

# **HACC Christmas in July**

Christmas in July was celebrated in grand style on Wednesday 27<sup>th</sup> July. The Bombala Contact Group, HACC Clients and Carers from Bombala and Delegate and friends gathered at the Delegate Country Club for a day of friendship and good cheer.

Wonderful entertainment was provided by Gordon Budd who delighted the crowd with his selection of Irish dances. Vocal duo Tanja Ponsford and Rowena Butterworth followed with beautiful renditions of Christmas carols and inspirational songs.

The traditional Christmas luncheon was a feast to behold. Louise Manning and Lana Jamieson were superb, producing and presenting the meal with great style and panache. Santa made a surprise visit as well, distributing gift bags to all who attended.

Everyone enjoyed themselves immensely and had high praise for all the workers who organised the event. It is anticipated that the Contact Group will travel to Delegate for more combined activities in the future.

Thanks goes to the Delegate Country Club, Uland Sievert as Santa, Gordon Budd, Tanja Ponsford & Rowena Butterworth for helping to make this event so enjoyable.





and:

Next Issue: then:

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#### **Dates for your Calendar**

- 13th August—paper craft workshop
- 14th August—Full moon cob oven dinner
- 17th August—1.30pm Delegate Arts Group meeting School of Arts Wed
- 23rd August—DPA meeting
- 27th August—Darts Grand Final

•

#### Claim The Date

• 19th November—Snowy River Muster

# DPA meeting 23rd August 7.30pm All Welcome

Walking Group
Starts Friday 12th August
2pm
Rtct Centre
Come along and join in
All levels of walking
catered for
Contact Sharon 64588333
Or just turn up
We will walk Mon to Fri
Other times coming soon

# CTC@ Delegate

## Delegate RTCT Centre Borderline Gallery

Open Mon 10-3

Wed 10-3

Thur 10-3

Fri 10-3

Photocopying, Fax

Internet and computer use,

Free internet for over 50's

Centrelink

Printing and binding

Photo printing

Gallery sales

Gift ware and card sales

Tourist Information and maps

Justice of the Peace available most Wednesdays other days and times by appointment.

Delegate Progress Association and Delegate Doings Office.

**Delegate Nurses Cottage Bookings** 

64588388

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# Christmas in July

Was celebrated at the Delegate Country Club on Saturday night 23rd July It was a joint effort between the Delegate year 6 who are raising money for their Melbourne excursion and the Country Club. A great night was had by all.





Gary Sandford a local Tubbut resident entertained locals on the night. He was joined by Michelle Farran, Heather Jones and Beverly Stokes.

The new curtains and lights have made a big difference at the club, making it a much cosier place on a winters night.

If you haven't been in a while come and check out the new look club.



Glen Walker has been brightening up the Post office with his smile lately as he works, stamping letters ,recording stock and sorting parcels. Glen finished his HSC last year and is currently doing volunteer work to gain experience in the work force.

# History comes alive at the School of Arts

An enthusiastic group of people participated in a workshop at the Delegate School of Arts on Wednesday 3<sup>rd</sup> August.

The workshop led by SEAR co-ordinator Andrew Gray focussed on writing 'story captions' for artefacts or other items in an historical collection. The participants had been asked to bring an article of historical significance to use as an example for creating their own captions. These items varied from a 'poisoners' bottle and pouch to an original score for music, to a branding iron, photos and other fascinating facets of our local history.

Writing a 'story', which could not exceed 80 words, yet still provide adequate information about the item, proved a challenging task, but was accomplished with panache by our enthusiastic amateur historians. Many of the items were sourced from the Settlers Hut and History Rooms so no doubt you will see the results of our work in these locations.

Workshop participants were able to discuss with Andrew various proposals for history and Art pursuits after a delicious afternoon tea provided by the Delegate Café.

A key focus of this session was the forming of a Delegate and District Arts group (DADA) This group will work to promote, facilitate and showcase all the diverse Arts activities in the district.

The group discussed different funding possibilities for the district and various activities for the immediate future, which could be put into place without significant outside funding. With a wide- ranging community perspective of the Arts there are more openings for grants.

With this in mind it was proposed that DADA hold a mini one-day Arts festival in November culminating in a variety concert at the School of Arts. For this event all local Arts groups, individual performers, performing groups, the local school and any other interested people would be invited to participate either in the daytime exhibitions or the evening performance.

