

October 2019

**1.50 Incl.  
GST**

# Delegate Doings



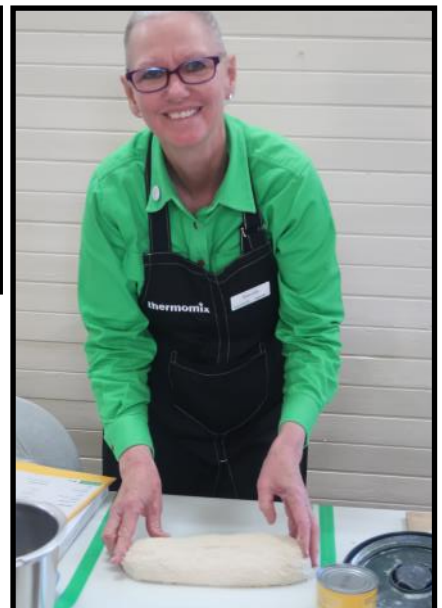
ISSN 1446-6716

**Volume 18, issue 10.**

## LADIES DAY OUT A GREAT SUCCESS

Those who turned up for the PHN funded ladies day out experienced a thoroughly enjoyable day, with 45 ladies being treated to some great displays and a very nice morning tea and lunch. Excellent guest speaker Jennie Keioskie emphasised the importance of social interaction and helping those who are experiencing loneliness or difficult times. The last of the funded projects will be the Men's Health Night on the 7th November at the Country Club, with dinner provided and guest speakers.

Pam Roberts' demonstration of how to make simple but professional flower arrangements from your own garden, was followed with great interest while Sherrida Edgecombe encouraged all to taste several delicious dishes produced with the aid of her smart Thermomix, including ice cream, lemon butter and custard. Other displays were by Karen Cash, showing weaving and crafty items made from pine needles, while Sharon Buckman's displayed the various stages of glass slumping. Leonie Cottrell was there with her Health and Well Being products and pamphlets, and Su King was kept busy doing hand massages. There were lots of lucky door prizes, with some of Pam's lovely arrangements adding to the list. Organisers are well pleased having achieved their objective of a relaxing and social day out for women of the district. Clockwise from left: Pam Roberts, Watching Pam's display, Sherrida Edgecombe, Karen Cash, Rhonda Linehan, Gail Smallman and Denise Murphy.



**Next Issue: 1st Nov**

**then: 13th Dec**

**and: 7th Feb 2020**

### Inside this issue:

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### Dates for your Calendar

- 8th October—DPA General Meeting
- 11th/12th—Delegate Annual Golf Tournament
- 11th/12th—Team Penning
- 14th October—Heritage week-end meeting
- 15th October—Visit by Border Commissioners
- 26th/27th October—Celebrating our Heritage week-end
- 2nd. November—Bombala Anglican Garden Day
- 5th November—Melbourne Cup Cay—Country Club
- 7th November—Men's Muster Health Night—Country Club.
- 23rd November—Rotary Markets, Bombala
- 2nd December - Golden Age luncheon



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### CELEBRATE OUR HERITAGE

26th and 27th October.

**Saturday:** All the fun of the fair at Bill Jeffreys Park

Games, the Snowy River sprint, market stalls, food stalls etc. Cricket

Tea and Damper at the Hut, wine and nibbles at the Bundian Gallery, dinner and music at the Club.

**Sunday:** Farewell marathon runners from School of Arts, join John Blay following the Bundian track to Craigie range.

Dress in colonial costume and visit the Historic Presbyterian Church for Blessing of the Flock—bring along your pets. Morning tea.

Drive to Craigie and visit the old Church and join John Blay and Co. at the look-out on top of the range.

### MEN'S MUSTER

7th November 6.30pm

Dinner at the Delegate Country Club

Guest Speakers

Free—Sponsored by PHN an Australian Government Health Initiative.

RSVP for catering—64588388

### MELBOURNE CUP LUNCHEON AND FASHION PARADE

Delegate Country Club.

