August 2022

Delegate Progress
Association

Doings

SSN 1446-6716

Volume 21, issue 8.

STAFFING PROBLEMS AT MPS CONTINUE

Nicole Overall local Member for Monaro, Bronnie Taylor Minister for Mental Health, Rural Youth and Women, Margaret Bennet from South East Health and their entourage visited the Delegate MPS on Thursday 14th July. They met with CCC Committee and DPA Members, regarding proposed changes to the Emergency Department at the Delegate MPS. At the same time they informed us that the staffing problems are continuing, with a heavy reliance on Agency Nurses. This is a problem not unique to Delegate but shared throughout the whole of regional Australia.

The new model for Outpatients will have title of Assessment and Treatment Care Centre (ATCC) and will be Nurse led as before, to deal with minor attendances such as wound dressing, stitch removal, GP referred injections etc., which is basically what has been happening for the past ten or so years. The improvements to the service will include a clinic five days per week between the hours of 9am till 5pm with the addition of access to Telehealth, where patients can converse with their GP or Specialists with the assistance of the Nurse on Duty. More urgent cases will be assessed at the MPS and an ambulance called if required. If no replacement is found for our local GP, Dr Gleeson who proposes to leave at Christmas time, some access to basic health services will be needed for Delegate and the wider community.

One of the solutions they are considering for the shortage of Nurses in the Aged Care facility, is to rotate staff between Cooma ,Bombala and Delegate. To overcome the shortage of accommodation in Cooma, they propose to build 15 new accommodation pods in the grounds of Cooma Hospital. In our opinion this would work well, if the shifts are for a period of at least a week, because of travel distances. Which leaves us with the need for the upgrading of accommodation on offer in Delegate, which despite our many requests, falls on deaf ears. The public will shortly be receiving this information and will have the opportunity to comment. We urge you to do so.



Natalie, Gloria & Robin with Bronnie Taylor, Nicole Overall and Margaret Bennett & members of the CC Committee Rhonda and Claire at the Delegate MPS.



Next Issue: 2 September then: 7 October and: 4 November

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Dates for your Calendar

- 11th August

 General Meeting DPA.
- October Long Weekend—Delegate School of Arts Festival.
- 29th and 30th October—Heritage week-end.



CLAIMING THE DATE

Golden Age Luncheon 11th
Delegate Country Club
27th December 2022

HERITAGE WEEKEND

29th and 30th October
Sports at Bill Jeffreys Park
Public School celebrates 150 years.
Sunday morning—Walk a section of the Bundian Way.

There have been two film crews in Delegate this week including Murray from Moving Words and Pictures has started work on interviews as part of the DPA's Discovery Centre Displays.

Channel 7 has also been here filming Jess and Andrew as promotion for the upcoming Farmer Wants a Wife.

PROGRAMME FOR DELEGATE SCHOOL OF ARTS FESTIVAL

Event 1 - PHILIPPA BATEMAN

Friday 30 Sept 2022

Screening of

'Wash My Soul in the River's Flow' + Q&A with Writer Director

5 pm (2 hours)

venue: Delegate School of Arts

\$15 (includes soup + bread roll + soft drinks) Beer and wine for purchase: \$6 per glass

* Kids under 12 free *

limited tickets

Event 2 - BRONWYN WRIGHT

Saturday 1 Oct 2022

Rix Wright's Stories from Tombong and the Monaro

10 am (1 hour)

venue: The Early Settlers Hut \$5 includes billy tea + bush scones

* Kids under 12 free *

limited tickets

Event 3 - TBA - LIAISING WITH JAZZ AND ASH FROM SE ARTS

Saturday 1 Oct 2022

New Exhibition Launch

[Local Indigenous Artist(s)