There will be a meeting of the DADA group on Wednesday 17<sup>th</sup> August at the School of Arts at 1.30pm to finalise a date and start preparations for this day. Any enthusiastic and creative people are welcome.

For further details contact Penelope 64588243 or Sandra 64588082

#### **Medicare**

The Medicare booth at the RTCT Centre has been removed by Medicare due to not enough use. The booth in Bombala and many other small South Coast towns were also removed. Access to Medicare is now at their offices in Cooma or Bega or Online access is available at www.medicareaustralia.gov.au

#### Where you can:

- Lodge a Medicare claim (some GP consultations)
- Request a replacement or duplicate Medicare card
- Update your bank account details
- Update your personal details (email, phone, address and more)
- View your Medicare claims history (previous 12 months)
- View your Medicare Safety Net balance (current calendar vear)
- View your Medicare benefit tax statement (current and previous financial year)
- View your Care Plan access history

#### **Computer Scams**

#### 'windows scare'

Have you had a phone call from this group? I answered the phone the other night and a woman said 'madam we are calling about your computer, we see there is a problem with your computer' I asked the name of the company and she answered 'Windows Scare' so I said 'wait a minute while I get a pen to write that down' and she immediately hung up. I knew she couldn't see my computer as it is not on the internet, but it is a timely warning to everyone of the scammers out there trying to get your money.

# Delegate Café

# 64 Bombala St Delegate DINE IN - TAKE AWAY OPEN 7 DAYS

From 9:00<mark>am Weekdays - 10.30am Weekends and Public Holidays</mark>

Fruit & Veg - Groceries Video Hire - Eftpos Tel (02) 6458 8171

Pizza available most Friday & Saturday Nights

A new service available - Repairs on scratched CD/DVD discs

# DELEGATE HOTEL

Your host: Graeme Payten

**Accommodation Counter Lunches** 

27th August Darts grand final

Sky Channel & Pub Tab, ATM and Eftpos

Ph: 6458 8091

# TALBOT TRANSPORT



#### LIVESTOCK & GENERAL

1 Hensleigh Street, DELEGATE 2633

Mobile: 0418 516 076

Phone: (02) 6458 8085

Fax: (02) 6458 8055

#### **DELEGATE FRUIT BARN**

Alana's

43 Bombala St., Delegate.

Open 7 days

From 7.30am till 6pm week days

Saturday- 9am till 1pm

Sunday—9am till 3pm.

Public Holidays 9am till 1pm

#### **Specialising in:**

- Personal service.
- Fresh Fruit & Vegetables
- Groceries and Frozen Food
- Confectionery and Ice Creams
   Eftpos



Phone (02) 64588051

#### LAUGHTER THE BEST MEDICINE

A teenager brought her new boyfriend home to meet her parents. They are appalled by his haircut, his tattoos and his piercings.

Later the girl's mother says "Dear, he doesn't seem to be a very nice boy"
"Oh please Mum" says the daughter. "If he wasn't nice would he be doing 500 hours community service?"

## **QUOTE FOR AUGUST**

Depend on the rabbits foot if you will, but remember it didn't work for the rabbit.

# **New After Hours GP Helpline**

A new service has been announced which will go part way to alleviating the problem of a lack of resident doctor for Delegate. This is the **after hours GP Helpline** 

This service will enable people who require after hours medical advice, who cannot access their usual GP and are not sure what to do, to speak to a GP over the telephone.

The new **after hours GP helpline** is a free service and is expected to benefit people living in areas with limited or no access to after hours care.

The service is available through *Health Direct Austra*— This service extends the current *Health Direct Austra*— iia extending the current 24 hour nurse triage service on service which connects you to a registered

#### 1800 022 222

New features of the after hours GP Helpline include

• the ability for a record of the consultation with the telephone GP to be sent to the patient's usual GP ( with the patients permission)

- a service directory to provide callers with the location of the most appropriate after hours services in their community
- The ability for the helpline nurses and GPs to call back patients if their condition needs to be monitored.
- The GP helpline will operate from 6pm to 8am Monday to Fridays,6pm Friday to 8am Saturday

12noon Saturday to 8am Monday 24 hours on relevant public holidays

This service extends the current *Health Direct* service which connects you to a registered nurse for advice and is available 24 hours. In Victoria you can continue to access the Nurse on Call service.

