

April 2022

1.50 Incl.  
GST

# Delegate Doings



Delegate Progress  
Association

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Volume 21, issue 4.

## EXCELLENT INTERNATIONAL WOMEN'S DAY LUNCHEON

An absolutely enjoyable day, a day to lift the spirits of the ladies present, who have seen so many events on their social calendar cancelled in the past two years. Organiser Susie Diver went all out to deliver everything needed for such an occasion, three interesting speakers, a morning tea with cream scones and other goodies and a delicious luncheon. Each place at the tables had a small gift, a jar of local honey, a lavender posy and a place card with a drawing of the school of Arts Building, done by Gloria Cotterill. There was also music and a singalong by Tracy and Roz, with Tracy on guitar, singing a bracket of popular songs, which had the crowd joining in for some rousing renditions of Ticket to Ride, Proud Mary and others. Another young lass also sang and played guitar as guests arrived.

The first guest speaker was Kay Saarine of Saarine Organics from Wyndham who gave a humorous account of the trials and tribulations of starting an organic market garden on a 40 acre block near Wyndham 20 years ago with her husband Greg.

The next speaker was Paula Bauer who gave a talk on gender inequality which she experienced having always lived and worked in a man's world. Paula was born in England and travelled the world, doing various jobs, where she was not treated as an equal. She came to Australia at the age of 28, having travelled in 60 countries and six continents. Two very interesting women whose stories are told in more detail on page 4.

On a lighter note, the third speaker was Jess Nathan who spoke of her experiences as a participant in the TV Reality Show, Farmer Wants a Wife. The participants, she said had to follow the script set out by the producers, where drama was often created to make the storyline more interesting for viewers.

"Reality" really is a misnomer for this and many other such shows.

Finally, to end a most enjoyable day several raffles were drawn with excellent prizes for the lucky recipients.

Left: New Mayor for Snowy Regional Council, Narelle Davies enjoyed her time at the luncheon, where she made a point of spending time at all the tables. Right: Robin Guthrie pictured with Jess, received a lovely flower arrangement for her part in organizing the day.



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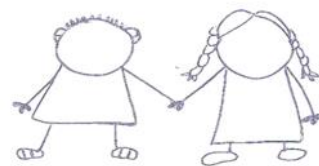
### Dates for your Calendar

- 9th April—Barbecue Memorial Park—Free barbecue, all welcome.
- DPA Meeting Wednesday 13th April
- 25th April—Anzac Day—Dawn Service 6am, followed by Gunfire Breakfast in RSL Hall. Main Service commencing 10.30am, march 10.45am. Lunch at Country Club.

## Delegate & District Pre-school

### Position Vacant

Delegate and District Preschool are looking for a reliable and enthusiastic person seeking part time cleaning work.



The ideal candidate must be able to work unsupervised, be punctual and available to clean at set times. This position is for approximately 6 hours per week, Mondays, Tuesdays and Wednesdays. Candidate will be required to undertake a trial period, be fully vaccinated and sign a contract.

For further information please contact

Delegate Preschool on 0403033332

Please forward resume and a cover letter to:

[admin@delegatepreschool.com](mailto:admin@delegatepreschool.com)

Or

Attention to 'Director'

34 Bombala Street, Delegate, 2633, NSW

**Applications close – 19<sup>th</sup> April 2022**

# DELEGATE CAMPDRAFT

A very big crowd enjoyed perfect conditions for the annual Delegate Campdraft, with the Delegate Showground looking picture perfect for the occasion. The big wet, which had caused the postponement of the event, the week before, had finally taken a break and the photo below actually shows a little bit of dust.



Below: The winners and placegetters in the Nutrien Open Draft. Bottom photo: The beautiful Perpetual Trophy made and donated by Ron and Joanne Flanagan. Full results will be published next issue.





## **Kay Saarinen—One of the guest speakers at the International Women's Day Luncheon.**

Kay Saarinen was a vivacious speaker at the luncheon, who gave a humorous account of her life on an organic farm at Wyndham. She and her husband Greg, purchased a 40-acre block at Wyndham 20 years ago and started a Permaculture system, built a straw bale home and created a certified organic veggie garden. After a few years of barely making a living, Greg went back to his trade and Kay stayed on to try to make a living from the land. They turned to growing herbs and six years later, when their daughter was born with eczema Kay used her skills as a Naturopath to make an ointment from herbs, which turned out to successfully cure the complaint. After trying herbal remedies out on a few friends, Kay went to the market where they were a hit. So, Saarinen Organics was born and as the business grew, they were able to employ workers and husband Greg was able to give up outside work and came back to work on the farm.