Title of exhibition TBC]

time: 11:30 am (1 hour)

venue: Bundian Way Gallery

* free event * limited tickets

Event 4 - DERMOT RYAN

Saturday 1 Oct 2022

The smallest RSL Hall in NSW + history of the Hall from 1:15pm

Hall opens 1 pm

venue: Delegate RSL sub-Branch

* free event * limited tickets

Event 5 - CHARLIE MASLIN

Saturday 1 Oct 2022

Australia's dry lakes from the air

with Charlie Maslin time: 2 pm (1 hour)

venue: Delegate School of Arts

* free event * limited tickets

Event 6 - JOHN BLAY

Saturday 1 Oct 2022

[Event name TBA]

with John Blay

time: 3:30 pm (90 minutes) venue: Delegate School of Arts

* free event * limited tickets

Panel discussion featuring [TBC]

time: 6 pm (3 hours)

venue: The Delegate Country Club

\$40 (main meal + dessert) Drinks for purchase at bar * Kids under 12 free *

FAREWELL MORNING TEA FOR HELEN NOCNY

A group of friends gathered at the home of Sandra Walker to farewell Helen Nocny of Tombong, whom is returning to her home state of Queensland. Helen and her husband Richard, moved into the area eleven years ago, making their home on a small farm at Tombong. Sadly Richard died suddenly just over a year ago, and Helen felt that she could no longer stay here on her own, so is returning to Queensland where the rest of her family are and where she hopes to purchase another home. She sold the property to a young couple with three children who will be moving in straight away. She is pictured below with her sister Coral, who flew from Queensland to accompany Helen on the long drive home. Right: Alma, Natalie, Gloria, Sandra and Marylin with Helen seated in front.





ENQUIRY INTO NSW HEALTH

A recent parliamentary inquiry into health services in general and in particular country hospitals found that a "culture of fear" had staff scared of reprisals for raising patient safety and resourcing issues. Problems were traced back to the 1990's when the sidelining of clinicians began with the abolition of local hospital boards. Tensions between managers and clinicians boiled over at the landmark Garling enquiry in 2008. It led to the establishing of 15 local health districts, to be advised by clinical councils, touted as giving doctors and nurses a say over the running of hospitals.

Those who criticized the parliamentary inquiry felt that they had failed to diagnose the underlying problem—why the ministry and its LHD executives had allowed country hospitals to become so dysfunctional in the years since the Garling inquiry. They believed the fault lay with a culture of managing upwards and prioritizing budgets over health outcomes and safe work conditions for doctors and nurses.

Those of us who live in the bush have seen the slow deterioration of health services, until they are almost non-existent. Health is now a top heavy bureaucracy, with more administrators than trained health staff. In other words the **care is missing from health care.**

Delegate Café

64 Bombala St Delegate
DINE IN - TAKE AWAY
OPEN 7 DAYS
Fruit & Veg - Groceries
DVD Hire - Eftpos
Tel (02) 6458 8171

Pizza available most Friday & Saturday Nights

New Trading Hours for

Sundays 9.30am to 2pm Grill off at 2pm

DELEGATE HOTEL

Your host: Paul Herringe

Accommodation Counter Lunches

Spin to win every Friday night.

Pick of the table and cash

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TALBOT TRANSPORT



LIVESTOCK & GENERAL

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Fax: (02) 6458 8055



Media Release Monday 25 July 2022

Council moves forward with Financial Sustainability Review

Councillors have endorsed the process for the sustainability review of Council's finances at the July meeting held yesterday afternoon in Jindabyne.

A comprehensive 'scope of works' that expands the focus of this investigation and assessment of Council's financial position and performance, means this process will now cover the period from before the merger of the three Councils until the present.

This enhancement of the process from a simple audit to a more comprehensive review necessitated a change in terminology, to more accurately reflect the breadth and scale of the initiative being undertaken. A competitive tender process will follow in the coming weeks, with assessment against strict criteria to ensure this assessment is effective, honest, frank and transparent.

During the meeting, Council's new Chief Financial Officer was asked to address community concerns around adjustments to the June 2022 monthly budget review statement.

CFO Tracy Sligar highlighted that the monthly statements tendered to Council at their request (instead of the legislatively required quarterly statements) are regularly subject to review and amendment. Income received by Council in July, but owing from June, has not been taken into account in this statement. Similarly, payments made by Council in July for invoices, services rendered or other expenses from June need to be reflected in the statement. Other end of year accounting adjustments will also need to be included.