The new service will provide a small amount of peace of mind for residents of this isolated area, knowing that some assistance is only a phone call away.



# Delegate Tel: 6458 8004

a.h. - Justin Lewis Ph: 6458 8106 Mobile 0429 991 240

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# Priesate Hair Boutique



ll Day Fridays Delegate School Call in on the dav or telephone 6458 7240

For an appointment

PLUS For all Your Floral Arrangements Weddings,



Pottery, Paper & Print

> August 25th — November 25th 2011

Please join us for the opening Thursday 25th August @ 5.30pm

Drinks and refreshments

RSVP 6458 8388 by August 22nd

An exciting exhibition showcasing the works of our talented local artists.

This new collection of works features creative functional pieces along with the quirky and artistic.

Borderline Gallery

Delegate CTC Bombala St. Delegate NSW 2633 Open 10am to 3pm Mon, Wed -Fri & 1st Sat of the Month



#### THE SOLDIER (By Natalie Armstrong)

I saw your young face on TV

And sadness filled my heart

For a loving family who have lost their son

And whose world has just fallen apart.

When a Mother gives birth to a son She does not know what's in store, For ever since this world began There has always been a war.

From days when war was simpler
To a nightmare world without laws,
Young men have been destined to fight,
And give their lives for a cause.

The drummers drum, the bugles play And proudly you marched off to war, But you gave your life for your nation As so many have done before.

We send you away to far off lands To fight an unseen foe, All of the Nation mourns your loss And feels for your family's woe.

But we can never bring you back
To make a life as you planned,
To love and marry and raise your kids,
Not die in a far off land.

I wish that the Nations of the world
Would learn to work as a team,
And not send their youth to fight and die
For me that's a worthwhile dream.

This poem received a "Highly Commended: in the Bush Poetry Competition at the Delegate Show.

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### **Weather Station for Delegate**

Phil and Maree Pope have installed an automatic weather station at Glenora and are now publishing the data on the internet for the local community to access. The url is

http://www.pwsweather.com/obs/GLENORA.html And the station is located in their paddock over the river opposite the primary school.

When people first access it the readings will show in English units, but they can change that to metric by clicking the <u>View data in metric units</u> links on the right hand side of the page.

Previously, the nearest weather station to Delegate that puts this data online is in Bombala, so this will give a better idea of local conditions.

Below: the new Delegate weather station.



# **Gardening News for August**

We have experienced many days of overcast skies during July. The reduced sun hours has delayed the rapid growth of bulbs such as daffodils. In my garden the main display is usually the second week of August but I do not think that will happen this year as most have not yet emerged. Although welcome, the good rain has left the soil unusually boggy making preparation for Spring planting hard work and, in some places, inadvisable. Working very wet soil damages structure leading to reduced aeration which in turn reduces growth.

Soil that has been saturated for some time becomes sour. This reflects the death of aerobic soil organisms and plant roots. When anaerobic organisms (those that do not require air) proliferate, they give off gases like ammonia and methane that change the smell of the soil. This Spring it is more necessary than ever to apply dolomite to help the soil recover. Dolomite supplies calcium and magnesium without affecting soil pH which is the measure of soil acidity.

A lot is written about soil pH and the pH 7 (Neutral) is recommended as being ideal. This is because the availability of most elements is optimal at this point on the scale. However, since so many local soils are severely depleted of elements anyway the pH reading has little practical relevance and especially so when describing soilless potting mixes. The quick-fix is to apply chemical fertilisers. The elements they contain such as iron, potassium and nitrogen quickly enter the soil water and the plants take up what they need for their immediate requirements. Any remainder will wash out of the soil as water passes through it from rain or sprinklers. This happens because these manufactured products are a mix of soluble salts.

The leaching cycle can be broken by improving soil organic matter. Excess elements will either bind directly to the organic matter or be incorporated into the bodies of soil bacteria or fungi that live in the organic matter. Either way the plants will be able to extract them when required.

Organic matter is the soil carbon that is so much in the news lately. It is really important that every morsel of plant material is composted and returned to the garden.