Unfortunately, the bushfire two years ago took out most of their farm, with the house and lab surviving and are only now returning to some semblance of normality. Kay said it was heartbreaking to see all those years of building drying rooms, irrigation, herbs and fencing all destroyed.

There is a story of hard work and survival and hopefully for them continued success with their herbal remedies, which we understand will soon be available at the Old Post Office shop in Delegate.



## **Paula Bauer:**

After working in varied occupations, in different countries, during which she had to deal with gender bias and less remuneration than her male colleagues, Paula Bauer came to Australia at the age of 28 with two failed marriages behind her. She continued to travel and by the age of 30 had travelled on 6 continents, mainly South America and South Africa, roughing it as she went. She met and married her husband Pete at the age of 40. They bought a property of 42 acres near Canberra and she worked at consulting in the ACT, managing IY contracts between the Federal Government and IBM. When their business lost work they changed to home improvements and Paula studied interior design to help out. When that business failed, they auctioned the property and put their furniture in store, spending 6 months camping and moving around, working on cattle stations. It was during this time that they bought 500 acres of native bush at Badja, moving there in 2009 after a detour to Tasmania to care for her Mother-in-law. To supplement their income, she commenced writing books and has published one book every year. Unfortunately, her husband died of cancer in 2018 and she found herself tackling everything on the block – chain sawing firewood, changing oil in the generator, etc. all jobs her husband had done. While on a visit to Norway in 2020 her home and property were devastated by fire. Having heard of UNSW Bushfire Recovery project she loaded observations to iNaturalist and became their top citizen scientist. She decided to collate her observations in a book. Today she has found a new purpose in life by working with wildlife along with a number of other volunteers, mainly women.



# *Delegate Café*

**64 Bombala St Delegate**

**DINE IN - TAKE AWAY**

**OPEN 7 DAYS**

**Fruit & Veg - Groceries**

**DVD Hire - Eftpos**

**Tel (02) 6458 8171**

**Pizza available most Friday & Saturday Nights**

***New Trading Hours for***

***Sundays 9.30am to 2pm***

***Grill off at 2pm***

## **DELEGATE HOTEL**

*Your host: Paul Herringe*

**Accommodation  
Counter Lunches**

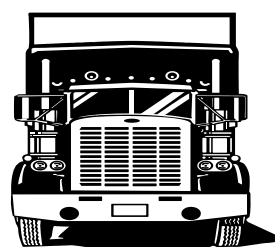
**Spin to win every Friday  
night.**

**Pick of the table and cash**

**Sky Channel & Pub Tab,  
ATM and Eftpos**

**Ph: 6458 8091**

## ***TALBOT TRANSPORT***



### **LIVESTOCK & GENERAL**

***1 Hensleigh Street, DELEGATE 2633***

**Mobile: 0418 516 076**

**Phone: (02) 6458 8085**

**Fax: (02) 6458 8055**



## FAREWELL TO TWO LONG STANDING CITIZENS

Members of the Delegate Settlers' Hut Committee held a farewell luncheon for Jayne and Henry Sellers, who are awaiting a place in an Aged Care residence in Sydney. Because the café was closed due to Covid the occasion was held at the Rural Transaction Centre. Jane and Henry have been foundation members of the Hut Committee and it is with regret that the group sees their departure from the area. The Committee presented Jayne and Henry with a photo of the hut.

The couple had previously planned to retire to Currawarna in Bombala, but like so many of the communities senior citizens their plans were dashed by the announcement of it's closure.

L: Jayne and Henry R: Delegate Early Settler's Hut Committee.



### BUSH FIRE RECOVERY BARBECUE MEMORIAL PARK

9th. April—at 12 noon  
Bring your chairs or picnic blankets

NO CHARGE—ALL WELCOME



### ANZAC DAY IN DELEGATE.

The Delegate RSL have a new president, Dermot Ryan of "Balgownie", Delegate an ex RAN has taken on the role, following the retirement of Phil Pope. Phil who has done an outstanding job in the role for several years, will be leaving Delegate shortly. He and his wife Maree will be greatly missed for their contribution to the Community during their time in Delegate.