Tuesday 5th November

### Cleaner Wanted

Contact Delegate Progress Association

6458 8388

[dpaooffice@bigpond.com](mailto:dpaooffice@bigpond.com) for details.

## FIRST COMMUNION FOR FOUR LOCAL CHILDREN

Family and friends gathered at St Josephs Catholic Church on Saturday night 14th September for the celebration of four young local children receiving their First Communion. It has been many years since it has been celebrated in Delegate and parishioners were delighted to see young children once again receiving their First Communion at St Josephs. The children were Logan Nicol, Aspen Cameron, Isabelle and Lola Tonissen.

Father Mick Macandrew officiated at the Mass and welcomed everyone to be part of the celebrations and congratulated the children and parents on this momentous occasion. Sister Teresa Keane was also part of the celebrations, being responsible for conducting Scripture Lessons at the Delegate Primary School on a regular basis.

After Mass the congregation gathered at the Parish School Centre for supper and cutting of the special cake provided by the parents and made by Georgia Jones of Bombala. A special night for the Parishioners and the children to remember.



## *Delegate Heritage Weekend* **COUNTRY CLUB**

## **MUSIC NIGHT**

*Featuring*

**Frock 'n' Troll**

**Tige and Tracey**

**Roger and Friends**

**Saturday 26<sup>th</sup> October from 6:30pm till late**

**Delegate Country Club**

**Entry by donation**

**Meals and Bus available**

**Bookings appreciated**



## **SNOWY RIVER SPRINT**

**Do you fancy yourself as a sprinter? Then the Snowy River Sprint at the Heritage Games is for you. A chance to earn \$200 for a small effort and \$50 if you come second. You will also receive a cup and get your name on the handsome Perpetual Trophy which was donated by Graeme Payten. These two events are for Men and Women over 18 years of age.**

**The main race will be preceded by a Junior Sprint for under 18 girls and boys, winners of which will receive a trophy and cash prize.**

**Heats commence 10am. Please Register.**

**Also get your mixed team together for the Tug of War—great fun and a cash prize and perpetual trophy for the winners. Last year the Country Club took out the honours.**



## **DELEGATE AUXILIARY ANNUAL LUNCHEON**

The Auxiliary ladies were well pleased with the attendance at their annual lunch at the Country Club. A variety of casseroles and mouth watering sweets were on offer. A raffle and lucky door prize were won by Wendy Ingram and Joan Campbell



## **DEFIBRILLATOR FOR SPORTSGROUND**

Recently the Delegate Campdraft Committee were fortunate to receive 50% funding from the NSW Office of Sport to purchase a defibrillator to be stored at the Delegate Sportsground. Local health worker Yvonne Camm demonstrated the use of this equipment to a number of volunteers, who use the Sportsground.

Our sincere thanks to Yvonne for her generosity in giving her time for this important demonstration, as well as donating some extra items that will be of assistance in an emergency. While we all hope we never have the need to use our new skills it is certainly no cross to bear.



# *Delegate Café*

**64 Bombala St Delegate**

**DINE IN - TAKE AWAY**

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**Tel (02) 6458 8171**

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## **DELEGATE HOTEL**

*Your host: Paul Herringe*

**Accommodation  
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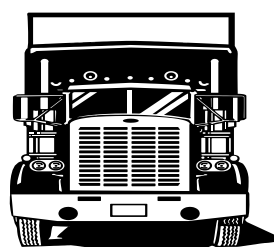
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**Ph: 6458 8091**

## ***TALBOT TRANSPORT***



### **LIVESTOCK & GENERAL**

**1 Hensleigh Street, DELEGATE 2633**

**Mobile: 0418 516 076**

**Phone: (02) 6458 8085**

**Fax: (02) 6458 8055**

## CROSS BORDER COMMISSIONERS TO VISIT DELEGATE

On Tuesday the 15th October, the Delegate Progress will host a visit from the Cross Border Commissioners from Victoria and NSW.