Compost is continually worked on by the soil organisms - they can be the large ones like worms that we see or the microscopic ones like bacteria, fungi and protozoa that we are not aware of. The compost is reduced to simple substances as each organism feeds and excretes and it is these substances that are available to the plants.

In the natural cycle plant debris is transformed into soil nutrients where it falls feeding the plants in the immediate vicinity. Gardeners imitate this process, whilst also keeping the garden tidy, by making compost in a designated area. Burning prunings and leaves is a real loss to the soil and directly pollutes the atmosphere. The volume of compost made can be boosted by recycling paper waste and food scraps and with the addition of animal manures to the pile

the range of organisms present broadens adding great value to its effect on the soil.

In the food garden this month it is the last chance to establish bare root fruit trees and to plant broad beans, onions, English spinach and beetroot.

It is absolutely the right time for seed of cabbage, kohl rabi, lettuce, parsnip, peas, potatoes, silver beet, Swedes and turnip. However successful germination will depend on the rain ceasing.

Planting in the ornamental garden is probably confined to bare root trees since it is so wet. It is worth while to plant sweet peas though as they perform well here when planted in late winter but all other flowers are best left to September.



# **DELEGATE SCHOOL NEWS**

# STEPHANIE ALEXANDER KITCHEN GARDEN

We are entering the critical time of year for vegetable gardening and we will be making very good use of our heated bench to produce seedlings of summer crops as early as possible in order to make the best use of Delegate's very short growing season. One constraint we face is that the main growing season coincides with the long summer holidays but fortunately the main harvest period is when school returns so this allows us to admirably support the kitchen activities.

There are three programmes that we would like to run in addition to producing food for the kitchen. We feel these will add excitement to the run-ofthe-mill garden work.

- 1. **Producing seedlings for sale**. This is a great fund raiser essential to maintaining the programme and has the advantage of tapping into revenue streams from outside the school community. We had a little trial last season that was well received.
- **2. Propagating native plants** by seed and cuttings to revegetate the area behind the school that gives access to the river. This ties in with gaining knowledge of bush foods and the development of the Bundian Way project. We are already producing a limited range of these foods and have been given some funds to put toward purchase of suitable plants.
- **3. Paving stones.** This is essentially an art project where each student will have the opportunity to make a paver that will record their name and year " in stone". They will be laid progressively to create a path to the kitchen. In years to come the children will be able to recall their time at school by finding their stones.

All this will be easy to achieve if we have enough volunteers to support the children through these tasks. Without help these exciting projects will wither. I hope you can spare an hour between 2 p.m. and end of school on Fridays to make this happen. I am committed to broadening access to the life skills that will enrich adult life and feel fortunate that our school has obtained, through the commitment of staff and P&C, the resources to allow this to happen.

**BUT** we need **YOU** and remember it is a lot of fun!!

From

Susan Tocchini

Garden Specialist

#### **EDUCATION WEEK**

DABBS (Delegate, Ando, Bibbenluke, Bombala Schools)

Combined Concert Musical Based

#### 'ITS SHOWTIME'

Delegate School "A Boy From Oz"

Bombala Public "Mary Poppins"

St Joseph "Wizard of Oz"

Ando & Bibbenluke "Grease"

Bombala High School Short Drama Plays

#### Date 4th August 6.30 to 8.30pm

Bombala High School

Tickets at the door

\$5 per person or \$10 a family

The year 6 Students and parents would like to thank anyone who ordered a load of wood for their support. But they are no longer taking any more orders.

## Dennis Callaway's 60th.

A party was held at Dennis and partner Michelle's home at Dapto, with many members of the Callaway clan travelling a long way to help Dennis celebrate. All 8 Callaway siblings attended, with some coming from as far away as Perth. A special surprise guest was Dennis's longtime mate Keg Guthrie. A great time was had by all, with Zac and Dean Callaway carrying on Kevin and Dennis's tradition of dressing up as ladies (?) to add to the fun. Here's hoping they were more gorgeous than their predecessors!



# Taityn Parkes

The 4<sup>th</sup> of July was a very special birthday for Maria Callaway, with the arrival of a great grandson for her and Kevin. The baby, who has been named Taityn, weighed in at a healthy 9lb 13oz. He is the son of Aaron Parkes and his partner Toni, a brother for sister Indy, grandson of Toni and Lance, and a welcome new addition to the Callaway family.





