April 2020

Delegate Progress Association

Doings

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CONGRALATIONS TO MRS EDNA REED ON HER 100th BIRTHDAY.

Edna Reed was born on the 7th April, 1920, two years after the end of WW1, and one year after the start of the Spanish Flu Pandemic in Australia and sadly now in her 100th year she sees her planned family celebrations put on hold by another Pandemic, Covid 19. She lived through the great depression and then World War 2 which saw her separated during the war years from husband George who was with the AIF in the Middle East. After George returned from the war they settled down in Delegate to raise a family of three boys and one girl and saw their family grow with 14 grandchildren and later great grandchildren arrived.

In her lifetime, Edna has witnessed many changes, including the advent of electricity to the town when her father, Geoff Stewart set up the first generator, the transition from horse and buggy days to the motor vehicle. There were changes such as a man landing on the moon, space travel, advances in medical science which would have been beyond anyone's imagination in the 1920's. Life would have been harder in Edna's early days, with none of the modern conveniences we see today, but in many ways it was a simpler and happier time.

We send our best wishes for a Happy 100th birthday to Edna and we look forward to hearing that she has received a special card from the Queen who herself is in isolation. Below: Edna at the MPS where she has ben a resident for a few years.



Next Issue:

When Social Isolation finishes.

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Dates for your Calendar

Everything Cancelled until further notice

Delegate RTC and Galleries Closed Delegate Preschool Closed

Bombala Council offices Closed Including Library and Visitor Info Centre.

IN THE MEANTIME STAY SAFE.

Glenora Computer Services

Hardware Repairs / Software Repairs Networking Computer Upgrades Virus Removal

Assistance with all computer problems Windows, Linux/Unix, Apple

Phil Pope 0417 453 545 **glenoracs@gmail.com** 20 Corrowong Rd. Delegate NSW

Anzac Service Cancelled

Regretfully I have to announce that the Dawn Service and ANZAC Day march for Delegate has been cancelled due to the current Covid-19 pandemic.

As you will be aware by now, the RSL NSW State Branch has made the call to cancel the Commemorative Services across the State.

Delegate RSL Sub Branch is dismayed that these measures must be taken, but we feel that the safety and well being of our elderly Veterans and members of the public, are of prime importance.

We would like to encourage members of the public to still take time out to remember our fallen, perhaps by pausing for a moments quiet reflection at home on the 25th of

April or following any private services that may be televised or web streamed.

Phil Pope President, Delegate RSL Sub Branch



RSLNSW



Delegate Public School

Following the Premier of NSW advice, parent should keep children home from school where possible. It will remain operational for families who have parents working in essential services. Staff have been working tirelessly to produce Learning Packages for the reaming days of this term. This was a huge amount of work to produce for each child and I am extremely proud of all staff efforts in getting this done in such a short period of time. The staff and I then hand delivered each package to students homes last Thursday.

Regards Brad Bannister Proud Principal Delegate Public School

T (02) 64588183 Mobile 0413609970 Fax (02) 64588260

WOMEN'S INTERNATIONAL DAY

A group of over forty women gathered together at the Delegate School of Arts for the Women's International Day luncheon, in what was the last social outing to be held in this district for some time.

Morning tea was served for guests on arrival, followed by a succession of guest speakers and lunch. Guest speaker Cynthia Bryson Jones who had several of her lovely hats on display, told of her journey to becoming a successful milliner, which we have published on page 11 for our readers. Robin Guthrie spoke of her recent employment by the Snowy Monaro Regional Council as a recovery officer for those affected by the recent bush fires. Jenny Leioskie from NSW Mental Health also gave an informative address and she along with Cynthia had some trivia questions for the audience and in a light hearted dig at the recent toilet paper fiasco, gave two packs of gift wrapped toilet paper to those who successfully answered.

Tabatha and Kirsty from Council then spoke of the services available from Council and Kirsty then officiated in the presentation of Community Awards, calling on Robin Guthrie to present the certificates. Below: Some of the recipients receiving their award. Jan Ingram and Merilyn Matthews also received awards, but Merilyn was not present.

Pam Roberts was presented with the Business Award as a florist and hairdresser, , Jodie Jones, for her services to the community, R: Guests from Bombala.