Dermot who retired with the rank of Lieutenant-Commander in the RAN in 1999, is keen to recruit new members to Delegate RSL.

This year, the usual services will be held, commencing with the Dawn Service at 6am at the Cenotaph, followed by a Gunfire Breakfast at the RSL Hall. The main Service will start at 10.30am at the Cenotaph with the march commencing at 10.45am.

Lunch will be held at the Country Club from noon (\$20 and free for ex-service personnel and children under 12.





**Delegate**  
**Tel: 6458 8004**

**Livestock— Tony Brady,**  
**Sam Platts**  
**Agronomy— Milly Arnold**  
**0488281253**  
**Merchandise**  
**Insurance - Wool**  
**Finance - Fertilizer**

## Delegate Hair Boutique



Open  
All Day Fridays  
Delegate School  
of Arts  
Call in on the day  
or telephone  
**0427587240**  
For an appointment

**PLUS For all  
Your Floral  
Arrangements**  
Weddings,  
Birthdays,  
Anniversaries,  
Wreaths and  
Private  
Functions  
**Phone Pam**  
**on 6458 4346**  
**Mob: 0427587240**



### Women's Day Photos



### WAYNE (BERT) GUTHRIE CELEBRATES HIS 50th BIRTHDAY.

Congratulations to Bert on the occasion of his 50th birthday, which was celebrated with family and friends at Rose Cottage in the ATC. It was a happy occasion, which also doubled as a re-union for old schoolfriends and others.

*(We were unable to get a photo from the party, but this photo of Karen, Bert, Josh and Katie was on Bert's Facebook page)*





**Delegate Multi Purpose Service**  
**Craigie St, Delegate 6459 8000**

**Wellness Clinic**

Monday 9am-10am

Every week except Public Holidays

No Appointments necessary.

A clinic where well people come for health monitoring and a variety of nursing procedures such as:

- Wound care
- Blood pressure readings
- Blood sugar readings
- Suture or clip removal
- Injections with Doctors written order
- Other procedures that do not require a Doctor

**Pathology clinic (conducted by Pathology West)**

Wednesday 9.30am – 10.30 am.

No appointment necessary.

Every week except public holidays.

**Women's Health Clinic**

4th Thursday of the Month

Phone 1800999880 for appointments

**Other Community Health Services**

- Dietician
- Diabetes Educator
- Immunisations
- Podiatry
- Child and Family Health Nurse
- Generalist Community Health Nurse

To refer to any of the above please ring Community Health Central Intake team on 1800999880

**Victorian Visits**

Community Nurse visits Victorian Clients every fortnight. For referral or info ring Orbest Regional Health 03 5154 6666 or Delegate Community Health Nurse on 6459 8000

***OLD DELEGATE POST OFFICE***

***Home of the***

***Healing Hub and Creative Hub***

***Homewares***

***Gourmet Foods***

***Handcrafted Gifts & Toys***

***Thursday to Saturday***

***10am to 4pm***

***40 Bombala St Delegate***

***02 64585289***

***Thursday afternoon Creative***

***Hub Workshops***

***12.30 to 2.30pm***

***Small charge for materials***

***Serendipitous Markets last***

***Saturday of the month.***

***Barista Coffee, Hot chocolate and Tea***

***Herb and flower posies now available***





# DELEGATE SCHOOL NEWS

## **PSSA Cross Country**

On Thursday 17 March, our students, along with students from Bombala Public School and St Joseph's Primary School Bombala, headed to the Delegate Country Club for our Annual Djamalan PSSA Combined Cross Country Carnival. What an amazing day it was for our school, with 21 students attending who are aged 8 years and over in 2022, and 19 students being selected in the Djamalan PSSA Cross Country Team to compete at the Snowy Mountains PSSA Cross Country Carnival on Friday 6 May at Nimmitabel Public School and Golf Course. The effort put in by our students, not only on the day of competition, but in the lead up to the event in training, was nothing short of spectacular. We had the following students crowned Age Champions:

**Junior Girls – Georgina Jeffreys**

**11 Years Boys - Cooper Gilbert**

**12/13 Years Girls – Ella French**

**12/13 Years Boys - Logan Nichol**

Lily Kading, Lola Tonissen, Mason Brooks, Amelia Jeffreys, Layla Brooks and Fred McKenna also

received placing ribbons on the day.