# Every Friday Night Meals, Raffles and Courtesy Bus.

**COMING SOON....** 

Sand Green
Men's Championships
18th of September.
Golf Every Sunday from

September Club Night date to be announced

1pm...

# Looking for Casual Bar or kitchen Work??? Call the Club today.

**RENEW** your Membership with a friend before the end of August and the second Membership is FREE.

That's right 2 **MEMBERS** for the 1 low price of just \$22.00.

# The Delegate Country Club

For the Information of Members & Their Guest 02 6458 8169

# Cooma Rotary Club's Pride of Workmanship award.

Congratulations to ex local, Lucille Ingram (left), the proud recipient of a Cooma Rotary Club's Pride of Workmanship award. Lucille earned this award for her dedication to her vocation of registered nurse with Specialist Mental Health Services for Older Persons. She is highly regarded in her field and is diligent in all her work.



# **HERE & THERE**

Happy Birthday to Heather Commons who was joined by family members for her special day, including daughter Rita and son-inlaw Ray from Batemans Bay.

More August Birthdays are Christine Walker and Jennifer Bruce, Philomena Collins, Lana Martin-McInnes, Chops Guthrie, Lesley Collins and Sharon Buckman.



Tanja Ponsford one of our great volunteers is expecting a visit from her sister and small niece from Germany in August. Tanja is German born, married Sid, an Australian, spent 13 years in Ireland before moving to Bombala.

She has been an asset to the community.

Unfortunately Tommy's Trivia tentatively booked for August has been cancelled, as Greg Crotty the host of the show is unable to manage it at this time. We will look forward to seeing Greg and enjoying "Tommy's Trivia" some time in the future.

The administrators for Willmott Forests have announced that all local assets are for sale, including the former old hospital building and grounds. You have until 15th August to put in expressions of interest.

Tasco is having a groundbreaking ceremony in August for the expansion of the Sandy Lane Mill.

The Nurses Cottage has new curtains in all bedrooms and the DPA are grateful to Marilyn Callaughan for her valuable help in donating curtains and sewing linings, which made the exercise much more economical.

Our thanks go to Warren Hampshire who has been kept busy the last few weeks repairing all the exposed pipes in town after the recent frosts. Most of the repairs are to pipes installed by south coast plumbers who didn't understand how cold it can get in Delegate. Its interesting to note that the south coast plumbers wont come up here to fix a frost burst pipe that they installed.



Plans regarding the helicopter landing site at Bill Jeffreys Park are progressing slowly.

Congratulations to Wilga Ingram who celebrated her 80th birthday on July 6th with a dinner at Golfields, Canberra. All of Wilga's family and close friends were there to share this very special occasion with Wilga. Delegate friends had their chance to share their good wishes with Wilga when they gathered together at the Delegate Country Club for afternoon tea on Wednesday 10th July. (photos next edition)



Brooke and Steve Morney are thrilled to announce the arrival of their first child, Cohen Hayne, on July 22nd. He is the first grandchild of Michelle and Gary Ingram, and a great grandson for Wilga.

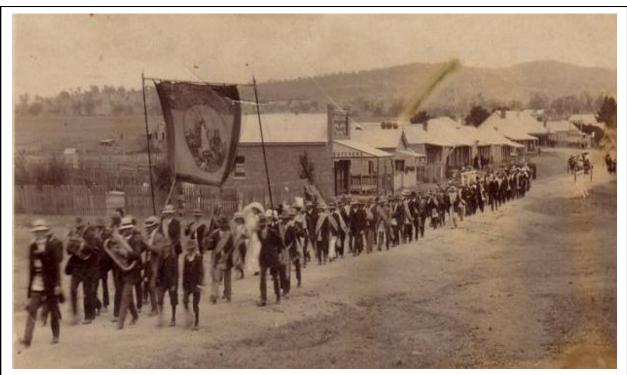
Night Tennis will be starting early September. Notices will be around town for those interested in sighing up for the spring competition.

An exhibition of Hilda Rix Nicholas' work is to be held at the National Portrait Gallery in Canberra in March 2013. The popularity of Rix Nicholas' work continues to grow. There are plans to include a display about her work in the School of Arts in Delegate.