Below: More Bombala guests, Cynthia Bryson Jones, guest speaker











Home isolation

Do I need to be separate from other people in my home if I am isolating?

Yes. If you are sharing your home with others, you should stay in a different room from other people or be separated as much as possible. Wear a surgical mask when you are in the same room as another person, and when seeking medical care. Use a separate bathroom, if available.

Make sure that you do not share a room with people who are at risk of severe disease, such as elderly people and those who have heart, lung or kidney conditions, and diabetes.

Visitors who do not have an essential need to be in the home should not visit while you are isolating.

Someone in my household recently returned from overseas or has been in contact with a confirmed COVID-19 case and is self-isolating. Do I need to self-isolate too?

Other members of the household are not required to be isolated unless they have also:

- been overseas in the last 14 days
- been a close contact of a confirmed COVID-19 case.

Make sure you maintain a safe distance from that person at all times but support them as much as possible to maintain their self-isolation.

How can I access groceries and medicines while in home isolation?

If you need groceries or medicines (including prescription medicines), ask a family member or friend (who is not in isolation) to deliver them to your home or shop for groceries online. To prevent infecting other people, make sure you wear a mask when receiving a delivery or have the groceries left at your door.

When someone has finished 14 days isolation, do they need to see their GP?

If you are well at the end of 14 days self-isolation, you can resume your normal lifestyle.

Social distancing

What is social distancing?

Social distancing means we reduce the number of close physical and social contacts we have with one another.

When social distancing actions are combined with good personal hygiene measures the spread of a pandemic through the community can be slowed. This helps protect the most vulnerable members of the community and reduces the impact of the pandemic on essential, life-saving health services.

Social distancing is an effective measure, but it is recognised that it cannot be practised in all situations and the aim is to generally reduce potential for transmission.

While practising social distancing, people can travel to work (including public transport). For non-essential activities outside the workplace or attendance at schools, universities and childcare - social distancing includes:

- avoiding crowds and mass gatherings where it is difficult to keep the appropriate distance away from others
- avoiding small gatherings in enclosed spaces, for example family celebrations
- attempting to keep a distance of 1.5 metres between themselves and other people where possible, for example when they are out and about in public place.
- avoiding shaking hands, hugging, or kissing other people.
- avoiding visiting vulnerable people, such as those in aged care facilities or hospitals, infants, or people with compromised immune systems due to illness or medical treatment.

For more information about social distancing, refer to NSW Government - Social distancing.

Who should practice social distancing?

Everyone should practice social distancing, as it reduces the potential for transmission.

For more information about social distancing, refer to NSW Government - Social distancing

If you think you have COVID-19 then call your doctor or healthdirect on 1800 022 222.

Southern NSW Local Health District

13 February 2020



COMMUNITY INVITED TO HELP SHAPE FUTURE HEALTHCARE

Southern NSW Local Health District is inviting the community to have their say on the 2020-30 Health Care Services Plan to meet the region's future healthcare needs.

Health Service Planning Manager Kristi Payten said everyone in the region has the opportunity to complete a survey by 19 April 2020 to provide their views on the local health services.

"We understand how important it is to look forward and engage with the community throughout the development of our 2020-2030 Health Care Services Plan," Ms Payten said.

"We need to understand the wants and needs of our communities in order to improve health outcomes for all residents.

"The District has developed the survey to gain insight on what services residents are using in the region, what is important to them when receiving healthcare and which health services they think are a priority locally.

"This will help us to better understand what is important to our local communities."

The District is also working in collaboration with the Primary Health Network to ensure primary health providers across the region are included.

"We encourage everyone in the Southern NSW Local Health District to complete the survey by 19 April 2020," Ms Payten said.

"Partners and health agencies are also invited to share the survey with their networks."

Over the coming months the District's planning team will attend community events across the region and provide opportunities for consumers to engage with the development of the Health Care Services Plan.

The Health Care Services Plan survey can be found at:

www.surveymonkey.com/r/SNSWLHD-Plan

Survey results will be distributed via social media.