Our school was crowned Overall Champion as well as Handicap Champion on the day. These amazing achievements aside, I must say the most pleasing aspect of the day, was the simply outstanding behaviour, sportsmanship and teamwork displayed by our school on the day. Thank you to Miss Buckley, Mr Whitlock, and Mrs Tonissen for their work on the day. And a massive shout out to the Delegate Public School P&C for their outstanding canteen that operated throughout the day. The feedback from our partner schools has been overwhelmingly positive.



## DELEGATE 113th ANNUAL SHOW 2022 – CATTLE RESULTS

### STUD BREEDERS SECTION

Class 2 – Bull, 18 months and Under 2 Years - 1<sup>st</sup> G & N Alcock with Kylo Rockstar, 2<sup>nd</sup> Josslyn Poll Herefords with Josslyn R210, 3<sup>rd</sup> Josslyn Poll Herefords with R217

Senior Champion Bull - G & N Alcock with Kylo Rockstar,

Class 4 – Bull, 6 months and Under 12 months – 1<sup>st</sup> G & N Alcock with Kylo Shooting Star, Nungar Plains Santa Gertrudis Stud with Nungar Plains Sonny, Nungar Plains Santa Gertrudis Stud with Nungar Plains Sahara

Junior Champion Bull - G & N Alcock with Kylo Shooting Star

Grand Champion Bull - G & N Alcock with Kylo Shooting Star

Class 8 - Heifer, 12 months & under 18 months – 1<sup>st</sup> G & N Alcock with Kylos Lass

Class 9 – Heifer, 6 months & Under 12 Months - Nungar Plains Santa Gertrudis Stud with Nungar Plains B341

Junior Champion Female - G & N Alcock with Kylos Lass

Grand Champion Female - G & N Alcock with Kylos Lass

Class 11 – SUPREME CHAMPION BEEF BREED – Commonwealth Bank Perpetual Trophy and Sponsored by National Australia Bank - G & N Alcock with Kylo Lass

Class 12 – Reserve Supreme Champion Beef Breed – Sponsored by National Australia Bank – G & N Alcock with Kylo Shooting Star

### DELEGATE 113th ANNUAL SHOW 2022 - WOOL RESULTS

Class 3 – Merino Fleece, Medium Combing, skirted - 1<sup>st</sup> JW & RM Guthrie, 2<sup>nd</sup> Peter Guthrie

Class 4 – Merino Hogget Fleece, Medium Combing, skirted – 1<sup>st</sup> Peter Guthrie, 2<sup>nd</sup> Ian Sellers

Class 5 – Merino Fleece, Fine Combing, skirted – 1<sup>st</sup> Peter Guthrie, 2<sup>nd</sup> Peter Guthrie

Class 6 – Merino Hogget Fleece, Fine Combing, skirted - 1<sup>st</sup> Ron Horton, 2<sup>nd</sup> Peter Guthrie

Class 7 – Merino Fleece, Super Fine Combing, skirted - 1<sup>st</sup> Peter Guthrie, 2<sup>nd</sup> Peter Guthrie

Class 8 - Merino Hogget Fleece, Super Fine Combing, skirted - 1<sup>st</sup> Peter Guthrie, 2<sup>nd</sup> Peter Guthrie

Class 16 – CHAMPION FLEECE OF SHOW – Sponsored by B and A Reed – Peter Guthrie

RESERVE CHAMPION FLEECE OF SHOW – Peter Guthrie

EG Ingram Memorial Trophy sponsored by W and F Kimber Pty Ltd for the Most Successful Exhibitor – Peter Guthrie

Dynon Wools Prize for Fleece of The Highest Commercial Value – JW and RM Guthrie

TWG Fleece Competition (3 Fleeces) - 1<sup>st</sup> JW & RM Guthrie, 2<sup>nd</sup> Peter Guthrie. 3<sup>rd</sup> Ron Horton

### DELEGATE 113<sup>TH</sup> ANNUAL SHOW 2022 – ART RESULTS

#### Open Section

##### Oils/Acrylics

Class 1 – Landscape/Seascape – 1<sup>st</sup> Gloria Cotterill, 2<sup>nd</sup> Julie Herringe

