

March 2014

\$1.20
incl. GST

Delegate Doings



ISSN 1446-6716

Volume 13, issue 3.

DELEGATE SHOW

Another successful show for 2014, which as the Mayor Bob Stewart said on officially opening the show illustrates the resilience of the area, as despite extreme weather conditions and other setbacks, the shows go on each year showcasing the district's best. In the pavilion, the children's art and craft decorated the walls and hung from the ceiling and added to the overall display combined with the great array of bright flowers, art and photography. A new addition this year which created interest was the short film competition which was a continuing display at one end of the hall. These films were contributed by the Delegate Public School under the guidance of their new teacher Hannah Bucholtz and the judging was done by Mr Tim Tony from Sydney. He awarded many prizes in different categories, generously contributing cash for the extra categories. Next year it is hoped to involve schools from throughout the district in the competition.

Below: Top row L to R: Champion photo (Russel Buckman), Champion painting (Stewart Lee), Champion exhibit of needlework (Kaye Reed). Bottom: L to R: Denielle Tonissen with Lola and Ngaire Jamieson with Blair who won best girl and boy 0-1yr, Champion flower arrangement by Joyce Reed, Little Aspen Cameron thought Bella Tonissen needed a hug.



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Dates for your Calendar

- 7th/8th March—Delegate Campdraft
- 11th March—Men from Snowy River Meeting
- 13th to 23rd March—Seniors week activities
- 16th March—Bombala Show
- 18th March—Delegate Progress Association meeting
- 27th March—Bundian Way Gallery Opening
- 29th March—Ho Dakary Connections band Delegate Hotel.
- 5th April—photography workshop
- 19th April—Writing and film Festival

BUNDIAN WAY GALLERY OPENING

Thursday 27th March

At 6pm.

New Aboriginal paintings on exhibition.

All welcome.

WRITING AND FILM FESTIVAL

Delegate School of Arts

Saturday and Sunday 19th & 20th April.

PHOTOGRAPHY WORKSHOP

With Gary Monahan

From novice to advanced

2 day week-end workshop 5th and 6th April.

To be run by Gary Monahan who will be instructing on becoming more familiar with the manual settings on your camera.

Restricted numbers

Contact Russel Buckman ph.64588333

SENIORS DAY OUT

The Bendoc Resource Centre and the Delegate RTC Centre invites seniors to take part in the 2014 Seniors Week Celebrations. The Bendoc Bus will be on tour to Merimbula, leaving Delegate at 8.30am and returning at approximately 4.30 pm. The bus will stop for morning tea at Wyndham, followed by a mid morning tour of the Oaklands Gallery and Nursery. Lunch will be at the Merimbula Wharf with a tour of the Aquarium. There will be a half hour free time in Merimbula. Total Charge \$10.00 per head. Bookings essential—phone Louise on 0427287661.

This tour is funded by the Bendoc Resource Centre and Dept of Family & Community Services.

THE BRUMBY SCULPTURE

Jardoslan Prochazka (Jarda) Sculptor from the Sydney School of the Arts visited Delegate on Wednesday 19th to look at the brumby sculpture and give his expert advice on the problems associated with the moisture getting in to the sculpture causing cracks in the surface which he said would eventually lead to the crumbling of the whole sculpture. He said the Delegate Progress Association's action in putting it under cover as soon as the signs of deterioration were showing saved any further damage. As it stands the sculpture can never be put out of doors, and needs to be indoors where it is not exposed to water or extreme weather conditions. The paint is peeling off at present, and before new painting can be applied the plaster needs to be stabilised. This can be done with Bondcrete applied on a hot day and left for a month to allow it to breathe and ensure no water remains. Before painting it needs a primer, and repairs to the horses' legs. However each time this is done some of the details are lost and it would still have to remain under cover.

Jarda suggested that he could do a mould of the sculpture, which involves making the mould with silicone or latex then applying wax, in which all the horses details can be carved, for us to view. He will then give us a price for either doing the sculpture in cement fondue or bronze. Another suggestion has been made that it would be possible to do a mould from a three dimensional photo of the original small Marquette of the brumbies, which was done by Rix several years ago. The Progress Association will meet shortly to discuss these options.