Carl (Crunchy) Cotton has sent us a photo of his school medals from Bombala High in 1970, the year he left school



Delegate Café

64 Bombala St Delegate
TAKE AWAY ONLY
OPEN 7 DAYS
Fruit & Veg - Groceries
DVD Hire - Eftpos

Tel (02) 6458 8171

Pizza available most Friday & Saturday Nights

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Phone: (02) 6458 8085

Fax: (02) 6458 8055



Delegate
Tel: 6458 8004
Livestock— Tony Brady,
Sam Platts
Agronomy— Hugh Platts
0488281253
Merchandise
Insurance - Wool
Finance - Fertilizer





This little fellow moved into town during the fires and has stayed. He can be seen regularly in the Catholic church grounds, or along the verge on William St

DELEGATE 112TH ANNUAL SHOW 2020 – CONDIMENTS SECTION

- Open Section
- Class 1 Apple Jelly 1st Robin Guthrie
- Class 3 Quince Jelly 1st Sally-Ann Thompson
- Class 5 Any Other Variety of Jelly 1st Sharon Buckman, 2nd Sally-Ann Thompson
- Class 6 Light Plum Jam 1st Cornelia Malone
- Class 7 Dark Plum Jam 1st Esther Ingram, 2nd Sara South
- Class 11 Apricot Jam 1st Robin Guthrie, 2nd Sara South
- Class 12 Marmalade Jam 2nd Sara South
- Class 14 Strawberry Jam 2nd Esther Ingram
- Class 15 Any Other Variety of Jam 1st Garry Mallard, 2nd Robin Guthrie
- Class 17 Lemon Butter 1st Esther Ingram, 2nd Garry Mallard
- Class 19 Quince Paste 1st Robin Guthrie
- Class 20 Any Other Variety of Paste 1st Sara South
- Class 21 Preserved Fruit in Syrup Single Exhibit 1st Sara South, 2nd Robert & Toni McLeish
- Class 22 Collection of Preserved Vegetables, 3 bottles, 1 of each variety 1st Sara South, 2nd Sharon Buckman
- Class 23 Collection of Preserved Fruit, 3 bottles, 1 bottle of each variety 1st Robert & Toni McLeish, 2nd Sara South
- Class 24 Tomato Relish 1st Robin Guthrie, 2nd Sally-Ann Thompson
- Class 25 Any Other Variety of Relish 1st Sara South, 2nd Sharon Buckman
- Class 26 Apple Chutney 1st Robin Guthrie, 2nd Sara Soth
- Class 27 Tomato Chutnew 1st Robin Guthrie
- Class 28 Any Other Variety of Chutney 1st Garry Mallard
- Class 30 Tomato Sauce 1st Sharon Buckman, 2nd Sara South
- Class 31 Any Other Variety of Sauce 1st Sally-Ann Thompson, 2nd Sharon Buckman
- Class 32 Green Tomato Pickles 2nd Sara South
- Class 33 Mustard Pickles Sharon Buckman
- Class 34 Any Other Variety of Pickles 1st Esther Ingram, 2nd Sara South
- Class 35 Collection of 3 condiments from the following, 1 Sauce, 1 Chutney, 1 Relish, 1 Pickles 1st Robin Guthrie
- Class 36 Any Other Condiment Not Mentioned (Honey) 1st Bruce Campbell, 2nd Garry Mallard

Winner of Largest Class – Bombala Pharmacy's Prize – Sally-Ann Thompson

Encourage Award for Novice Exhibitor – Mrs Marilyn Matthew's Prize – Sara South

Most Successful Exhibitor – The Family of the Late Clarice Ingram's Prize – Robin Guthrie

Senior Champion Exhibit – Woolworth's Prize – Sally-Ann Thompson

Rescue at Sea.

by

Gloria Cotterill

It was late in the night and we were heading towards our next port of Curacao, in South America when a "Mayday" call came through, it was very dark, the seas were picking up due to storm activity close by, but in the way of the universal law of the sea, our ship the Sea Princess answered the call.

The Captain turned the ship around and we retraced our way, full speed ahead, back 60 miles to where a boat was sinking, there were three men on board whose lives were at risk. Apparently the boat had just been purchased and was being delivered to the new owners when it started to take on water in the rough conditions.

On arrival at the disaster site, the Sea Princess discovered that the vessel had sunk and there were three sailors in the life rafts, there was a container ship that too had answered the Mayday call but it was lacking the rescue equipment needed. There was also a Dutch Coastguard plane overhead, monitoring the situation and keeping a check on the position of the survivors' rafts.