Last year a Cross Border Committee was formed with representatives from both sides of the Border and Secretary Toni McLeish has been successful arranging this important visit.

Luke Wilson, Victoria's Cross Border Commissioner and James McTavish, NSW Cross Border Commissioner will be accompanied by Louise Conibear and Alicia Keogh their Senior Project Officers.

It will present a great opportunity to discuss the many anomalies which arise for Communities each side of the Border and we will have a list of items to discuss with them. Most of the problems could easily be resolved with more Cross Border Co-operation and if anyone has a problem they would like us to bring up please contact Tony McLeish at [dpaoffice@bigpond.com](mailto:dpaoffice@bigpond.com).

Hopefully our problems will be taken on board

## UPGRADE TO SPORTS GROUND KIOSK

Work is now completed on the kiosk at the Delegate Sportsground. New shutters have been installed, the interior has been painted, the outside sealed and the floor has a non slip coating.

This upgrade has been finished in time for a busy season coming up, with Team Penning, the annual Show and Campdraft, all occasions which attract a lot of people. The Pony Club also use the ground regularly.



## FUNDING FOR INTERNET AND DIGITAL TECHNOLOGY.

The Rural Transaction Centre has received funding from the Good Things Foundation, for *getonline* week and they have decided to run an instruction course for making a photo book.

So you are invited to bring your photos to the RTC where they will be scanned into our computers, or quicker still bring them on a thumb drive.

You will then be instructed on how to produce a great family album, holiday album or one full of your favorite local scenes.

A great opportunity to learn and to produce something which would be quite expensive if ordered online.

Samples are available in the office to view.



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week**  
24-29 Oct 2019





# LANDMARK

**Delegate**

**Tel: 6458 8004**

**Livestock— Tony Brady,**

**Sam Platts**

**Agronomy— Hugh Platts**

**0488281253**

**Merchandise**

**Insurance - Wool**

**Finance - Fertilizer**

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**Phone Pam  
on 6458 4346  
Mob: 0427587240**



## THE BLESSING OF THE FLOCK

This year, as part of our Heritage week-end we are renewing an old tradition with the blessing of the flock at the historic Presbyterian Church grounds. The Minister will be arriving in Bradley's horse drawn buggy and everyone is encouraged to wear Colonial dress for the occasion. Children and adults are asked to bring along their pets (all creatures great and small, on leads or cages). Morning tea will be available for a small donation and there will be an organist coming all the way from New Zealand. Visitors will also be able to inspect the historic church with it's memorial plaques, ancient wooden pews and other furnishings. Best dressed costume will be judged and announced during lunch at the School of arts.



## COUNTRY CLUB NEWS

24 committed golfers braved the winds and cold weather to play in the golf tournament on Saturday 21st September. We were all very pleased to see some junior golfers joining in this year. Once again, the ladies provided a delicious spread for lunch that Delegate is known for in the golfing community.

The results were:

Champion 18 Holes Scratch won by Jordan Cameron 76

A Grade 18 Holes Scratch won by Corey Nichol 78

A Grade Runner up won by Raymond Kading 85

B Grade 18 Holes Scratch won by Brendon Weston 85

B Grade Runner up won by Steve Tatham 87

C Grade 18 Holes Scratch won by Mick Brown 91

C Grade Runner up won by Jim Robertson 103

A Grade 18 Holes Handicap, Leon Jones 72

B Grade 18 Holes Handicap, Raymond Crawford 72

C Grade 18 Holes Handicap, Nick Flower 72

Junior encouragement awards to Aspen Cameron and Zayne Jones.

In other Country Club news, the badge draw is up to **\$1000** at the time of writing. Check Facebook or drop into the Club for the current jackpot. Every Friday evening there are two draws. It's going to go off, will you be the lucky member?? October is another busy month at the Club, with the golf open on the 12th and 13th October, and live music and meals on Saturday 26th October for the Heritage Weekend.