Class 2 – Any subject – 1<sup>st</sup> Carol Watson, 2<sup>nd</sup> Natalie Armstrong

Class 3 – Still Life – 1<sup>st</sup> Carol Watson, 2<sup>nd</sup> Natalie Armstrong

##### Watercolour

Class 4 - Landscape/Seascape – 1<sup>st</sup> Natalie Armstrong, 2<sup>nd</sup> Gloria Cotterill

Class 6 – Still Life – 1<sup>st</sup> Natalie Armstrong

##### Pastels

Class 7 – Landscape/Seascape – 1<sup>st</sup> Natalie Armstrong

Class 8 – Still Life – 1<sup>st</sup> Gloria Cotterill

Class 9 – Any Other Subject – 1<sup>st</sup> Gloria Cotterill

Class 10 – Portrait – Any Medium – 1<sup>st</sup> Natalie Armstrong, 2<sup>nd</sup> Natalie Armstrong

Class 11 – Drawing - Any Medium – 1<sup>st</sup> Gloria Cotterill, 2<sup>nd</sup> Laurie Neven

Special Prize for Landscape Section (limited to resident artists in the former Bombala Council and Orbost Shire areas) Monaro Post's Prize - 1<sup>st</sup> Natalie Armstrong, 2<sup>nd</sup> Gloria Cotterill

Encouragement Award to Resident Artist – Delegate Hotel's Prize - Jenny Chaplin

CHAMPION EXHIBIT IN SENIOR ART – NewsExpress Cooma's Trophy – Gloria Cotterill

Most Successful Exhibitor in the Senior Art Section – Monaro Post's Prize – Gloria Cotterill

### Intermediate Section

Class 15 – 12 – 14 Yrs any medium, any subject – 1<sup>st</sup> Declan Guthrie, 2<sup>nd</sup> Emily Gilbert

Class 16 – 15yrs to 17yrs any medium, any subject – 1<sup>st</sup> Alisha McMillan

Class 18 – 15yrs to 17 Yrs - Drawing, any medium, any subject – 1<sup>st</sup> Alisha McMillan

Encouragement Award-Intermediate Section – Stewart's Garage, Delegate Prize – Declan Guthrie

CHAMPION EXHIBIT – INTERMEDIATE SECTION – Bush Basics Trophy – Alisha McMillan

### Junior Section

Art Work – Any Subject, Any Medium

Class 19 – Pre-School - 1<sup>st</sup> Maisie Clear, 2<sup>nd</sup> Brodie Ingram, 3<sup>rd</sup> Kohen Mikula, 4<sup>th</sup> Elizabeth George, 5<sup>th</sup> Chase Nichol

Class 19A – Pre-School – 1<sup>st</sup> Elizabeth George, 2<sup>nd</sup> Sonny Kimber, 3<sup>rd</sup> Josie Clear, 4<sup>th</sup> Chloe Ingram, 5<sup>th</sup> Ellen Guthrie

Class 20 – Kinder and Year 1 – 1<sup>st</sup> Paige Nichol, 2<sup>nd</sup> Peter Talbot, 3<sup>rd</sup> Liam Guthrie, 4<sup>th</sup> James Jeffreys, 5<sup>th</sup> Ben Preston

Class 21 – Years 2 and 3 – 1<sup>st</sup> Abbey Gilbert, 2<sup>nd</sup> Alex George, 3<sup>rd</sup> Alex George, 4<sup>th</sup> Abbey Gilbert, 5<sup>th</sup> Lily Kading

Class 22 – Years 4 & 5 – 1<sup>st</sup> Tyrone Ingram, 2<sup>nd</sup> Harlan Ingram, 3<sup>rd</sup> Kathryn George, 4<sup>th</sup> Tyrone Ingram, 5<sup>th</sup> Dustin Voveris

Class 23 – Year 6 – 1<sup>st</sup> Isabella Tonissen, 2<sup>nd</sup> Jayde Filardi, 3<sup>rd</sup> Logan Nichol, 4<sup>th</sup> Cooper Gilbert, 5<sup>th</sup> Travis Ingram

2 x Encouragement Awards - Stewart's Garage, Delegate Prizes – Tom Kading and Lola Tonissen