Ms Sligar confirmed that the official end of financial year results were being compiled, but that as per standard accounting practice, it will be some months until they are finalised and released. Adjustments are quite usual and expected, for the same reasons listed above. The final financial position of Council for the financial year will be different to the figure appearing in the June monthly budget review statement.

At the request of a Councillor, Ms Sligar further clarified that any deficit ultimately reported reflects that Council's income did not meet its operating expenses – with the balance coming from Council's assets such as cash reserves and not replacing infrastructure. This is different to debt, which is an amount owed to an external party accruing interest.

Council's official end of financial year results will be independently audited, as is standard practice in local government across NSW. Financial results for 21/22 year are expected to be available October 2022 following completion of the audit.

Media Contact

Gina Woodward, Chief Communications Officer – 0475 787 429 – gina.woodward@smrc.nsw.gov.au or follow Council's Facebook page.



Delegate
Tel: 6458 8004
Livestock— Tony Brady,
Sam Platts
Agronomy— Milly Arnold
0488281253
Merchandise
Insurance - Wool

Finance - Fertilizer



In loving memory of Brian William Callaughan

Phone Pam

on 6458 4346 Mob: 0427587240

4/11/1943 – 24/7/2022

Brian passed away on Sunday in Yass.

A mighty man who was deeply loved by family and extended family,

and will be forever in our hearts.

Beloved by wife Margaret, and cherished by family David, Kary, Bobby, Kim, Pip, Tiana, Leam, Beth and Ben.

A celebration of his life will be held on Friday the 12 August at Rapture Farm, 263 Black Range Road, Yass NSW 2582, commencing at 1:00 pm followed by light refreshments.

"Forever in our hearts"

W.T. Dennis & Son Pty Ltd

Festival Weekend programme continued:

Event 7 - DINNER + VENUE CONFIRMED (PANELISTS TBA)

Saturday 1 Oct 2022

Dinner event

Storied Landscapes: Capturing Moments + Millenia

Panel discussion featuring [TBC]

time: 6 pm (3 hours)

venue: The Delegate Country Club

\$40 (main meal + dessert) Drinks for purchase at bar * Kids under 12 free *

limited tickets

Event 8 - BOMBALA HIGH KIDS PRESENTING AND READING FLASH CARDS

Sunday 2 Oct 2022

Pop-up picture show: Peter Pan (1924 silent movie) + Popcorn

time: 11 am (1.5 hours)

venue: Delegate School of Arts

* free event * limited tickets

Event 9 - BRONWYN WRIGHT

Sunday 2 Oct 2022 Hilda Rix Nicholas and Her years on The Monaro

time: 1 pm (1 hour)

venue: Delegate School of Arts \$5 includes soup + a bread roll

limited tickets

Event 10 - NANCY NORTHROP AND NATALIE ARMSTRONG (WITH DERMOT RYAN)

Sunday 2 Oct 2022 Writing Local Histories:

with Nancy and Natalie time: 3 pm (1.5 hours)

venue: Delegate School of Arts

* free event * limited tickets

Event 11 - DELEGATE HOTEL AND FACILITATED BY DERMOT RYAN

Sunday 2 Oct 2022

Word*Jumbles

time: 5 pm (1.5 hours) \$10 (includes small eats) venue: The Delegate Hotel Drinks can be purchased at bar 18 years+ event (limited tickets)

Event 12 - TBC

Monday 3 Oct 2022

[WAITING TO HERE BACK]

venue: TBA

time: 10 am (1.5 hours)

* free event * limited tickets

Event 13 - PIP

Monday 3 Oct 2022 Kids' Parlour Games

venue: Delegate School of Arts

time: 12 pm (1.5 hours)

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Delegate Multi Purpose Service Craigie St, Delegate 6459 8000

Wellness Clinic

Monday 9am-10am

Every week except Public Holidays

No Appointments necessary.