### Bombala Anglican Parish Garden Day

Saturday 2nd November 2019  
Commencing at 10:00 am  
with Morning Tea at  
"North Burnima"

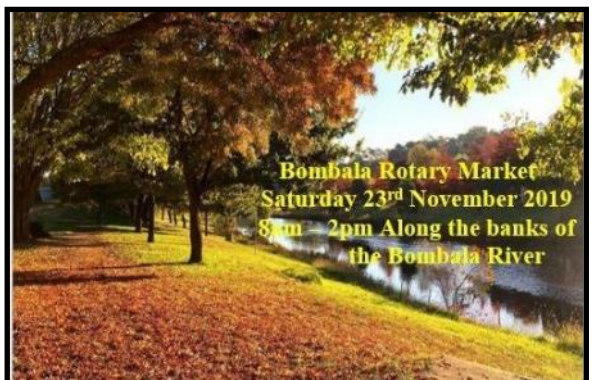
Allan and Cathy Gillespie-Jones  
3 kms from Bombala  
on Monaro Highway,  
towards Cooma

COST \$20 PP UNDER 15 YRS \$5  
ENTRY INCLUDES ALL GARDENS,  
MORNING TEA AND LUNCH

GARDENS OPEN TILL 4:00 PM  
LUNCH BETWEEN 12:30PM AND 2:30PM

A must see,  
be transported back in time  
to the late Victorian period.  
Historic Burnima Homestead  
will be open for viewing  
from 11am  
cost \$10 per person at door.

For more information please  
phone 0427 581488



**Bombala Rotary Market**  
Saturday 23<sup>rd</sup> November 2019  
8am - 2pm Along the banks of  
the Bombala River

For additional information or to  
secure your stall site please call

Geraldine Dyer 0448 351 962  
Tanya Ingram 0408 301 813  
Or email mgdyer@bigpond.net.au



## **Delegate Multi Purpose Service Craigie St, Delegate 6459 8000**

### **Wellness Clinic**

Mon, Tue, Thur and Fri 10.30am - 11.30am

Every week except public holidays.

No Appointments necessary.

A clinic where well people come for health monitoring and a variety of nursing procedures such as:

- Wound care
- Blood pressure readings
- Blood sugar readings
- Non-urgent and pre-operative Electrocardiograms (ECG)
- Health Assessments
- Suture or clip removal
- Injections with Doctors **written order**
- Other procedures that do not require a Doctor

### **Pathology clinic (conducted by Pathology West)**

Wednesday 9.30am – 10.30 am.

No appointment necessary.

Every week except public holidays.

### **Other Community Health Services**

- Dietician
- Diabetes Educator
- Immunisations
- Podiatry
- Child and Family Health Nurse
- Generalist Community Health Nurse

To refer to any of the above please ring Community Health Central Intake team on 1800999880

### **Victorian Visits**

Community Nurse visits Victorian Clients every fortnight. For referral or info ring

Orbost Regional Health 03 5154 6666 or

Delegate Community Health Nurse on 6459 8000

## ***OLD DELEGATE POST***

### ***OFFICE***

### ***Home of the***

### ***Healing Hub and Creative Hub***

### ***And Retailing***

### ***Homewares***

### ***Gourmet Foods***

### ***Handcrafted Gifts & Toys***

### ***Thursday to Saturday***

***10am to 4pm***

***40 Bombala St Delegate***

***02 64585289***

### ***Thursday afternoon Creative***

### ***Hub Workshops***

***12.30 to 2.30pm***

***Small charge for materials***



# DELEGATE SCHOOL NEWS

## South Coast Regional Athletics Carnival



Erin and Charlie both competed at the Carnival.

### Resources Needed

3,4,5,6 are about to begin their artwork for the Delegate Show in 2020. As part of the project we need any donations of hard polystyrene packaging you might find in boxes when you buy new appliances or the like. If you have any or come across any over the coming weeks and months, could you please send it to school for the students to

use.