SHORT FILM JUDGE LIKED WHAT HE SAW

Tim Tony who judged the short films at the Delegate Show was pleased to be asked to judge the series of films produced by the children at the Delegate Public School. He generously donated extra prize money for this inaugural competition, which created much interest and we are sure will be bigger next year with entries from throughout the district. Tim purchased a home in Delegate a few years ago, and visits from time to time. He hopes to eventually move to the area. At present he is involved in the production of several TV Reality shows and recently won an award for Best Reality show with "Masterchef."

Pictured below L. To R are Matt Preston, David McDonald (Gary's son) and Tim Tony at the recent AACTA Awards, when Masterchef won the award for best Reality Show.



LAUGHTER THE BEST MEDICINE

An elderly woman asked her Doctor to prescribe her the contraceptive pill. Taken aback the Doctor said "but you're 75, what possible use could you have for the contraceptive pill."

"They help me sleep better, she insisted".

"How on earth could a birth control pill do that?" said the Doctor.

"I put them in my teenage granddaughter's orange juice every morning" the woman explained.

QUOTES FOR MARCH

At the heart of the Internet culture is a force that wants to find out everything about you.

The only failure is now knowing how to be happy.

MONARO TRANSCONNECT

An exciting project for Delegate and surrounding districts has commenced with the start of a new transport service connecting this area to Canberra. This will be a boon for many reasons in an area which has been sadly lacking in public transport. Most people in the area have occasions when they need to go to Canberra for Medical and other appointments, and a service which picks up in town and delivers back on the same day for a cost which is less than the cost of driving is very welcome. We have an ageing population, many who do not drive and others who no longer drive long distances and this will alleviate the necessity of calling on relatives or friends. It is something which the Delegate Progress Association have long been advocating for and we are thrilled to see such a project run in conjunction by three Shires, Bombala, Snowy River and Cooma. Of course one can just have the day in Canberra to shop, meet friends, go to a movie or if travelling further, catch a bus or plane, as the Service will drop off at Jolimont or Canberra Airport. It is necessary to book for the service with Lana Martin McInnes at Bombala Council's HAAC offices. Sylvia Wall from Jindabyne who happened to be visiting from Jindabyne and said that such a service has been needed in Jindabyne for a long time. This project is based on seed funding and it's continuation will be based on the use that is made of it.

Below: Lana brought the Council's transport to Delegate for a photo shoot and pictured with Lana are Gloria Cotterill, Sylvia Wall from Jindabyne, Natalie Armstrong, and Sandra O'Hagan.



Delegate Café

64 Bombala St Delegate

DINE IN - TAKE AWAY

OPEN 7 DAYS

From 9:00am Weekdays -

10.30am Weekends and Public Holidays

Fruit & Veg - Groceries

Video Hire - Eftpos

Tel (02) 6458 8171

Pizza available most Friday & Saturday Nights

A new service available - Repairs on scratched CD/DVD discs

DELEGATE HOTEL

Your host: Graeme Payten

**Accommodation
Counter Lunches**

29th March

Music

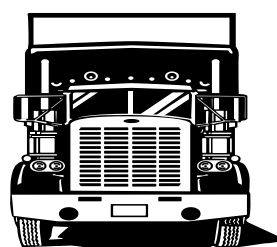
"Ho Dakary Connections"