A clinic where well people come for health monitoring and a variety of nursing procedures such as:

- · Wound care
- · Blood pressure readings
- · Blood sugar readings
- · Suture or clip removal
- · Injections with Doctors written order
- Other procedures that do not require a Doctor

Pathology clinic (conducted by Pathology West)

Wednesday 9.30am – 10.30 am. No appointment necessary. Every week except public holidays.

Women's Health Clinic

4th Thursday of the Month Phone 1800999880 for appointments

Other Community Health Services

- · Dietician
- · Diabetes Educator
- · Immunisations
- · Podiatry
- · Child and Family Health Nurse
- · Generalist Community Health Nurse

To refer to any of the above please ring Community Health Central Intake team on 1800999880

Victorian Visits

Community Nurse visits Victorian Clients every fortnight. For referral or info ring Orbost Regional Health 03 5154 6666 or Delegate Community Health Nurse on 6459 8000

OID DELEGATE POST OFFICE

Home of the

Healing Hub and Creative Hub

Homewares

Gourmet Foods

Handcrafted Gifts & Toys

Thursday to Saturday

10am to 4pm

40 Bombala St Delegate

02 64585289

Thursday afternoon Creative
Hub Workshops

12.30 to 2.30pm

Small charge for materials

Serendipitous Markets last Saturday of the month.



Barista Hot late



Coffee, chocoand Tea

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Snowy Mountains PSSA Athletics Carnival

Last Wednesday, we took 15 students to Cooma for the Snowy Mountains PSSA Athletics Carnival, where they competed for the chance to qualify for the Snowy Mountains PSSA Athletics team to participate in the South Coast Regional PSSA Athletics Carnival in Canberra in early September. Once again, all our students represented their school and the Djamalan PSSA group with pride and their behaviour was exemplary on the day. Whilst I am yet to receive official results from the organisers, a number of our students excelled on the day and went home with placing ribbons. Congratulations to Layla, Ella, Bella, Lily, Amelia, Georgina, Cooper, and Fred who all received ribbons on the day and at this stage I believe that these students have qualified for the South Coast Regional PSSA Athletics Carnival in Canberra. Final confirmation of these results and qualifications will be sent home and announced as soon as I receive them.



Respect~Responsibilty~Safety~Be a Learner

www.delegate-p.school@det.nsw.edu.au

South Coast Regional PSSA Cross Country

On Friday 10 June, Fred, Amelia, Ms Liddell and their families travelled to Nowra for the South Coast Regional PSSA Cross Country Carnival. Amelia competed in the 10 Years Girls event and finished a very commendable 24th out of 73 competitors on the day. Fred finished 1st in his Multi Cat event and will now compete as part of the South Coast Regional PSSA Team at the NSW PSSA State Cross Country Carnival in Sydney during Week 1 of next term. This is an outstanding result for both these students, and we wish Fred all the best as he heads to Sydney next term.



Final events for Festival Week-end.

Event 12 - TBC

Monday 3 Oct 2022

[WAITING TO HERE BACK]

venue: TBA

time: 10 am (1.5 hours)

* free event * limited tickets

Event 13 - PIP

Monday 3 Oct 2022 Kids' Parlour Games

venue: Delegate School of Arts

time: 12 pm (1.5 hours)

* free event * limited tickets

Event 14 - PIP

Monday 3 Oct 2022

Delegate River Walk + Platypus Viewing

time: 5 pm (1 hour)

meeting spot: Delegate Caravan Park, within Bill Jeffrey's Memorial Park

* free event *

(subject to the weather)

COVID ALERT

Both the Cooma and Bombala libraries were closed recently because of a number of staff have the virus, so we all have to very aware that the virus is back with a vengeance and spreading rapidly. According to statistics half of the Australian population have had Covid, and the way the newest most contagious variant is spreading, it is quite possible the other half will also be infected. There are more deaths than at the beginning of the pandemic and the fact that it keeps mutating means more variants will follow. Medical advice is to wear masks in public places, but a lot of the public are still not doing so.