### Community Use of School Grounds

It has been wonderful to see children and community using our wonderful sporting facilities here at school after school and on the weekends. Can I please ask that when using the facilities, can community members and children please leave them in the same state as they found, this includes taking any rubbish with you after finished and shutting the gate when leaving. During the upcoming holidays we're proud to be participating in Share Our Space these October school holidays and we encourage you and your families to come and enjoy our playground and open space. Open from **8am, Mon 30 September – Fri 11 October**. Grounds and play equipment will be cleaned and safety checked regularly over this time but we do ask parents to accompany kids at all times. Just remember there is a Security Guard on site for the entirety of this break and they are supplied by the Department of Education for all schools participating in this program across the state.





## CELEBRATION OF HARMONY

The Old Delegate Post Office brought in the Equinox with a fabulous celebration day on the grounds. Equinox is all about Balance, and that is exactly what Karen and Su were trying to achieve for those that came along to join in the celebrations. Mother Nature was very kind with a beautiful day. Sherri and Gus were brilliant and very kind to spend the day singing for everyone. Connie needs to be thanked for her beautiful and nourishing food, all vegetarian/vegan options.

The backyard was full of surprises, the labyrinth was a hit, the pyramid for mediation was delightful. The kids got to decorate the clothes line in a true Ostaris tradition of maypole. Those that had stalls had a delightful day networking, promoting and creating new avenues for their products. The aroma in the air was delicious, with Rob distilling Rosemary. Many got spoilt with a massage or a RESET, some received messages from the Tarot. The free yoga class started the day off, getting everyone into the mood for the day and settling into the event created for finding balance in your life.

The day was a fun day of sharing, nurturing and bringing in the Spring season. Karen and Su are so happy with the day that there will be another event at the next Equinox in March. Plus there are plans for the Twilight Markets to be held on Summer Solstice, Sunday December 22<sup>nd</sup>.

The day also was an opportunity to officially open the Harmony Hub. This room is set up by Su and Karen. This room is all about celebrating you, and about finding guidance in creating harmony in your life. Su will be taking appointments for any combination of healing modalities including Hot Stone Massage, Reflexology, Chakredy, Tarot, Bush Flower Essences, Theta Healing, Integrated Healing. Su can be contacted for appointments on 0447732525. Su will also be running occasional workshops through the Harmony Hub. Keep an eye out for these, pop into the Old Post Office any time (Thursday through to Saturday) and see what might be coming up that will interest you. Below Clockwise from left: Karen an Sue in new Harmony room, girls having fun in the hammock, Lily Kading and Abbey Gilbert, Gus and Sherri Olding provided music, Kirby with her essential oils.



# The future is now - Gardening in a hotter, drier climate

Last summer saw heatwave conditions that pushed many trees and shrubs over the edge causing them to defoliate well before the normal Autumn change. Most garden plants take years to mature so it is essential when planting new trees and shrubs to consider the likely future climate conditions. In so many ways we have become fixated here on being a 'cold climate area' that we have looked to the European style forgetting how much moisture and moderate temperatures those styles require to maintain.

We cannot be entirely certain of how much the climate will change here, or how fast, but we already know that it is changing just from listening to the memories of our older residents. The one thing that is certain is that the lower stream flows in summer will change our water usage.

Our area has the distinction of having the greatest 'between years' variation in rainfall in Australia and we break records even globally. This is because our rain comes from multiple weather systems that we just happen to be on the edge of each of them. We rely a lot on the 'Westerlies' wind for steady **winter** rain but this belt is moving South and increasingly missing the continent completely. The projections for our area are a continuation of what is already happening: that winter-spring rain will continue to decline **a lot** and that summer-autumn rain will increase **a little**. This not good news because as temperatures rise so will warm season evaporation making soils that have not been replenished by winter rain very dry indeed.

Record dry conditions are currently being experienced Australia wide. Many areas that have traditionally supplied fruit and vegetables are unable to even plant a crop this year. This means that food at the supermarket is likely become very expensive.

So, what to do in your garden?