Drawing – Any Subject, Any Medium

Class 25 – Preschool – 1<sup>st</sup> Chase Nichol, 2<sup>nd</sup> Ellen Guthrie, 3<sup>rd</sup> Brodie Ingram, 4<sup>th</sup> Kohen Mikula, 5<sup>th</sup> Elizabeth George

Class 26 – Kinder and Year 1 – 1<sup>st</sup> Liam Guthrie, 2<sup>nd</sup> Tom Kading, 3<sup>rd</sup> Liam Guthrie, 4<sup>th</sup> Liam Guthrie, 5<sup>th</sup> Paige Nichol

Class 27 – Years 2 and 3 – 1<sup>st</sup> Lily Kading, 2<sup>nd</sup> Lola Tonissen, 3<sup>rd</sup> Harlan Ingram, 4<sup>th</sup> Evie Shaw, 5<sup>th</sup> Lily Kading

Class 28 – Years 4 and 5 – 1<sup>st</sup> Ella French, 2<sup>nd</sup> Fred McKenna, 3<sup>rd</sup> Tyrone Ingram, 4<sup>th</sup> Dustin Voveris, 5<sup>th</sup> Fred McKenna

Class 29 – Year 6- 1<sup>st</sup> Layla Brooks, 2<sup>nd</sup> Cooper Gilbert, 3<sup>rd</sup> Travis Ingram, 4<sup>th</sup> Kadence Baxter, 5<sup>th</sup> Declan Brennan

2 x Encouragement Awards - Delegate Hotel Prizes – Chase Nichol and Toby Ingram

Collage Work – Any Subject, Any Medium

Class 30 – Pre-School – 1<sup>st</sup> Ellen Guthrie, 2<sup>nd</sup> Chloe Ingram, 3<sup>rd</sup> Masie Clear, 4<sup>th</sup> Kohen Mikula

Class 32 – Years 2 and 3 – 1<sup>st</sup> Lily Kading, 2<sup>nd</sup> Alex George, 3<sup>rd</sup> Abbey Gilbert

Class 33 – Years 4 & 5 – 1<sup>st</sup> Kathryn George, 2<sup>nd</sup> Mason Brooks, 3<sup>rd</sup> HarryFrench, 4<sup>th</sup> Lola Tonissen, 5<sup>th</sup> Amelia Jeffreys

Class 34 – Year 6 – Jayde Filardi, 2<sup>nd</sup> Logan Nichol, 3<sup>rd</sup> Ella French, 4<sup>th</sup> Isabella Tonissen, 5<sup>th</sup> Wyatt Preston

Encouragement Awards – Delegate Hotel's Prizes – Kathryn George and Georgina Jeffreys

CHAMPION EXHIBIT – JUNIOR ART – Stewart's Garage, Delegate, Trophy – Liam Guthrie



## **SAVE CURRAWARNA**

The public meeting in Bombala re the closing of Currawarna on Friday the 18<sup>th</sup>., saw a large crowd present, to hear from politicians Kristy McBain and Nicole Overall and representatives of Southern Cross Care. The meeting was chaired by Narelle Davies new President of the Snowy Monaro Shire. A number of locals spoke passionately about the need for the institution be kept open, with an ageing population, and the only recourse for residents to be sent to neighbouring towns, distances away from families. Representatives from Southern Cross Care were adamant that it was not feasible to keep Currawarna open, listing a number of reasons, which were received with some skepticism by those present. Councilor Bob Stewart addressed the crowd saying it was worst decision made by a corporate entity that he had ever seen and that he was disgusted with Southern Cross Care. When Narelle closed the meeting, she assured the crowd that our two local members, Kristy and Nicole were working together to find a solution. Narelle Davis said that the council's priority is to ensure that there is a viable aged care sector across the entire Snowy Monaro. It was announced over the ABC Bega, that six of the residents could be moved to Delegate, but this does not appear to have happened yet. As Mayor Davis said, with the coming election, Aged Care needs to be front and centre of our demands to Government.

## **STAFFING SHORTAGES STILL CAUSING PROBLEMS AT THE MPS**

Some members of the Delegate Progress Association were invited to the Delegate MPS for an update on Staffing and other matters pertaining to the local Multi Purpose Service.