# LOOKING BACK



The above photo shows the opening of the RSL Hall in 1940.



This large group of Oddfellows marching through the main street of Delegate carrying their banner was of an era long past.

The two missing in last months photo were to the left of Elsie is Mrs Keith Sterry and to the right is Mary Demery. The Haydens Hotel was Barney O'Mara's store in more recent times. Where Phyllis O'Mara lived were the guest rooms for Hayden's Hotel.

# **Community Information**

EMERGENCY / AMBULANCE: 000

FIRE: 000

#### **POLICE**

Delegate: 6458 8044 Bombala: 64583444 6452 0099 Cooma: Bendoc: 6458 1523

HOSPITAL: 64598000

**DOCTOR: 64951369** 

CHURCHES

Catholic: Father Paul Hothnance PP 64522062

Father John Vallavil 64522062

Sister Teresa Keane: 6458 3045

Summer: Saturday 6:00pm Mass:

Winter: Saturday 5:00pm

(except in special circumstances)

Anglican: Rev. Denise Channon 64583018

64957040

Rev Judy Holdsworth—64583513

Services: 11am every Sunday

St. Andrews Community Church—

To be Advised

#### **COMMUNITY HEALTH (3 days per week)**

Generalist Community Nurse – Monday, Thursday, Friday Wellness Clinic—Monday and Thursday 0900-10.30 Pathology—Wednesdays 0930-1-3- hours Immunisation Clinic—Fourth Thursday from 1100hours.

**Victorian Visits Tuesdays** Call MPS 64598000

Health Direct and GP helpline 1800022222

#### MONARO FAMILY SUPPORT SERVICES

Bombala Office: 6458 4888 open Tues to Thurs - 9:00am to 5:00pm

**COUNCIL CHAMBERS: 6458 3555** 

**DELEGATE PRE-SCHOOL: 6458 8196** 

**DELEGATE PUBLIC SCHOOL: 6458 8183** 

#### **DELEGATE PROGRESS ASSOCIATION**

RTCT Centre - 6458 8388— DPAoffice@exemail.com.au Newspaper: delegateprogress@exemail.com.au

NRMA/RACV: Jack Stewart: 64588047

**TUBBUT ACCESS CENTRE: 6458 0295** 

**DELEGATE CARAVAN PARK: 64584047** 

**Delegate Progress Association Inc.** 66A Bombala Street **DELEGATE NSW 2633** PH 6458 8388 Fax 64588 374 E-mail dpaoffice@bigpond.com delegateprogress@exemail.com.au (for paper)

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#### 'Delegate Doings' Subscription:

\$30.00 by post Email \$15.00.

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Amount \$

Name

Address or email:

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\$5 cash—\$7.50 a/c	Issue	Issues	Issues
1/4 Page	\$17.50	\$87.50	\$157.50
1/2 Page	\$35.00	\$175.00	\$315.00
Full Page Back Page	\$70.00 \$80.00	\$350.00	\$630.00
Full Page Insert	\$90.00		

Colour advertising: prices on application

# **Delegate Public School**



# Kindergarten

# Orientation

Delegate Public School would like to invite all students wishing to attend Kindergarten in 2012 to participate in our Kindergarten Orientation program. It is a 10 week program designed to help children make the transition between home and school.

#### When:

Term 3 - 5 x Half days - 9:00am to 11:30am

Thursday 25<sup>th</sup> August Thursday 1<sup>st</sup> September Thursday 8<sup>th</sup> September Thursday 15<sup>th</sup> September Thursday 22<sup>nd</sup> September

Term 4 - 5 x Full days - 9:00am to 3:00pm

Thursday 13<sup>th</sup> October Thursday 20<sup>th</sup> October Thursday 27<sup>th</sup> October Thursday 3<sup>rd</sup> November Thursday 10<sup>th</sup> November

- In Term 3 children will need to bring their recess and crunch and sip (vegetables, fruit or water)
- In Term 4 they will need to bring their recess, crunch and sip and lunch.
- Students may wear uniforms but it is not necessary.

For further information please contact: Carol Sellers – Principal Kristil-Rae Mobbs – K 1 2 teacher

6458 8183