- 1. This is the year that a vegie patch will really pay off.** Concentrate on things you are likely to use daily and that are easy to conserve if you have a glut e.g. silverbeet, tomatoes or are expensive to buy e.g. beans and peas.
- 2.** Develop a different attitude to the lawn. Minimise lawn area, accept a brown look, do not waste water on maintaining grass. Switch to strong summer grasses like kikuyu and winter growers such as rye. Lift the mower blades a couple of notches so that grass roots are always well protected by foliage. This reduces water requirement dramatically. Slightly longer grass has deeper roots and becomes much more resilient to hot days.
- 3.** Increase soil carbon everywhere you can. This is done by increasing the soil organic matter- make compost with everything available, grass clippings, paper, leaves and leave any litter where it falls. The life in the soil and the availability of plant ready nutrients depends on the constant cycling of organic matter by the soil organisms.
- 4.** Choose plants that are able to take dry days without collapsing. Look to Mediterranean types, to South Africa and California and most importantly to our own native plants that have been so under-utilised in the past. Recently there has been a surge in breeding by nurserymen of garden-worthy cultivars.
- 5.** Consider a canopy planting that will cast light shade over the garden for at least part of the day keeping it cooler. Many deciduous trees and tall shrubs have dense foliage so cast very dense shade that limits what can be grown beneath, as do conifers. Select sparse crowned types – dwarf eucalypts, fruit trees, wattles, deciduous white cedar and crepe myrtle.
- 6.** Minimise the annuals. These are very shallow rooted in proportion to the mass display of flowers so require consistent available moisture to do well.
- 7.** Leave shallow bowls of water in the garden. Birds, bees and butterflies need to drink. Always provide an escape route of stones so that you do not accidentally drown these valuable insects.





# HERE & THERE

Happy birthday to all those born in November, including Norman Talbot, Terry O'Hagan, Jessie Reed, Jack Reed, John Callaway, Allan Cotterill.



It should be an interesting night when the Cross Border Commissioners visit Delegate. The Progress Association and Cross Border Committee have been lobbying for this to happen for some time. There are so many anomalies thrown up by that invisible border line, many of which could be solved by a little common sense and more co-operation between the States.

The Delegate Tennis Club have commenced the first of their summer night competitions.



The Berridale community recently experienced an earthquake, which although small on the Richter scale caused a very loud bang like a bomb going off, this was followed by a smaller explosion. It happened about 8.30 in the evening and would have caused some consternation.

Narooma Camera Club visited the area and had a great time photographing Errinundra rain forest, McKillops Bridge, the Settlers Hut and a few private properties as well.

They wish to thank Delegate residents for the friendly welcome they received.



Congratulations to all players who received awards on Bombala Rugby League's presentation night, including Patrice Clear, Best and Fairest and Best Attacking Player, Tyler Jones Best and Fairest in first grade and Raymond Kading Player's Player in Reserve Grade. A successful year for the club with all three grades making the Semi Finals.



There will be plenty of support for the Canberra Raiders, who are the underdogs against the high flying Sydney Roosters in the NRL Grand Final. Cooma will have a lot of lime green colour on show as Sam Williams, the Raider's halfback is a Cooma boy, and the Bombala Butchery is advertising green sausages



The death occurred at Bega Hospital on Friday 27th after a short illness of Delegate resident Cheryl Mustard. Her funeral took place at Wolumla Crematorium on the 3rd October. Cheryl is survived by one sister Eileen and one brother Wayne, Aunts, Margaret and Julie, nephews and nieces. Sympathy is extended to all.

The dry weather continues, with days alternating between being unseasonably warm and then dropping back to cool again.

The Delegate Annual Golf Tournament is on the week-end of the 11th and 12th and a shower on the course beforehand would be welcomed.



The annual Team Penning event is also on that week-end, which may find some volunteers stretched to the limit. It is always a popular event bringing contestants from throughout the wider area.

The Delegate Progress Association were grateful to receive a grant from the Boco Rock Community Fund towards the running of the Heritage Games week-end. Last year we purchased all of the equipment, banners etc. and this grant will cover prize money, trophies, and three machines for popcorn, fairy floss and slushies.