Staffing continues to be a huge problem throughout the State and the local MPS is at present, entirely dependent on Agency Staff for the provision of Registered Nurses. Advertisements for more staff have been placed and management are hopeful, but not confident, that they may get one permanent Registered Nurse. In the meantime, the employment and training of Assistants-in Nursing is going ahead, with one position being filled and another position being on-boarded.

The closing of Currawarna has exacerbated the problem, with most of the residents there having to be moved further afield. The Bombala Community are hopeful another provider will take it over, but there are still many hoops to jump through.

The proposed downgrade of the Delegate Emergency Department will still take place, and this may help with staffing as many Registered Nurses are not comfortable dealing with emergency situations. However, the wheels of Government turn very slowly, which does nothing to help with an immediate staff shortage.

There are proposals to offer more visiting services to the local MPS, but as Chairman of the Community Consultative Committee, Rhonda Linehan, pointed out, this has been difficult to arrange in the past as lack of numbers is always brought up as an excuse not to visit small facilities.

Should the Staff shortage continue to become a major hurdle at the Delegate MPS one proposal is to build an extra wing on to the Bombala MPS to provide Aged Care Accommodation for an extra 20 district beds. At the moment these are just ideas being tossed around and representatives from Health will again visit to update the community in the next few weeks or months.

Aged Care has long been neglected by successive Governments and the present staff shortage is biting hard, particularly in small communities such as ours.

# HERE & THERE

Happy birthday to all those born in April, including: Lola Tonissen, George Tonissen, Angie Ingram, Natalie Armstrong, David Reed, Edna Reed, Connor Reed, Logan Nichol, Gail Smallman, John Judge, Kevin Callaway, April Game.



Dr. Keith Gleeson plans to hold surgery one day per week at the demountable section of the Delegate MPS, which is certainly great news for locals and those living over the border.



The Aged Care situation in Delegate and Bombala is certainly dire at the moment, with the imminent closure of Currawarna. People are scrambling to find places for their loved ones in other areas, which has not been easy. Despite a royal commission, there has been nothing done to improve aged care services, and this is being particularly felt in rural areas, which are lagging behind in all health services.

We have been enjoying some lovely autumn weather of late, but a cold change is about to hit the area. It has been a summer of very changeable weather, and we will soon be using our heaters full time.



The Bombala Show which as it turned out was held on the same week-end as the cancelled campdraft also enjoyed good crowds and good weather. Unfortunately the campdraft had to cancel the week before, because the show-ground was very wet and it was unfortunate that the two events coincided, but the Campdrafts are so popular, they have a calendar of dates for these events.



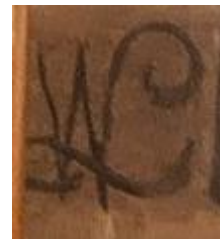
SRMC new Mayor, Narelle Davies has had a very busy initiation into her job, visiting the many local events and local communities. She also chaired the Save Currawarna public meeting and has vowed to continue fighting to restore an Aged Care Facility at Currawarna.

In good news for the residents of the Border area, the sealing of the last remaining 10kms the Bonang is in it's final stages of planning and approval. It will involve the removal of native vegetation, but have embedded ecologists into the proposal to reduced environmental impacts and reduce the amount of sediment entering nearby waterways. The sealing of this section has been a long time coming.

Some of the Maple trees in Delegate's main Street are beginning to turn to their autumn colours. There are some maples in nearby Memorial park as well, and it will be a great sight in Autumn especially as the trees mature.



# LOOKING BACK



The photo of the above painting of Delegate Hill, was sent to us by Ken Collins, who says it was given to his Grandmother Ida Collins, who was born in 1898. He is wondering if anyone can identify the artist who painted it. The signature as shown appears to be WC

Pip Ryan asks if anyone can identify the child, or anyone in this photo, which was found at "Balgownie" Homestead. The photo was taken at the opening of the Delegate RSL Hall which took place in the 1940's.