**Sky Channel & Pub Tab,
ATM and Eftpos**

Ph: 6458 8091

TALBOT TRANSPORT



LIVESTOCK & GENERAL

1 Hensleigh Street, DELEGATE 2633

Mobile: 0418 516 076

Phone: (02) 6458 8085

Fax: (02) 6458 8055

INTERNATIONAL WOMEN'S DAY

The Annual International Women's Day held on Wednesday 5th March, attracted the biggest crowd ever, and with interesting guest speakers and delicious food the ladies were well satisfied with their day out. The day commenced with morning tea in the School of Arts, with hand massages by Su King on offer, and two guest speakers, Bronwyn Wright and Pam from Monaro Regional Library. Bronwyn did a slide show and spoke of the interesting life of her Grandmother, well known artist Hilda Rix Nicholas, while Pam told the audience of the multiple services on offer at the Monaro Regional Library. The guests then moved on to the Country Club for a delicious luncheon, and a guest speaker Noelene Darlene from Jindabyne who told the story of a life lived to the maximum, spanning 8 decades, commencing with an Olympic Diving Champion in her teenage years and on to many varied and successful careers. Karen Cash, Council's Development Officer then handed out the Awards for 2014. These were for Irene and Rowena Butterworth for taking on the Postal Services when the local Post Office closed, Leonie Walmsley for her services to the Borderline Gallery where she has taken on the job of cataloguing the exhibits, as well as working as a volunteer at the RTC and at the local School. Two Bombala ladies Lexlie Milliner and Pat Elton also received awards for their work in the local Community.

Below: L. Little Kyden Reed sat patiently while Mum Sue did the hand massages. Middle: Maureen Peisley, Ada Campbell and Y'vonne Murphy at the Morning tea.

Bottom: Irene Butterworth receives her award, Pam from Monaro Library,



Far Right: Guest speaker Noelene with Karen Cash and Trudy Joseph from Westpac. Leonie Walmsley, Marion Ingram and Sue Walcott enjoyed the luncheon.

LANDMARK

an AWB company

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a.h. - Justin Lewis

Ph: 6458 8106

Mobile 0429 991 240

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of Arts
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or telephone
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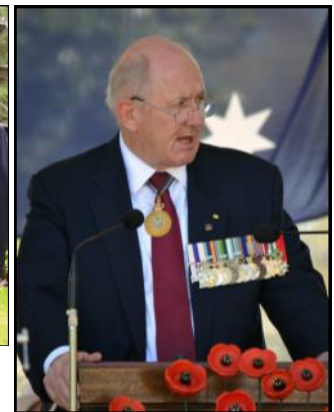
**Phone Pam
on 6458 7240**



SCRUBS GARDEN

It is a pleasure to turn the corner from Hayden Street into Bombala Street and see the mass of colour in the Crotty family's garden. Scrub who lost his wife Madge a short while ago, has carried on the tradition which Madge started, of massed plantings of colourful petunias in their front garden. He has even added to the display by adding Snapdragons. Delegate could do with more people who take pride in the appearance of the Main Street, because it is the first impression visitors receive when driving into the town and we congratulate Scrub on his efforts.





Some of the official photos from the Kangaroo March Launch.

Top L. Ian, Penny and John holding the Men From Snowy River flag with General Cosgrove. Middle: The Wagga Kangaroo's banner. Right: General (soon to be Governor General) Cosgrove.

Bottom left: John and Ian with Dr. Brendon Nelson who is Patron for the Men from Snowy River Commemorations.

NSW Seniors WEEK
15 – 23 March 2014
www.nswseniorsweek.com.au

Live Life!

Free Seniors Activities

Monday 10th March 8.30am—4.30pm

Bus Trip To Merimbula—joint funded by Bendoc Resource centre

Wednesday 19th March 10.30am (2 hrs)

Digital research – how to research online – newspapers etc

Friday 21st March 10.30am (2 hrs)

Fire and evacuation planning – how to make a fire/emergency evacuation plan - what to take, where to go etc

Every Friday in March

Computer drop in – drop in with any computer questions hardware or software minor repairs also done

Funded by Department of Family and Community Services.

Delegate Multi Purpose Service

Wellness Clinic is held at the MPS, in Craigie Street Delegate. People come to the clinic for procedures and assessment by nursing staff.

The clinic is open

Mon 9am -10.30am Tues 9am – 10am

Thur 9am – 10.30am Fri 9am – 10am

Every week except public holidays. No
Appointments necessary.

A variety of procedures are available.

- Wound care
- Blood pressure readings
- Blood sugar readings
- Non-urgent ECG's
- Suture or clip removal
- Injections – with Dr's written order
- Other procedures that do not require a Dr.

Pathology clinic

Wednesday 9.30am – 10.30 am. No appointment necessary. Closed public holidays.

Other Services

Women's Health Nurse

3rd Wed of the month

Dietician and Diabetes Educator

2nd Thur of the month

Immunisations – 4th Fri of the month

Podiatry – for HACC clients – monthly

Ring the MPS for appointments for the dietician, diabetes, immunisation, podiatry and women's health 6459 8000

Child and Family Health – visits Delegate MPS on a regular basis ring Kirsty on 6458 5777 for an appointment.