The Sea Princess launched a rescue vessel with three of the crew aboard, by all accounts in very rough and mountainous seas, who after a Herculean effort successfully retrieved the three sailors, to the relief of everyone, bringing them back to our ship. The seas were so bad that none of the sailors belongings were able to be retrieved but the rescue outcome for the men was paramount. The survivors were admitted to the hospital for the night and with the drama all over the Princess resumed her course for Curacao, where the three rescued sailors were flown back home to the USA.

The sea can be treacherous and how crew members respond to the situation, manning the small rescue vessel, carrying out such a dangerous rescue such as this was, they should be commended.

27th JULY 2019



Delegate Multi Purpose Service Craigie St, Delegate 6459 8000

Wellness Clinic

Monday 91m-10am

Every week except Public Holidays

No Appointments necessary.

A clinic where well people come for health monitoring and a variety of nursing procedures such as:

- · Wound care
- · Blood pressure readings
- · Blood sugar readings
- · Suture or clip removal
- · Injections with Doctors written order
- · Other procedures that do not require a Doctor

Pathology clinic (conducted by Pathology West)

Wednesday 9.30am – 10.30 am. No appointment necessary. Every week except public holidays.

Other Community Health Services

- · Dietician
- · Diabetes Educator
- · Immunisations
- · Podiatry
- · Child and Family Health Nurse
- · Generalist Community Health Nurse

To refer to any of the above please ring Community Health Central Intake team on 1800999880

Victorian Visits

Community Nurse visits Victorian Clients every fortnight. For referral or info ring Orbost Regional Health 03 5154 6666 or Delegate Community Health Nurse on 6459 8000

OLD Delegate Post Office

Home of the Healing Hub and Creative Hub

And Retailing

Homewares

Gourmet Foods

Handcrafted Gifts & Toys

Thursday to Saturday

10am to 4pm

40 Bombala St Delegate

02 64585289

Or 0407404625

Specials

Chocolate

Sauces

Spices



EVEL 2 VATER RESTRICTIONS Bombala & Delegate water supplies

Applies from 12:00pm, Friday 20 March 2020, until further notice

Improved flows into the Coolumbooka River and Delegate River catchments, along with milder weather, has allowed for water restrictions in Bombala and Delegate to be eased. Recent local bushfire and rainfall events have resulted in a decrease in the quality of the raw water, although conditions are starting to improve. Level 2 Water Restrictions will assist Council in meeting Bombala and Delegate's water demand through this period. Council will inform residents when water restrictions will be eased if conditions continue to improve.

Residents in Bombala and Delegate are advised that as of 12:00pm, 20 March 2020, Level 2 water restrictions are in place until further notice.

Activity	Level 2 Water Restrictions		
Private gardens and lawns, parks sport amenities and public gardens	Gardens, lawns and plants must only be watered between 4pm and 10am if using watering systems or a hose, and anytime with a bucket or watering can.		
Watering systems	Sprinklers, in-ground water systems, soaker hoses, micro sprays and irrigation systems can be used to water gardens and lawns between 4pm and 10am, and only for 20 minutes a day.		
Hand watering	A hand-held hose fitted with a trigger nozzle can be used between 4pm and 10am. Hoses must not be left unattended.		
	A watering can or bucket may be used at any time.		
Washing vehicles	If not washed at a commercial car wash, any vehicle must be washed on a lawn or other porous surface and then must only be washed by using a bucket or watering can.		
Swimming pools	Existing swimming pools may only be topped up between 4pm and 10am. Cover pools.		
Bowling greens	Can only be watered for 3hrs/day.		
Paved areas	Water must not be used to clean paved areas unless cleaning is necessary as a result of accident, fire, health hazard or other emergency.		
Window and building washing	Gutters may be cleaned at any time using a hose with a trigger nozzle.		
	Water can only be used to clean windows or buildings if using a bucket or hose fitted with a trigger nozzle unless cleaning is necessary as a result of accident, fire, health hazard or other emergency.		
Construction and related activities	Water can only be used for dust or other pollutant suppression by means of a hose fitted with a trigger nozzle or a vehicle fitted with sprinklers. Unless impractical, water may only otherwise be used by means of a hose fitted with a trigger nozzle. Wherever practicable non-potable water should be used.		
Automatic flush toilets	Must be maintained in good order to avoid excess water use.		
General exemptions	Fire Fighting		
	Rainwater (as long as the tank/dam is not topped up from, or switched to, the drinking water supply)		
	Reclaimed water (generally supplied through purple pipes)		
	Greywater (water from sinks, showers, washing machines etc)		