# Community Information

**EMERGENCY / AMBULANCE: 000**

**FIRE: 000**

**POLICE**

**Delegate: 6450 3360**

**Bombala: 6458 3444**

**Cooma: 6452 0099**

**Bendoc: 6458 1523**

## **CHURCHES**

### **CATHOLIC**

Father Mick McAndrew 02 8331 7609

Sister Teresa Keane: 6458 3045

1st 5th Sundays Mass Delegate Sat  
5pm and Bombala Sunday 8am

2nd & 4th Sunday –Liturgy Del.Sat 6pm

Bombala Sun. 9am

3rd Sun. Mass Del. Sun 8am Bom. 10am

Mass Delegate MPS 2nd Wed. 10.30am

Website [www.cg.org.au/bombala](http://www.cg.org.au/bombala)

Email: [joeysdelegate@gmail.com](mailto:joeysdelegate@gmail.com)

### **ANGLICAN**

Rev. Judy Holdsworth 04 0853 1544

Rev. John Kuruvilla 0406765443

Services: 11am every Sunday.

**DELEGATE MPS 6459 8000**

**BOMBALA MPS 6458 5777**

Community Health Central intake team on 1800 999880

**Victorian Visits**—Community Nurse visits Victorian Clients every fortnight. For referral or info ring Orbest Regional Health 03 5154

6666 or

Delegate Community Health Nurse on 6459 8000

**Bombala Medical Practice 6458 3022**

**Healthdirect and GP helpline 1800 022 222**

(See advert in paper for detailed information)

**MONARO FAMILY SUPPORT SERVICE**

Bombala Office: 6458 4888

open Tues to Thurs - 9:00am to 5:00pm

**Delegate Pre School: 6458 8196**

**Delegate Public school: 6458 8183**

**DELEGATE PROGRESS ASSOCIATION**

RTCT Centre - 6458 8388— [dpaooffice@bigpond.com](mailto:dpaooffice@bigpond.com)

Newspaper: [delegateprogress@exemail.com.au](mailto:delegateprogress@exemail.com.au)

**Tubbut Access Centre 6458 0295**

**NRMA/RACV: John Stewart: 6458 8047**

**DELEGATE CARAVAN PARK: 0447151228**

**Delegate Progress Association Inc.**

**66A Bombala Street**

**DELEGATE NSW 2633**

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**[delegateprogress@exemail.com.au](mailto:delegateprogress@exemail.com.au)**

**(for paper)**

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**Delegate Doings' Subscription:**

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## **ADVERTISING IN THE "DELEGATE DOINGS"**

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## BEAT THE PRICE RISES – Grow your own

Famine has always accompanied war, and although Ukraine is far away, Ukraine's contribution to global food security is so great that it is already affecting Australia's food pricing. It is a major supplier of grain and vegetable oils – its emblem flower is the Sunflower after all. Already the price of wheat has risen by \$100 per tonne affecting our dairy, chicken meat, eggs, pork and grain fed beef. Closer to home we have the persistent flooding of our major vegetable producing areas that has wiped out winter crops and that will now take seasons to fully recover.

There is a general reluctance in this district to have a cool season vegetable garden which is strange since so many of our staple foods come from climates colder than ours and although slow growing during winter, are frost proof.

There are so many vegetables that grow happily in autumn and winter here producing an abundance in early spring when summer crops are months off. The big advantage of a winter garden is that the major pests are asleep. **Below is a list of what can be started now.**

The quickest to produce is the Asian leafy greens group. Pak choi makes a crisp delicious salad leaf along with young beetroot leaves. Broad bean growing tips can be harvested all winter and cooked, the pods coming in spring. The outstanding vegetable for cold weather is English Spinach. The onion family also gives many varied meal opportunities from soup to tarts and they can be grown in little spaces between shrubs. Radishes are usually thought of as salad food in Australia but are added to stews throughout Europe.

Cabbage and Cauliflower are longer term prospects but keep well especially if refrigerated. Roasted garlic produces a mild silky spread that serves as a butter substitute for savoury sandwiches.

Beetroot  
Broad Beans  
Cabbage  
Cauliflower  
Chives  
Collards  
Corn Salad (*also Lamb's lettuce or Mache*)  
Garlic  
Kale  
Leeks  
Lettuce  
Mizuna  
Mustard greens  
Onion  
Pak Choy  
Parsley  
Radish  
Rocket  
Shallots  
Silver beet  
English spinach  
Spring onions  
Turnip



**So get growing!** The worst that can happen is that the ground will be well prepared for an early start to the summer season. And remember many of the leafy greens are more tender and mild if given some shade.