# LOOKING BACK



The above slightly damaged photo of Bombala High School Students in 1966, shows many familiar faces:

Front: Robin McKay, Helen Hayes, Diane Perkins, ? , Gay Trevenion, Maree Brownlie

2nd row: Christine Walker, Marilyn Cotton, Janelle Holdsworth, Sue Perry, Kerry Cowell, Desley Webster, Gail Hepburn, Helen Parkes, Denise Collins.

3rd row: Howard Smith, Dennis Callaway, Neil Brotherton, Michele Atkins, Ann Ingram, Christine Ingram, Bob Stewart, ?, David Girvan

Back: Barry Milliner, Michael Lomas, Wayne Ryan Phillip Cottrell, Jim Peck, Lloyd Carey, David Champion, Colin Ryan, Neil Armstrong, Shane Richardson, Bob Kimber.



We have had a phone call from Ron Collins (pictured in this photo) stating that some of the names printed in last paper are wrong. Ron tell us they are:

Back row: Brendon Ventry, Neil Armstrong, Paul Hudson (partly hidden) Ray Martin, Ron Collins, Ray Smith, Max Walker, Alan Walker.

Second row: Brian Callaghan, Kevin Baker, Colin Kirkby, Brendon Crawford.

Front Row: Ken Ingram, Bobby Donaghy, Scrub Crotty, Stan O'Hare.



# Community Information

**EMERGENCY / AMBULANCE: 000**

**FIRE: 000**

**POLICE**

**Delegate: 6458 8044**

**Bombala: 6458 3444**

**Cooma: 6452 0099**

**Bendoc: 6458 1523**

## **CHURCHES**

### **CATHOLIC**

Father Mick McAndrew 02 8331 7609

Sister Teresa Keane: 6458 3045

1st Sunday Mass Delegate Sat 5pm and

Bombala Sunday 8am

2nd & 4th Sunday –Liturgy Del. Sat 5pm,

Bombala Sun. 9am

3rs & 5th Sun. Mass Del. Sun 8am,

Bom.10am

Website [www.cg.org.au/bombala](http://www.cg.org.au/bombala)

Email: [joeysdelegate@gmail.com](mailto:joeysdelegate@gmail.com)

### **ANGLICAN**

Rev. Judy Holdsworth

04 0853 1544

Services: 11am every Sunday.

**DELEGATE MPS 6459 8000**

**BOMBALA MPS 6458 5777**

Community Health Central intake team on 1800 999880

**Victorian Visits**—Community Nurse visits Victorian Clients every fortnight. For referral or info ring Orbest Regional Health 03 5154

6666 or

Delegate Community Health Nurse on 6459 8000

**Bombala Medical Practice 6458 3022**

**Healthdirect and GP helpline 1800 022 222**

(See advert in paper for detailed information)

**MONARO FAMILY SUPPORT SERVICE**

Bombala Office: 6458 4888

open Tues to Thurs - 9:00am to 5:00pm

**Delegate Pre School: 6458 8196**

**Delegate Public school: 6458 8183**

**DELEGATE PROGRESS ASSOCIATION**

RTCT Centre - 6458 8388— [dpaooffice@bigpond.com](mailto:dpaooffice@bigpond.com)

**Newspaper: [delegateprogress@exemail.com.au](mailto:delegateprogress@exemail.com.au)**

**Tubbut Access Centre 6458 0295**

**NRMA/RACV: John Stewart: 6458 8047**

**DELEGATE CARAVAN PARK: 6458 4047**

**Delegate Progress Association Inc.**

**66A Bombala Street**

**DELEGATE NSW 2633**

**PH 6458 8388 Fax 64588 374**

**E-mail [dpaooffice@bigpond.com](mailto:dpaooffice@bigpond.com)**

**[delegateprogress@exemail.com.au](mailto:delegateprogress@exemail.com.au)**

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<b>1/2 Page</b>	<b>\$35.00</b>	<b>\$175.00</b>	<b>\$315.00</b>
<b>Full Page</b>	<b>\$70.00</b>	<b>\$350.00</b>	<b>\$630.00</b>
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<b>Full Page Insert</b>	<b>\$90.00</b>		