Masks can be a bit of a trial for those wearing glasses and add in hearing aids, the problem is worse, but it is worth the inconvenience if it helps avoid Covid and also the flu, a nasty variant of which is going around. Some of the lucky ones who catch the virus just have just a few days feeling unwell, while those unlucky enough to have long Covid are experiencing a number of worrying health problems, months later. The worst part is that by catching it once, you are not immune and can go down with it again, even in a short time frame.

We are told by authorities that the anti viral medications help alleviate the symptoms, but Delegate, like so many other small communities will find it difficult if not impossible to access these. Many of us have RAT tests at home, but a PCP test and a doctor's referral is required to access the medications from the chemist. As Bombala hospital does not test every day and results take days to come back, the 72 hour window to take the anti-viral medicine will have well and truly expired.

Another instance of poor health outcomes for the bush.



HERE & THERE

Happy birthday to al those born in August, including Clare Strickland, Su King, Hunter Reed, Philomena Collins, Laura Chapman, Sharon Buckman, Amelia and Georgina Jeffreys, Ton Ventry, Chops Guthrie



The death occurred recently of local man Wayne Mustard, who had suffered ill health for many years. His death took place at the Bega Hospital. Wayne is survived by two children, Kate and David, his youngest son Toby having been tragically killed in a car accident.

Sympathy is extended to the family.

A former local man Brian Callaughan was killed last week, while falling a tree at his property near Yass. Brian is survived by his wife Margaret and three children, David, Karen and Bobbie and grandchildren. Three brothers, and three sisters survive him, Garry, Ken, John, Tony, Barbara, Judy and Sue. The Callaughans were born and raised in Delegate, moving away from the area in the sixties. Brian, and several of his brothers were part of the successful Rugby League teams in that era Sympathy is extended to all.

At the time of writing both the Monaro Regional Library and Bombala library are closed due to Covid, so reading material will be scarce on these cold winter nights. There are books available to purchase cheaply at the op. shop and on loan at the RTC

Centre.



The unfortunate residents who drive the road to Lower Bendoc have seen their road reduced to a deplorable state with potholes and ruts reducing it to a goat track. The Victorian side has been graded and seems like a highway after the experience of driving on the New South Sales side.

Nicole Overall our local member has informed us that she has he money for us to re-install the missing plaque on the border at Delegate River.

The plaque was placed on a stone border cairn several years ago, when the Governors of NSW and Victoria, Marie Bashir and John Landy visited the area.

Apparently when the Colony of Victoria was established in 1851, it was never officially signed off. Hence the visit by the dignitaries to complete the signing over 150 years later.

This has been an ongoing saga for the DPA, who had contacted the relevant members of parliament to have to new plaque installed, but their efforts up until now have been unsuccessful. Having already settled on the type of plaque and with a copy of the wording, it is all set to go. However at this stage the rock cairn may be covered by long grass and will need a bit of a tidy up before the plaque is finally installed.

Below: The stone cairns which were built by surveyors Black and Allen along the border line.



October, will be quite a busy month in Delegate with the School of Arts Festival held over the long week-end. It is a busy programme with lots of events planned over the three days. (See programme on pages 7, 8 and 12.)

The Heritage Week-end will be held on 29th and 30th October. More details later



LOOKING BACK



Pupils at the lower Delegate River School, which was situated near the Delegate River, circa 1920s. The shelter shed where the children are standing was built from trees and branches. The teacher was named Southwell and he later became a member of parliament. Some of the children were Allens, Foleys, Legges, Begleys.

Right is a photo of the same schoolhouse takin the 1800s, which shows the decline in population which took place for that school, and for many other rural schools throughout the district.





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Community Information

EMERGENCY / AMBULANCE: 000

FIRE: 000 POLICE

Delegate: 6450 3360
Bombala: 6458 3444
Cooma: 6452 0099
Bendoc: 6458 1523

<u>CHURCHES</u>

CATHOLIC Father Mick MacAndrew 02 8331 7609

1st Sunday—Saturday Virgil Mass Delegate 4.30pm—Bombala 6pm 3rd Sunday—Sunday Mass Delegate 8am—Bombala 10am

All other Sundays—Liturgy @ Communion Delegate Sat 5pm—Bombala Sun 9am Website www.cg.org.au/bombala Email: joeysdelegate@gmail.com

ANGLICAN Rev. Judy Holdsworth 04 0853 1544

Rev. John Kuruvilla 0406765443

Services: 11am every Sunday.