Visiting Staff Profile

Name: Jane Redmond



Job Description: Women's Health Nurse/
Clinical Nurse Consultant.

Jane has worked in this field for 26yrs. Jane is based in Cooma at the Cooma Community Health Centre and provides regular free, confidential outreach services to the townships of Jindabyne, Bombala and Delegate.

Service provided: Pap test, Breast examination, contraceptive advice, pregnancy testing/ counselling, sexuality issues and menopause counselling. Jane also provides Education and information sessions on Women's Health Topics.

Highlight of Career: Being able to "make a difference" in Women's lives and to normalise otherwise embarrassing procedures has assisted in her acceptance within the local communities.

Appointments for Delegate MPS are on the Third Wednesday of the month – For appointments ph: 6459 8000

Appointments are also available in Bombala on the second and fourth Wednesday of the month
Ph: 6458 5777

For more information or an appointment in Cooma, phone Jane at Cooma Community Health Centre Ph: 6455 3201

DELEGATE SCHOOL NEWS

Clean Up Australia Day

On Friday 28th February Year 1 – 6 participated in Clean Up Australia Day. The students did a wonderful job collecting rubbish and disposing of it safely.



Short Film Festival

As part of the digital literacy program students created short films for The Delegate Show Film Contest. The process involved script writing, character development, set design, acting, filming and editing. All footage was captured by the students using Ipads. K12 hosted a special movie session so that everyone could preview the short films. Thank you to the school staff for attending and being the special guests for the occasion.



CFA Base Camp Visit

In Term 1 students were lucky enough to visit the temporary CFA Base Camp at Bill Jefferies Park. Students were given a tour of the camp facilities including the shop and tents. They were also treated to a look inside the food tent where they were able to try the delicious food the fire fighters have been enjoying. A big thank you to all involved in making this special excursion happen



Cancer Fundraiser

Students dressed up for a good cause, to raise money for cancer. The theme for the day was 'When I Grow Up'. The students wore some great outfits and enjoyed lunchtime games and a fashion parade. Well done to Stage Three for running the event.



Garden Jobs for Autumn

The three biggest jobs in Autumn are applying lime, putting out fertiliser and handling fallen leaves.

LIME There is much confusion about the different forms of lime and how to use them as well as which plants respond to a lime rich soil and those that are harmed by it. Essentially adding lime to soil boosts calcium levels. Although all plants need calcium to build strong cell walls leading to a robust plant, plants do differ in their ability to uptake calcium. Plants that are lime lovers need higher levels of lime in the soil to be able to access enough for their needs – examples are olives, lavender, figs, thyme, pomegranate, oleander, oregano, deciduous magnolia, Japanese maple, Geraldton wax, bougainvillea, leonotis, lilac, Cupressus macrocarpa, luculia, westringia, echium, hakea and hymenoporum.

However that is not the whole story because the opposite group of plants such as blueberry, azalea, camellia and rhododendron that dislike limey soil are not responding directly to calcium levels but to the role pH plays in differentially releasing the other elements that they have a particular sensitivity to.

Confusion also occurs because old writings refer to liming as ‘sweetening’ the soil and this implies that an opposite soil state exists i.e. ‘sour’. A sour soil can be due to either acidity or lack of aeration due to poor drainage. Acidity may be corrected with lime via its effect on modifying soil pH but lime cannot resolve drainage problems. A detailed knowledge of the effects of different forms of lime is important in conjunction with assessing the individual needs of your particular plot and its plants.

Garden lime is calcium carbonate and it has the capacity to raise pH. Most plants favour a neutral soil.

Dolomite lime is a mixture of calcium carbonate and magnesium carbonate. Magnesium helps a plant develop a deep green colour and this form of lime is most useful in Spring when plants have their maximum growth spurt.

Gypsum is calcium sulphate and it does not change pH but can help a clay soil to get a structure that allows entry of air and water.

Other forms of lime such as slaked lime (Ca(OH)_2) and quick lime (CaO) are harmful to plants and have a role in industry, roadworks and erosion control.