These restrictions will apply to all properties connected to the Bombala and Delegate water supply schemes. The restrictions will apply until further notice. More stringent restrictions may be imposed should conditions fail to improve. Under Section 637 of the Local Government Act 1993, a person who wilfully or negligently wastes or misuses water from the public water supply, or causes any such water to be wasted, is guilty of an offence for which the maximum penalty is a fine of \$2,200.

To apply for an exemption, email council@snowymonaro.nsw.gov.au Thank you for conserving water.

For more information please contact Council







CYNTHIA'S STORY

I am so proud to have come from this little town, from very humble beginnings, being taught from a young age the importance of being a good person, to go through life with honesty and integrity and to work hard for what you want.

After finishing year 12 at Bombala High School, I moved to Canberra. At the age of 22, I had a really serious car accident that changed the course of my life. While I was recuperating I had some sort of awakening "Oh my God I almost died and I'm a Public Servant," so rather than feeling sorry for myself I decided I would quit the public service and get in the crazy, bitchy world of fashion design. Around 18 months later I enrolled in a three year Fashion Design Course at the CIT. where millinery was one of my chosen electives.

To skip a few years on, I married a Naval Officer (we eloped and got married on board HMAS Melbourne whilst docked in Pearl Harbour.) Soon after John was posted to London for two years he always said home is where the Navy sends me". It was that time that my passion for millinery was ignited and I studied lots of millinery courses including with world renowned theatrical milliner Jane Smith. Her enthusiasm was indeed contagious- we had a lot of official engagement where everyone wore hats. No one loves pomp and ceremony like the British, I think they invent occasions to wear hats.

I think millinery was my destiny because on returning to Australia and living in Jerrabombera I saw a classified ad for millinery blocks and materials for sale. I rang and blow me down it was only two streets away and on arriving to see the amount of stuff that was there, I rang John and said "Bring the trailer before she changes her mind". I got the lot for a bargain.

When Quentin Bryce was selected as the first female Governor General for Australia, I decided to write to her and offer my services, after all what did I have to lose and to my surprise a few weeks later I received a letter saying she would love to meet me. During her time in office I made 36 hats for her and loved every minute of it – we remain friends to this day,

Perhaps millinery is in my genes as recent research into Mum's family tree we found a milliner back in the early 1800's. Also my grandmother Mabel was a great seamstress making Joan's ball gowns and other dresses and Mum was a dab hand at creating outfits as well.

My business now is predominantly targeted at race goers. Fashions on the Field is a huge event around the globe and the prizes for winners can be of significant value.

For milliners the much coveted prize is the invitation only Melbourne Cup Carnival Millinery award, which I'm pleased to say I have won twice in 2015 and 2019. This award along with other achievements has helped me to be known in the millinery world and I now have international clients including a hat shop which sells my hats in Miami US.

The Corona Flu disaster which is gripping the world has caused cancellations and many of the events I was scheduled to go to overseas have been cancelled, race meetings around Australia are cancelled and Royal Ascot is up in the air.

But we have to soldier on. In a world where you can be anything, be kind.

HERE & THERE

Happy birthday to the people who have birthdays in April, including Abgie Ingram George Tonissen, David Reed, Connor Reed, Lola Tonissen, Logan Nichol, Gail smallman, John Judge, Kevin Callaway, April Game and also

Natalie Ingram who will be 90 on the 8th April. Natalie has recently moved into Currawarna Nursing Home, Bombala.

Natalie Armstrong will be 92 on the 3rd. April, and Edna Reed 100 on the 7th April.







Also as this will probably be our last paper for some time we wish a happy birthday to those born in May including Marilyn Callaughan, Mark Guthrie, Jordan Cameron, Rhett Guthrie, James Preston, Suzy Kidd, Mel Kidd, Missy Potts, Beryl Stuart and Joy Douch

Right: Natalie Armstrong Natalie Ingram (photos courtesy Marilyn)





THE LATEST GOVERNMENT PANDEMIC ADVICE

Personal distancing of 1.5 metres at all times when out in public.