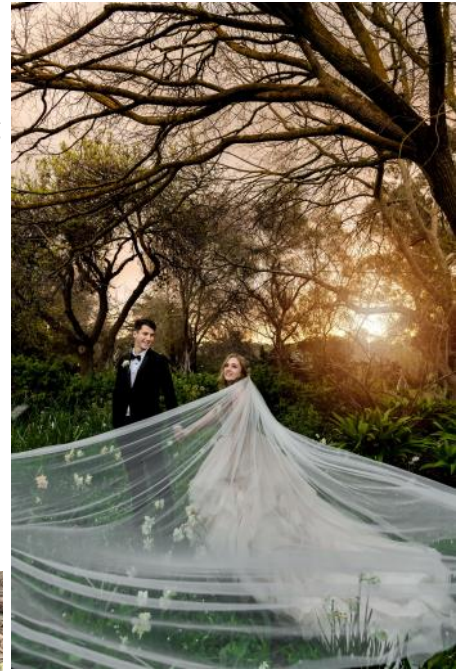
***Colour advertising: prices on application***

## CHAPMAN WEDDING

Emily Chapman, the daughter of Drew and Laura Chapman, married Dave Axon in the Adelaide Hills on the 6<sup>th</sup> September in front of family and friends. The day was held in the grounds of Alru Farm with a wonderful spring garden backdrop. The day was full of spring showers and wind, but cleared off in time for the ceremony at 3.30 pm.

Emily's sisters Kelly and Jackie were her bridesmaids, along with Dave's sister and Emily's best friend. Marie Chapman, Emily's grandmother was able to attend the ceremony which made the day extra special. Drew and Laura both walked Emily down the aisle in her stunning wedding dress. After a heart-felt exchange of handwritten vows, Emily and Dave were married.

The reception followed at Alru Farm with 75 guests celebrating the newlyweds and their marriage. The venue was a lovely French style



room filled with chandeliers and mirrors. Emily made the wedding cake and dessert bar which was a huge hit with all the guests.

Emily and Dave will continue to live and work in Adelaide and plan on taking a honeymoon to the USA in the new year.

## MENS MUSTER NIGHT AT COUNTRY CLUB

The third of the Health Funding events for which the Delegate Progress Association received a grant will be held at the Delegate Country Club on the 7th November. It will be in the form of a dinner with Guest Speakers. On arriving there will a free drink of beer or wine, before sitting down to dinner at 6.30.

There will be Guest speakers and it would be appreciated if those attending could leave their names at the Rural Transaction Centre for catering purposes.

Phone 64588388 or email [dpaooffice@bigpond.com](mailto:dpaooffice@bigpond.com).

## WORKSHOP PLANNED ON A DATE TO BE ADVISED

If there enough people interested the Accidental Counsellor workshop will be held in Delegate. A similar workshop was previously held over a week-end and was very well received. This time if numbers permit it will be a one day session. Those interested are invited to submit their names to Rhonda Linehan at the Delegate Multi Purpose Service.

**WHEN**  
This training has been booked out in five locations across the SENECA PHN catchment however we are happy to receive suggestions for other locations within the South Eastern NSW region to deliver additional sessions at a later date.

Please contact Louise Roper on [lroper@bigpond.com.au](mailto:lroper@bigpond.com.au) or 0474 9430 if interested in finding out more.

**WHO**  
Community members wanting to support others

**COST**  
Free

**Training the 'accidental counsellors' in our community**

As community members we often find ourselves providing support to friends and neighbours who are experiencing difficulty and emotional distress. We want to help, but how should we respond?

This FREE 1 day workshop aims to provide participants with a practical framework and skill set that enables them to respond with clarity and confidence.