Putting out fertiliser in early autumn sets the plant up with a store of elements that maintains its body over winter. Plants tend to run out of nutrients over winter giving them that faded look. This occurs because when soil is cold it is difficult for the plant to access sufficient nutrients due to a number of processes that are occurring at the same time. Nutrients enter the plant dissolved in the water it uses which is necessarily less in winter, especially in deciduous plants. As temperatures drop the soil organisms that process elements into plant usable forms are less active too. So for maximum effect fertiliser needs to be applied when the soil is still warm. Deciduous trees such as fruit and blossom trees particularly benefit from Autumn applications of fertiliser as they are very active during the so called ‘dormant period’. This is when they are actively re-organising their tissues in preparation for bud burst in Spring and making a lot of root growth. Organic fertilisers and mulch have special benefit to soil because they not only add soil carbon in the form of organic matter but they feed the microbes that in turn feed the plants. Chemical fertiliser reduce the diversity of soil organisms and tend to acidify the soil.

Fallen leaves are a wonderful resource with which to make compost. It is an absolute waste to burn them because it adds carbon to the atmosphere instead of to the soil that so desperately needs it. If leaves piled together without moisture they are slow to break down. Adding some soil introduces the organisms that process the leaves into rich mulch but remember nothing happens in nature when water is lacking. Keeping the leaves moist has the added benefit of keeping them in their allotted place when the wind blows. By spring, when water retention in the soil becomes a priority, there will be a pile of very useful mulch.



FERAL CONTROL

Discover new ideas for protecting your livestock with a hands on workshop on fence design and application.

Wed 19th March, 11.00am

Commercial Hotel, Dowling Street,
Bendoc, VIC

RSVP to Ian Sellers, Landmark Delegate
02 6458 8004

Light lunch and refreshments provided.

Landmark Delegate 02 6458 8004

LANDMARK

HERE & THERE

Many happy returns to all who have their birthdays in March. Those on our list are Max Clear, Brody Lewis, Luke Mikula, Graeme Payten, Adam Mikula, Denise Nichol, Tracey Walker Neil Armstrong, Cathy Reed, Anthony Reed. Lorraine Cottrell. Graeme celebrated his 60th with a big celebration at his home in Pambula, with guests travelling from near and far for the occasion.



Left: Denise counting the years on her fingers.

A long time recipient on our postal list for the Delegate Doings, Mr. Tom Shinfield visited the area again on Sunday last, along with his two daughters Frances and Shirley. Tom who lives near Newcastle was born here and is a brother to the late Jim Shinfield and an Uncle to Jan Smith who now lives in Bombala. He and his daughters are doing a tour of Monaro, and will stay overnight in Tumut before visiting his sister in the Wagga area before returning home.

Rita Thornton passed away in Sydney on Wednesday 5th March. Sympathy is extended to her family.

The death occurred recently in the ACT of a former local man Barry Oliver. Barry and his wife Margaret moved to Tura Beach several years ago, and following Margaret's death, Barry had suffered indifferent health, finally moving to Canberra for treatment. His remains were interred in the Delegate Cemetery following a graveside service. He is survived by two sons Tom and Doug and their families. Sympathy is extended to all.

The death occurred in Canberra after a long illness of a former resident of Delegate, Mrs Nola Payten. The funeral is to be held at Narrabundah in the ACT on Thursday 13th March. Nola is survived by three children, Luke, Natalie and Anthony and sympathy is extended to all.

A group of ladies tired of waiting for a formal exercise class, have decided to go it alone and get together each Tuesday at the old Bowling Club, to follow the Heart Move exercises kindly loaned by Cynthia Dolan.

The Bombala Council will be sending out surveys this week to residents of the Shire. They ask that you make sure that you fill out and return the surveys, which are due by the end of March. The Progress Association are hoping for ongoing support for the Bundian Way Gallery, and upgrades at Bill Jeffreys Park.

The mini Rugby League Carnival which has been held annually at Bibbenluke for over 60 years, is in danger of coming to an end, because of lack of players. It is one of the longest running carnivals in NSW, and organisers are hoping for more children to sign up so that this year's carnival can be held.



Easter promises to be an exciting time in Delegate commencing with the Duck Races on Friday, and the writing and Film Festival on the Saturday and Sunday.

