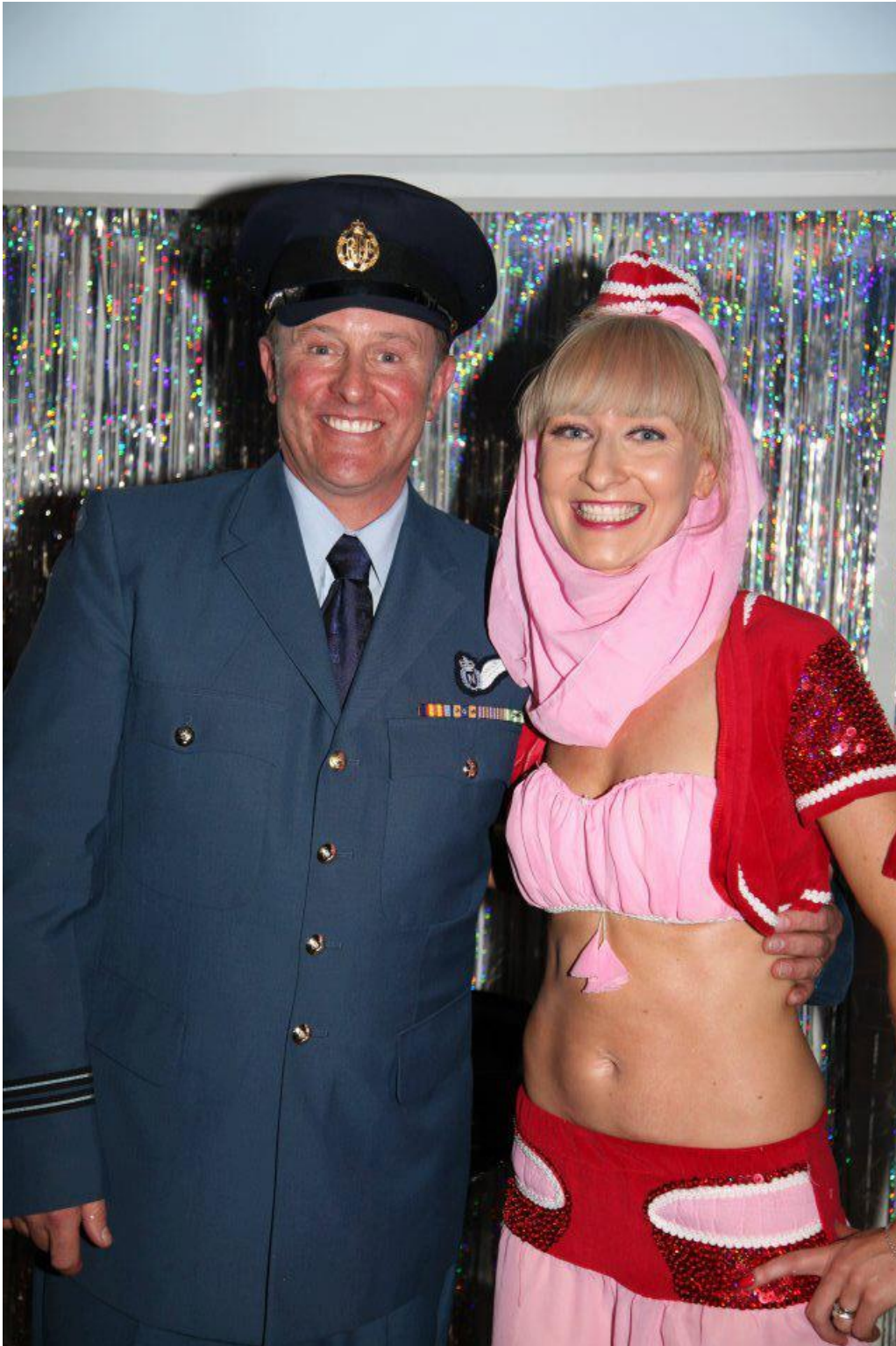
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ADVERTISING IN THE “DELEGATE DOINGS”

Spot Ad:	1	6	11
\$5 cash—\$7.50 a/c	Issue	Issues	Issues
1/4 Page	\$17.50	\$87.50	\$157.50
1/2 Page	\$35.00	\$175.00	\$315.00
Full Page	\$70.00	\$350.00	\$630.00
Back Page	\$80.00		
Full Page Insert	\$90.00		

Colour advertising: prices on application

Cooma Dancing with the Stars Monaro Committee for Cancer Research



Shara Jones and Ben Litchfield contestants in the Cooma Dancing with the Stars. Held in Cooma on 25th/ 26th May with \$180,000 raised for local Cancer Research. The Jones family travelled up to Cooma to support her.