DELEGATE MPS 6459 8000 BOMBALA MPS 6458 5777

Community Health Central intake team on 1800 999880

Victorian Visits—Community Nurse visits Victorian Clients every fortnight. For referral or info ring Orbost Regional Health 03 5154

6666 or

Delegate Community Health Nurse on 6459 8000

Bombala Medical Practice 6458 3022

Healthdirect and GP helpline 1800 022 222

(See advert in paper for detailed information)

MONARO FAMILY SUPPORT SERVICE

Bombala Office: 6458 4888
open Tues to Thurs - 9:00am to 5:00pm

Delegate Pre School: 6458 8196

Delegate Public school: 6458 8183

DELEGATE PROGRESS ASSOCIATION

RTCT Centre - 6458 8388— dpaoffice@bigpond.com Newspaper: delegateprogress@exemail.com.au

Tubbut Access Centre 6458 0295

NRMA/RACV: John Stewart: 6458 8047

DELEGATE CARAVAN PARK: 0447151228

Delegate Progress Association Inc. 66A Bombala Street DELEGATE NSW 2633 PH 6458 8388 Fax 64588 374 E-mail dpaoffice@bigpond.com delegateprogress@exemail.com.au (for paper)

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ADVERTISING IN THE "DELEGATE DOINGS"			
Spot Ad:	1	6	11
\$5 cash—\$7.50 a/c	Issue	Issues	Issues
1/4 Page	\$17.50	\$87.50	\$157.50
1/2 Page	\$35.00	\$175.00	\$315.00
Full Page Back Page	\$70.00 \$80.00	\$350.00	\$630.00
Full Page Insert	\$90.00		

Colour advertising: prices on application

Too Wet to Thrive

It is **still raining.** The soil has been sodden for months. It is hard to predict how the bulk of garden plants will be affected. Roots die in soil that has little air space because they literally drown due to lack of oxygen. The dead parts are immediately colonised by organisms whose role is to break down dead material as part of the normal nutrient cycling process. Some of these organisms are also capable of digesting living material but need a way in because actively growing roots are usually able to repel colonisation by pathogens. However, in tough times such as these few plants will be resilient. It is not only disease that will cause plants to die. When the root ball itself is out of proportion with the top part of the plant the first dry days will put incredible stress on the water supply mechanisms and will show up as drooping leaves. This looks just like the water stress that occurs when the soil is dry and it **is** water stress but from a different cause. In this case there are not enough functioning root tips to deliver the plant's water requirement even though the soil is full of water. It may help to reduce the top growth by pruning to make up for the depressed root growth that has occurred in prolonged wet periods. This strategy is a double-edged sword because the roots are in desperate need of the energy that the leaves produce and roots also respond to the increasing demand for water the aerial parts exert as the days lengthen and dry by growing into new soil.

It can happen that plants that had the appearance of holding their own these last months will suddenly collapse. Particularly prone to this are the shallow fibrous rooted shrubs such as citrus, camellias and azaleas. Other plants that are vulnerable are the bulbs and rhizomes as whole clumps can just disintegrate. Trying to germinate large seeds such as peas, beans and corn is hard too. They have large stores of food, and because they are relatively slow to sprout, they are vulnerable too.

One shrub that has done well this year is Garrya elliptica. It has a profusion of tassels in July.





These start out silver and become golden in August as the pollen forms. The leaves are dark green and leathery and since the plant is not bothered by pests or disease it always has a neat appearance. It thrives in shade which fills a normally difficult spot with light and beauty. An old trick is to cut the flowering branches and place in a vase of glycerin for a few days. Once treated the arrangement is preserved for months and it can be endlessly refreshed with additions of seasonal fresh flowers. The shrub responds to heavy pruning every few years.



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