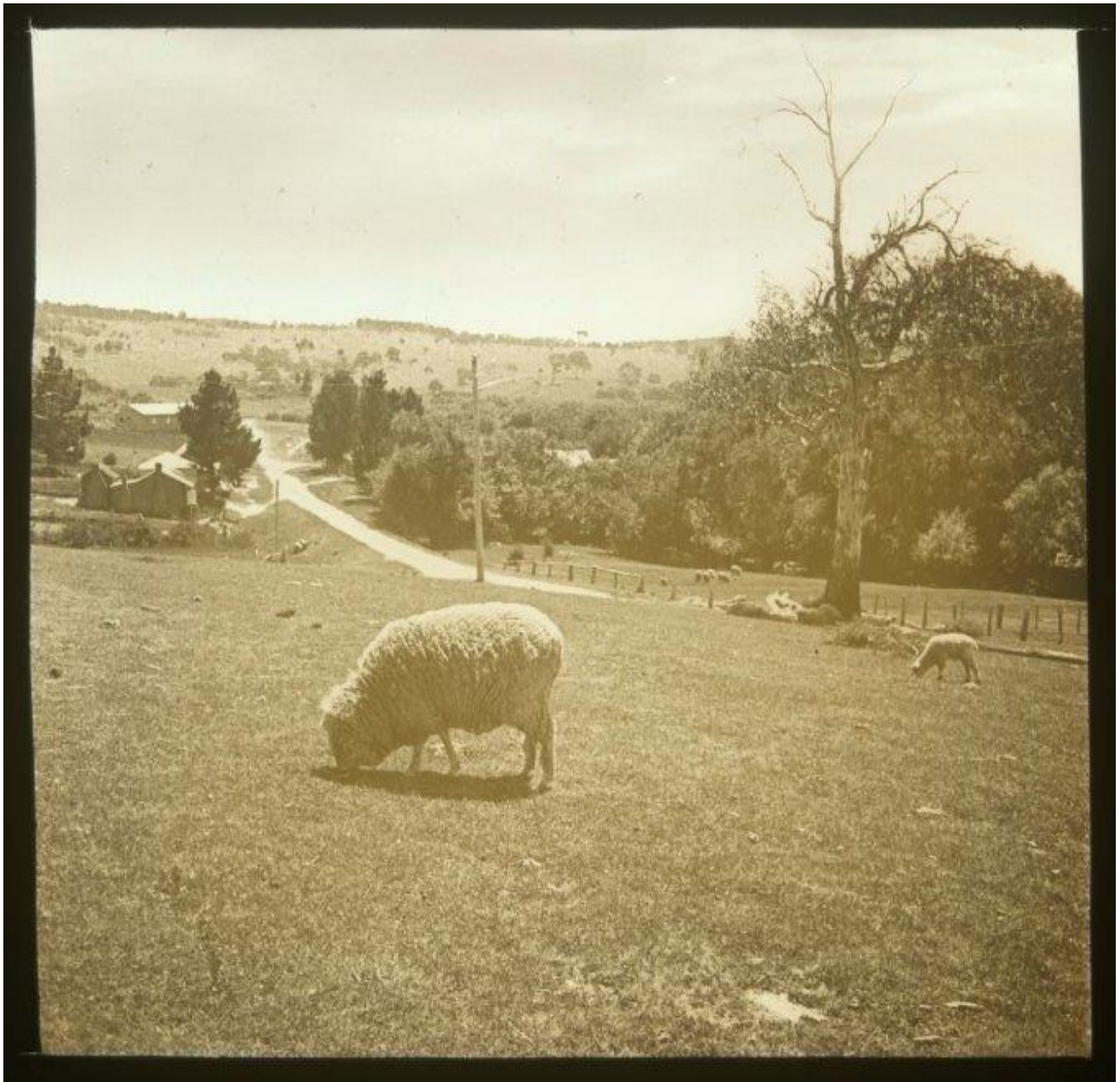
There will be a dinner on Saturday evening, where John Blay will be Guest Speaker.



The new Transconnect Service connecting Monaro to the ACT has been well received locally, with many indicating their intention to use it.