Gatherings of more than two people banned.

Weddings 5 people only and funerals 10 people.

People may take walks for exercise and may be accompanied by only one person. This does not apply to those from the one household.

Those over 70 or those with health problems are advised to stay home.

At the time of writing planes are still coming in with Australian passengers, and they will be forced to isolate in areas arranged by each state. Shortly there will be no more overseas arrivals. The same quarantine restrictions will apply to all cruise boat passengers.

The Queensland, Western Australian, South Australian and Tasmanian borders are closed.

Police now will have powers to impose on the spot fines for those ignoring the rules, and hefty fines for businesses.

Elsewhere we have published rules for self isolation.

It must be emphasized that the most important thing to remember is to wash hands frequently with liquid soap, particularly after touching surfaces on which the virus can live. Also do not touch your face.

LOOKING BACK

In the 1800's—Bullock team outside the Commercial Hotel, which is the site of the present Hotel Bullock and horse drawn wagons being the only means of transporting goods on land.



William John Oslington's bullock wagon taken in Delegate.

This photograph had been used as a post card.

2020—Bradley Matthews with the bullock team, which he has trained—a glimpse of the past which is demand at local events. (Photo courtesy of his sister Christine)



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Community Information

EMERGENCY / AMBULANCE: 000

FIRE: 000

<u>POLICE</u>

Delegate: 6458 8044
Bombala: 6458 3444
Cooma: 6452 0099
Bendoc: 6458 1523

CHURCHES

CATHOLIC Father Mick McAndrew 02 8331 7609

Sister Teresa Keane: 6458 3045

1st Sunday Mass Delegate Sat 5pm and

Bombala Sunday 8am

2nd & 4th Sunday -Liturgy Del. Sat 5pm,

Bombala Sun. 9am

3rs & 5th Sun. Mass Del. Sun 8am.

Bom.10am

Website www.cg.org.au/bombala Email: joeysdelegate@gmail.com

ANGLICAN Rev. Judy Holdsworth 04 0853 1544

Rev. John Kuruvilla 0406765443

Services: 11am every Sunday.

DELEGATE MPS 6459 8000 BOMBALA MPS 6458 5777

Community Health Central intake team on 1800 999880

Victorian Visits—Community Nurse visits Victorian Clients every fortnight. For referral or info ring Orbost Regional Health 03 5154

6666 or

Delegate Community Health Nurse on 6459 8000

Bombala Medical Practice 6458 3022

Healthdirect and GP helpline 1800 022 222

(See advert in paper for detailed information)

MONARO FAMILY SUPPORT SERVICE

Bombala Office: 6458 4888

open Tues to Thurs - 9:00am to 5:00pm

Delegate Pre School: 6458 8196
Delegate Public school: 6458 8183

DELEGATE PROGRESS ASSOCIATION

RTCT Centre - 6458 8388— dpaoffice@bigpond.com Newspaper: delegateprogress@exemail.com.au

Tubbut Access Centre 6458 0295 NRMA/RACV: John Stewart: 6458 8047

DELEGATE CARAVAN PARK: 6458 4047

Delegate Progress Association Inc. 66A Bombala Street DELEGATE NSW 2633 PH 6458 8388 Fax 64588 374 E-mail dpaoffice@bigpond.com delegateprogress@exemail.com.au (for paper)

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ADVERTISING IN THE "DELEGATE DOINGS"				
Spot Ad: \$5 cash—\$7.50 a/c	1 Issue	6 Issues	11 Issues	
1/4 Page	\$17.50	\$87.50	\$157.50	
1/2 Page	\$35.00	\$175.00	\$315.00	
Full Page Back Page	\$70.00 \$80.00	\$350.00	\$630.00	
Full Page Insert	\$90.00			

Colour advertising: prices on application

COVID 19 MEANS TOUGH TIMES AHEAD FOR US ALL, SO ITS GOOD TO HAVE A LAUGH. BELOW ARE SOME CORONA VIRUS JOKES WHICH WE HOPE WILL ENJOY:





Prediction: There will be a minor baby boom in 9 months, and then one day in 2033, we shall witness the rise of THE QUARANTEENS.