The big fire effort which has been going on for several weeks, is slowly winding down with the big kitchen at Bill Jeffreys Park packing up this week. The remaining crew will be catered for locally.

LOOKING BACK



An early photo of Craigie which Sandra O'Hagan found in "Trove" taken between 1858 and 1938. It appears to have been taken from the road from Lower Bendoc, with probably the road from Craigie Range coming in on the left. The road to Mila can be seen going over the hill in the background

Community Information

EMERGENCY / AMBULANCE: 000

FIRE: 000

POLICE

Delegate: 6458 8044

Bombala : 64583444

Cooma: 6452 0099

Bendoc: 6458 1523

HOSPITAL: 6459 8000

DOCTOR: 64951369

CHURCHES

Catholic: Father Paul Hothnance PP 64522062
Sister Teresa Keane: 6458 3045

Services: Delegate Saturday 6:00pm
Liturgy of the word and Holy Communion
Bombala Sunday 9:00am
Liturgy of the word and Holy Communion

Anglican: Rev. Denise Channon 64583018
64957040

Services: Rev Judy Holdsworth—64583513
11am every Sunday..

St. Andrews Community Church—
To be Advised

COMMUNITY HEALTH (3 days per week)

Generalist Community Nurse –Monday, Thursday, Friday

Wellness Clinic—Monday and Thursday 0900-10.30

Tuesday and Friday 9.00—10.00

Pathology—Wednesdays 0930-1-3- hours

Immunisation Clinic—Fourth Thursday from 1100hours.

Podiatry Clinic

Victorian Visits Tuesdays

Call MPS 64598000

Healthdirect and GP helpline 1800022222

MONARO FAMILY SUPPORT SERVICE

Bombala Office: 6458 4888

open Tues to Thurs - 9:00am to 5:00pm

COUNCIL CHAMBERS: 6458 3555

DELEGATE PRE-SCHOOL: 6458 8196

DELEGATE PUBLIC SCHOOL: 6458 8183

DELEGATE PROGRESS ASSOCIATION

RTCT Centre - 6458 8388— dpaooffice@bigpond.com

Newspaper: delegateprogress@exemail.com.au

NRMA/RACV: Jack Stewart: 64588047

TUBBUT ACCESS CENTRE: 6458 0295

DELEGATE CARAVAN PARK: 64584047

Delegate Progress Association Inc.

66A Bombala Street

DELEGATE NSW 2633

PH 6458 8388 Fax 64588 374

E-mail dpaooffice@bigpond.com

delegateprogress@exemail.com.au

(for paper)

‘Delegate Doings’ Subscription:

\$26.50 by post (\$50.00 overseas)

Email \$14.20.

Cash or Cheque payable to
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Name

Address or email:

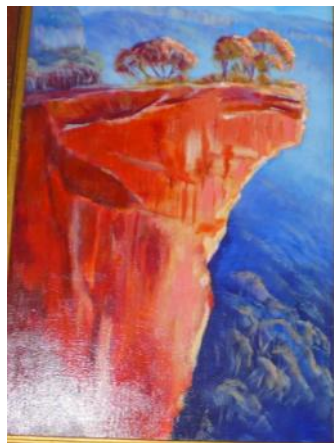
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ADVERTISING IN THE “DELEGATE DOINGS”

Spot Ad:	1	6	11
\$5 cash—\$7.50 a/c	Issue	Issues	Issues
1/4 Page	\$17.50	\$87.50	\$157.50
1/2 Page	\$35.00	\$175.00	\$315.00
Full Page	\$70.00	\$350.00	\$630.00
Back Page	\$80.00		
Full Page Insert	\$90.00		

Colour advertising: prices on application

Below Best Portrait (Alma Reed) Some of the colourful craft by the local school. Senior Showgirl contestants L to R Veronica Hartmeier, Anna Ponsford, Janine Jamieson and Jackie Chapman. The award going to Jackie Chapmen.



Above: Claudia Tonks Junior Miss Showgirl, Best Landscape Carol Watson, champion Dahlia (Laurie Armstrong), Bella Tonissen champion 3-5 years, .

Below: Brandy Crotty pictured right won Junior Miss Showgirl, Greg Alcock shows Champion Merino Ewe, Mayor Bob Stewart opened the show.

